

Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

Issue #134 Mar. 2020

Free

Village People: Jerry Bradley

page 40

Catch up with Lindfield's runners

page 12

What's On listings

page 76



Jackson-Stops Property Sales & Lettings

You did a fantastic job...

"My wife and I have moved many, many times in the past few years and out of all the agents we used, we have to admit Jackson-Stops have been first class. You guided us superbly, nothing was too much trouble throughout the whole procedure. Thanks to you two, the deal was done and dusted in no time at all, and you were in contact with us every step of the way. We couldn't have asked for more." Doug and Jeanne B

Three agents failed before you...

"After having our house on the market with three other agents over a two year period, we changed to Jackson-Stops and within a few weeks we had a buyer and two months later we are just about to move. Toby and Guy are very helpful and friendly and really understand their business. Thank you very much, we are very grateful for all your help. We wholeheartedly recommend them." Lorraine T



Please support Guy
running the London
Marathon for Chailey
Heritage Foundation

www.justgiving.com/guy-kelsey1



JACKSON-STOPS

PROPERTY EXPERTS SINCE 1910

Jackson-Stops | 66 High Street, Lindfield, RH16 2HL
01444 484400

EDITORIAL

By David Tingley, Editor

In this business you can almost tell the time of year by the size of magazine! Here's a super-sized helping of 'Lindfield' to keep you going before spring finally arrives!

Claire Cooper went to meet author and Lindfield resident **Jerry Bradley** and shares his story on **page 40**. Jerry came to writing from a much darker place – and is an encouragement to us all.

We are grateful to **Richard Bryant** and his team, for their regular commitment to serve up short history essays – and this month (on **page 26**) he goes back to complete last month's **pubs' past lives**. Part 2 is fascinating, check out the photo of what we know as The Witch Inn!

On **page 22** we introduce you to a group of **cabin crew** who are doing something amazing for charity. **Fairtrade Fortnight** is upon us and Fairtrade Lindfield give us some more information on that on **page 17**. And, if you turn to **page 6**, you can find out who Lindfield estate agent **Guy Kelsey** is fundraising for, when he takes on the **London Marathon** next month.

Talking of marathons, Claire has lined up a number of profiles of others who are putting on their running shoes in a serious capacity! Over the next two months we'll discover the motivation and regime of our plodding pals. On **page 12** we introduce **Paul Spensley**, **Sarah Olive** and **Adrian Alcock**, who are all taking part in half marathons.

I should mention **Lindfield Rural Parish Council** at this point, which has a news item about a newly launched business plan on **page 29**, plus its quarterly newsletter starting on **page 64**. I particularly wanted to say a public thank you to **John Dumbleton** who recently stepped down as chairman of that Council after 21 years of service. John has long been a fan of our village and village life – thanks John for all you've done!



Issue #134 – March 2020 –
5,200 copies printed

Next magazine copydate:
10th March 2020

Next magazine published:
24th March 2020

Lindfield Life

The Barn, Hurstwood Grange,
Haywards Heath RH17 7QX

Telephone 01444 884115
www.lindfieldlife.co.uk

Editor: David Tingley
Assistant: Claire Cooper
editor@lindfieldlife.co.uk

Advertising: Emily Billson
ads@kipperlife.com

Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors. Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that there is no breach of copyright. Neither the editors nor the publisher accept any liability in respect of the content of any article, photo or advertisement.

LindfieldLife Published
by Kipper



Emily Billson
A rare sight of a vessel on
the pond

Get ready for big school with..



Cuckfield
and
Lindfield

Book your place today
01444 300145
www.norto5kidzacademy.com

need help
with your garden?

call Chris for a FREE QUOTE

0800 014 2420

email: cj.tinsley@nicenstripy.com

reasonable rates | reliable service
grasscutting | lawncare
garden maintenance

nicenstripy
grasscutting & more



www.nicenstripy.com

Cottenham's makes regional finalist

Lindfield butchers Cottenham's has been shortlisted to win a Countryside Alliance Award.

The Awards are the Countryside Alliance's annual celebration of British food and farming, enterprise and heritage, through small hard-working businesses. The awards, now in its 14th year, received over 17,000 nominations this year, so the team at Cottenham's of Lindfield has done extremely well to be shortlisted.

Cottenham's has forged links with many local farmers, championing slowly grown, traditionally reared, high provenance animals of low food miles. The business is renowned for high quality meat and game presented beautifully and served with an old-fashioned charm, and last year was awarded Sussex Butcher of the Year.

Countryside Alliance Awards Director Sarah Lee commented: "We have been overwhelmed by nominations this year. The secret to the Rural Oscars' popularity is that they honour the people involved in these businesses and not just their produce or services."

John Cottenham commented: "We are fortunate to have an expanding, knowledgeable customer base who understand our passion for high welfare, sustainable



meat and want to support good British farmers and local produce. The whole team is delighted to have been nominated. It makes us feel proud of our traditional craft."

Regional champions will be announced in May, with a grand final taking place at The Houses of Parliament in June.

Local Builders in Mid Sussex



Telephone 01444 454776

www.helmeandhallett.co.uk

Constructing solutions for our clients with care



Members of the National Federation
of Builders

Helme & Hallett Ltd

We specialise in the alteration, refurbishment and extension of domestic properties of a mature age, matching materials and style of 50 - 500 years.

Climate change film screening

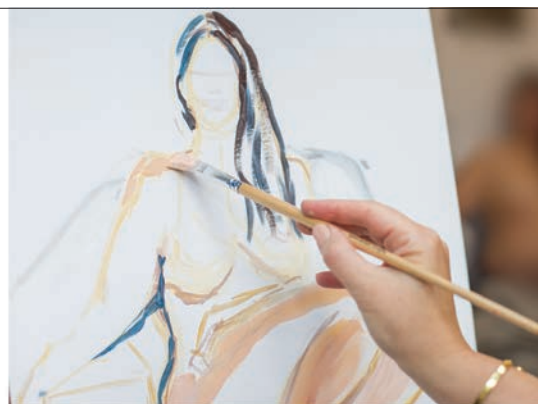
Fairer World Lindfield, in partnership with Earth Cinema, is screening the film '2040' later this month at King Edward Hall.

The film provides 'a refreshing outlook on climate change' and has been directed by award winning director Damon Gameau. He embarks on a journey to explore what the future could look like by the year 2040, if we simply embraced the best solutions already available to improve our planet.

Structured as a visual letter to his four year old daughter, Damon blends traditional documentary with dramatised sequences of how these solutions could regenerate the world for future generations.

A trailer of the film can be seen here:
<https://youtu.be/p-rTQ443akE>

2040 will be shown at King Edward Hall on Saturday 14th March at 7.30pm. This event is free, but it is essential to book by email: fairerworldlindfield@gmail.com.



LOCAL Life drawing SESSIONS

Whether you are a practising artist, beginner or just want to try something creative...

Sessions returning to Lindfield Primary Academy, Tuesday evenings (7.30-9.30pm)

Life Drawing sessions hosted by Leesa Le May. Basic materials provided and a glass of wine plus gentle tuition, if needed. £15 per session (or 3 sessions for £40). Dates listed here...

Please email us to register, prepay and secure your place (art@lindfielddartstudio.co.uk). Open to age 16 and above only.

www.lindfielddartstudio.co.uk

March
3, 10, 17, 24

April
21, 28

May
5, 12, 19

June
2, 9, 16, 23, 30



To register or for further information email:

art@lindfielddartstudio.co.uk

Estate agent takes on marathon challenge

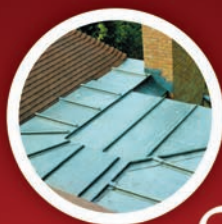
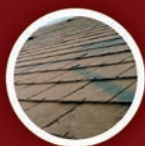
I am Guy Kelsey, one of the Directors at Jackson-Stops in Lindfield, and I am taking on the task of running the London Marathon this year for nearby Chailey Heritage Foundation.

I have run a couple of marathons before (in Vienna and New York), however this year I am turning 40 so it is going to be an extra challenge with my age now not being on my side!

My training is now in full swing and I'm looking forward to making as much money for this amazing charity as possible. Please do have a look on its website for more information and donate to my justgiving page here: <http://justgiving.com/guy-kelsey1>



NEW ROOFS OR REPAIRS • LEADWORK • GUTTERING • CHIMNEYS • FLAT ROOFS



Leadwork & roofing

We are a family run business and, over the last 30+ years, we have undertaken all kinds of roofing works, from domestic properties to commercial buildings and we've recently been working in Lindfield. Whatever your personal requirements, you can rest assured that White and Sons Ltd have the project experience to ensure you a quality reliable service.

Call us on **01444 810510**

Or visit the website for more info: www.whiteandsonsltd.co.uk

TRUSTED & ACCREDITED



White & Sons Ltd
LEADWORK & ROOFING SERVICES



**BUILD A BODY THAT
YOU'RE PROUD OF**

**WE MAKE GETTING
IN SHAPE SIMPLE
AND ENJOYABLE
WITH ONE-TO-ONE
AND SEMI-PRIVATE
PERSONAL
TRAINING
DELIVERED BY OUR
EXPERT TEAM.**

At Performance Project our mission is to help people get stronger, fitter and healthier, so they can enjoy the most important things in life for longer.

“
PERFORMANCE PROJECT IS LIKE NO OTHER GYM - THE TRAINING PROGRAMMES, THE CLASSES, EVERYTHING. THE TRAINERS ARE PROFESSIONAL, MOTIVATING, FRIENDLY AND YET THEY PUSH YOU TO ACHIEVE YOUR GOALS, IMPROVE YOUR STRENGTH AND GENERAL FITNESS. IT FEELS LIKE A BIG FAMILY IN THE BEST WAY POSSIBLE ... I'M THE LAST PERSON TO THINK I WOULD EVER STICK TO THE GYM BUT NEARLY A YEAR IN, IT JUST SEEMS TO GET BETTER AND BETTER.” STEVE, PP MEMBER

**START YOUR 30 DAY TRIAL
TODAY FOR £149***

*Special trial fee for Lindfield Life readers - please quote Lindfield Life when registering.

No joining fee and membership packages to suit all lifestyles.

GIVE US A CALL TO FIND OUT MORE.

LOCATION:

Performance Project, Unit 4D
Burrell Road, Haywards Heath
RH16 1TW
Find us behind Sainsburys!

OPENING TIMES:

Mon-Fri: 06:00-21:00
Sat: 07:00-12:00

CONTACT:

admin@performanceproject.co.uk
01444 474824
@theperformanceproject
www.performanceproject.co.uk

Make a difference – join the Local Board

By Alice Allen, Chair of the Local Board

Could you use your skills and experience to make a positive contribution to the education of local children? We currently have a vacancy for a co-opted member to join the Local Board at Lindfield Primary Academy.

Our vibrant academy is part of the University of Brighton Academies Trust, whose Board of Trustees are responsible for the statutory governance of the Academy.

Our Local Board members are volunteers representing different aspects of the Academy's community, including parents/carers, staff and local people. Our members help shape the Academy's vision and strategy and help keep our Academy at the heart of village life, through strengthening community links. We celebrate the successes of pupils and staff and are responsible for monitoring pupil wellbeing, admissions, complaints and concerns.

We are currently looking for someone with a background in education or an interest in teaching and learning.

Please contact me, Alice Allen, by email: a.allen@brightonacademiestrust.org.uk for more information before 5th March.

Defib training available

Following the inclusion of location maps for defibrillators in the village in last month's Lindfield Life, it generated a bit of interest in local folk learning more about the equipment.

Sue Masters, whose firm Masters & Son donated the public defibrillator at Selby's Chemist, explained: "It actually isn't necessary to have training to use the AED's (Automated External Defibrillator) but I think it gives people confidence if they are faced with an emergency situation."

Following the initial installation, Sue organised a short training session for anyone interested previously, but now thinks it's time to do another. Run by a specialist from Sussex Heart Charity, a date has been set for Wednesday 29th April at 7pm at Masters & Son on Lewes Road.

Anyone who is interested in attending a defibrillator training session should contact Sue by email: suemasters@mastersandson.com or by phone on 01444 482107.

Lunch in the Mansion surrounded by
the beauty of our wild botanic gardens

£30 for 2 courses | £35 for 3 courses

Mother's Day Lunch

Wakehurst

Booking essential 01444 894024 or
wakehurstshire@graysonvenues.com

Royal Botanic Gardens
Kew

Ready Steady Store

NOW OPEN IN BURGESS HILL

Moving home?
Renovating or
redecorating?

Want to declutter
your spare room?

Nowhere to store
your things?

GET
A PRICE
ONLINE
NOW

UP TO **STORAGE**
8 WEEKS 50% OFF
+ GET AN EXTRA
30% OFF

Use the code:
LINDFIELD30

Offer ends 31st March 2020



NEW STORAGE FACILITY

BURGESS HILL
16 Victoria Way
RH15 9NF
01444 711366

0800 321 3211

readysteadystore.com



**ready
steady
store**

STORAGE FOR EVERYONE

*Terms and conditions apply. Please see website for more details.



The beautiful shop in Haywards Heath

OPEN FOR BUSINESS

When the little girl was taught to make pom-poms by her great-grandma she would have hardly dared to imagine that she would grow up to run her own fabric shop – but that was the dream for Caroline Packham from a very early age.

"She taught me to sew, everything from buttons on a shirt to tea cosies," Caroline explained. "Even now when working I can lose myself in the process of sewing. Creating something new, stitch by stitch."

Caroline runs Caroline at Home at 29 The Orchards in Haywards Heath. The store contains dozens of fabric books from which customers can choose the style of their new curtains, blinds or reupholstered favourite chair. The large worktable in the centre of the shop is often found with numerous books open in a state of indecision.

"Some customers know exactly what they want, while others ask for advice," Caroline explains. Whilst the first step is getting lots of books out, Caroline always takes the preferred option to the customer's house for them to see it in-situ. "I like to go and take all the measurements myself where possible, so it's a great opportunity to see how it's going to look in the room."

Caroline describes her choice of fabrics as 'traditional country linen style', and she is pleased to stock the likes of Voyage, Sophie Allport and Zoe Glencross – who grew up in nearby Lindfield. "I particularly like working with and supporting individual designers who have been through art college and worked hard to create their own brand and style," Caroline explains.



With Caroline at Home everything is sewn by hand. For Caroline, quality – and therefore reputation – is key, and her personal service to local customers keeps people coming back and giving recommendations to their friends. "We were really thrilled with the curtains that Caroline made for our lounge," commented customer Esther Witherall. "They also upholstered a chair that is a family heirloom and it looks fabulous. The quality of the work was outstanding and we couldn't be happier."

In-store there is plenty to turn your eye too. In addition to stocking the hugely popular brands of Emma Bridgewater and Chilly bottles, Caroline has personally selected

lines which include beautiful mugs, candles, reed diffusers, cards and gift wrap. Plus Chalk – a lifestyle brand, made in England, which includes ladies fashion, purses and cushions.

Arts and Crafts superstar William Morris should probably have the last word here when he said: 'Have nothing in your home that you do not know to be useful or believe to be beautiful'; a mantra that Caroline very much believes in.

Call Caroline today on 07591 984703 about a project in your home, or pop in to Caroline at Home to browse in this fabric paradise for home décor ideas and gifts.



Upsizing?

Let us expertly guide you through



01444 450 901

www.rohansolicitors.co.uk

Serious runners ahead

LINDFIELD'S MARATHON RUNNERS



Take a stroll around Lindfield at any time of the day or evening and you'll almost certainly be passed by at least one runner!

Over the last few years, running has become increasingly popular, with our own Lindfield Village Run now a permanent fixture on the village calendar.

There are plenty of good reasons for taking up running and the benefits are huge - from getting fitter and enjoying the fresh air, to clearing the mind and setting and reaching goals. And, apart from the cost of a decent pair of running shoes, it's completely free!

While many people run for fun, some are taking their sport a step further as they train for challenging half and full marathons.

In this first of this two part feature, Claire Cooper meets three of them.

Paul Spensley

For GP Paul Spensley, distance running is a matter of practising what he preaches.

"I like to encourage my patients to get active so it's important that I set a good example too," he said.

"Running has huge benefits both physically and mentally, and can change lives," he added. "Park Runs and Couch to 5k programmes are great starting points.

"On a personal note, my job is quite a sedentary one, so I need to make sure I get out in the fresh air and exercise too!"

Paul has run regularly since his university days and was due to run his second Brighton Half Marathon on 23rd February.

"Last time I finished in 1hr 45 mins, so it would be good to beat that time," he said. "Although I have to remember that I'm now two years older!" he said.

Last spring he completed the Uckfield Triathlon. "I like to have an event on my calendar every year, to motivate me to keep up the training," said Paul, whose wife Katie, also a GP, and children Tom, Will and Eleanor will be waiting on the Brighton finish line.

"They have all taken up running and Katie completed the Brighton Half Marathon last year," added Paul.



Sarah Olive and Adrian Alcock

Year 2 pupils at Lindfield Primary Academy are in the running to become the school's sportiest class, as both their teacher and teaching assistant prepare to take part in the London Landmarks Half Marathon.

Sarah Olive and Adrian Alcock, who join their pupils for daily morning runs around the playground, will both be on the starting line at the event which starts from Pall Mall on 29th March.

Teacher and PE co-ordinator Sarah, who ran her first Half Marathon in Brighton last year, will be raising funds for a Day Centre in Hemel Hempstead, in memory of her Nan Eve Olive, who died aged 92.

"My Nan was a wonderful inspirational woman who, despite suffering a stroke when she was just 49, led a full and active life," said Sarah. "Nothing ever phased her and she never moaned.

Attending the Day Centre meant everything to her so last year I ran the Brighton Half Marathon and raised £1,000 - enough to run dance sessions, which Nan loved, for one year." This year Sarah is hoping to raise a similar amount.

Sarah will be joined by her dad Alan, 63, who took up running after discovering that he was pre-diabetic. "Dad lost four stone, started running, and it's completely changed his life," said Sarah. Alan will be running his first half marathon and raising money for Diabetes UK.

The pair chose the London Landmarks event to fit around holidays and hospital appointments! "Dad is currently in Spain and due to have his gallbladder removed later this year, so we wanted to fit in a run before that happens," said Sarah. "The London Landmarks came at the right time and we also thought it would be an interesting route."

Ideally, Sarah would like to beat her previous time of 2hr 22 mins. "But it means more to me to cross the finishing line with dad, so we'll see how it goes," she said. "I'll probably start off quickly but dad's got much more stamina!"

Sarah takes part in regular parkruns, often joining colleague Adrian and his son Harvey. "Adrian supported me when I recently ran my 50th parkrun in Hove which was lovely," she said.

The pair also enjoy a daily 10 minutes run around the playground with the class, before settling down to lessons. "I'm passionate about encouraging children to take part in sport," added Sarah.

To support Sarah visit:

www.justgiving.com/crowdfunding/sarah-olive-1

Teaching Assistant Adrian Alcock signed up for the London Landmarks Half Marathon, after being inspired by his 15 year old son Harvey.

"I started joining Harvey on the weekly parkrun in Clair Park, Haywards Heath (a particularly tough 5k!) about five years ago and found, to my surprise, that I really enjoyed it," said Adrian, whose wife Katherine regularly goes along to support the pair.

Bitten by the running bug, Adrian and Harvey began exploring different routes around Sussex, even discovering runs on family holidays. "We have taken part in parkruns all over the country from Scotland to the New Forest," said Adrian. "Every October half term we get up at 4.30am to travel to Croyde Bay to begin our holiday with the 9am parkrun!"

After completing several 10k runs, including the annual Lindfield Village Run, Adrian decided it was time for a challenge. "I appreciate that I have a very comfortable and fulfilling life but believe that every now and then you need to stretch and challenge yourself," said Adrian.

"A half marathon is a huge step up from a 10k for me and I know it's going to be tough," he added. "I confess that I chose the London Landmarks Half Marathon as I'm hoping the route will be fairly flat. I worked in London, on and off, for around 38 years so at least I'll enjoy the familiar route which covers all the major city landmarks."

Adrian will be running to raise funds for the British Heart Foundation, "I thought if I'm going to put myself through this pain, I would take the opportunity to raise money for a great cause," he said. "Katherine's dad John passed away following a heart attack in March 2005, he was approaching his 59th birthday (I'm 59 now) so it's a charity we support as a family.

"The BHF funds research to beat heartbreak from heart and circulatory diseases and the things that cause them," said Adrian who has already exceeded his fundraising target of £400.

Adrian is now busy training under the watchful eye of Harvey. "Harvey is a very strong runner and has become my personal trainer, putting me through my paces and really encouraging me," said Adrian, who also keeps fit by assisting in coaching the Lindfield Under 16 football team and helping run the cross country and football clubs at Lindfield Primary Academy, where he is also a member of the Local Board.

"I haven't really set a time but, based on my 10k runs, I'd be pleased with 2hrs 15mins," said Adrian, "although my main target is just to get round injury free!"

To support Adrian visit:

www.justgiving.com/fundraising/adrianslondonlandmarkhalf





We are Hurst

At Hurst, we believe that by challenging our students every day, we can help them develop the skills and values they need to ensure their future is as bright as they are.

We warmly invite you to visit us at our next
Open Morning on Saturday 2 May 2020

Book your place now www.hppc.co.uk

Hurst
HURSTPIERPOINT COLLEGE

-
- Truly co-educational school for pupils from 4-18 years
 - Extensive bus routes across Sussex, Surrey and Kent

SDC wins Drinks Award for 2020


Lindfield's own retailer South Downs Cellars has been named as the 2020 Independent Drinks Retailer of the Year by the Drinks Retailing Awards.

The Independent Drinks Retailer of the Year Award is highly contested and described as an award for independent retailers that excel across the board in beers, wines, spirits, ciders and hard seltzers. Judges were looking for creativity, business flair and the role they play in educating and exciting their local communities with their drinks offerings. South Downs Cellars were delighted to be shortlisted in the final four and thrilled to be chosen as the winner, introduced as 'a fantastic example of a superb all-round drinks retailer that excels in every category, so well done to the team'.

South Downs Cellars is a growing business with two shops, in Hurstpierpoint and Lindfield, and a thriving wholesale business that provides over 30 local restaurants, bars and cafes with wine, beer and spirits. Owner Lucy Driver said: "We are honoured to have been unanimously chosen for this award and it is a testament to not just our incredible team but also our amazing customers who drive our business and make it a pleasure to go to work every day."



The DRAs are the drinks trade's biggest annual highlight, bringing together the leading lights in retail and rewarding the greatest innovators. Competition was fierce, as the awards received a record number of entries, but a rigorous judging process eventually yielded an elite group of overall winners.



LOCKDALES

AUCTIONEERS & VALUERS OF ANTIQUES & COLLECTABLES

COME ALONG TO OUR FREE VALUATION DAY NEAR YOU


<p>Tuesday 10th March (eve), 6pm-8pm The Shelleys Hotel, 135-136 High Street, Lewes, East Sussex, BN1 1XS (complimentary car parking on-site subject to avail.)</p>	
<p>Weds. 11th March, 10am-2pm East Grinstead Sports Club, Saint Hill Rd, East Grinstead, RH19 4JU (comp c/p s.t.avail.)</p> <p>Thurs. 12th March, 10am-2pm Ockenden Manor Hotel & Spa, Ockenden Lane, Cuckfield, RH17 5LD (comp c/p on-site)</p>	<p>Weds. 11th March (eve), 6pm-8pm Uckfield Civic Centre, Uckfield, TN22 1AE (free c/p Luxford Field, unload & disabled c/p Bell Farm Ln)</p> <p>Thurs. 12th March (eve), 6pm-8pm The Birch Hotel, Lewes Road, Haywards Heath, RH17 7SF (comp car parking on-site)</p>

Cash purchase offers available / auction consignment (subject to terms)

DO YOU HAVE ANY OF THE FOLLOWING ITEMS TO SELL OR AUCTION?

Coins (GB & World, Sovereigns, Krugerrands, Royal Mint Sets), Stamps, Banknotes, Gold, Silver, Medals & Militaria, Swords & Daggers, Deactivated & Antique Guns, Jewellery, Watches, Vintage Toys, Clocks, Antiquarian Books, Maps, Pens, Comics, Pre-1960s Sporting Programmes & Tickets, Postcards, Cigarette & Trade Cards

FREE VALUATIONS NO OBLIGATION NO APPOINTMENT NECESSARY



www.lockdales.com
(01473) 627110
sales@lockdales.com

The secret of an award-winning salon

OPEN FOR BUSINESS



One of the UK's biggest salon brands, Rush Hair, has unveiled the winners at its annual RUSH Oscars. The awards celebrate excellence in the industry and highlight the hard work and dedication of the staff in its salons up and down the country in 2019.

As part of this glamorous event, Ruth Evans from Rush Haywards Heath walked away with the prestigious Franchisee of the Year award, beating off stiff competition from other nominations up and down the country.

Since opening in 2015 the salon, located on Haywards Heath's high street, has become a staple in the local community, priding itself on the quality of service offered and dedication to staff development.

Here owner Ruth Evans discusses how she achieved the title of Franchisee of the Year and what makes her award-winning business a cut above the rest:

How long have you been a franchisee?

I opened the salon in September 2015, so it's been around four and a half years. I really love the work that I do and my role has evolved with the business, meaning I now hold much more of a supportive role amongst the team, as well as actually styling hair. I assist the team with whatever they are doing, be it offering advice to customers or helping clean colour equipment and tools. My main passion, however, is dedicating time to my trainees, helping them to build their confidence and skills on their journey to becoming stylists.

How did it feel winning Franchisee of the Year?

It felt amazing and the evening was fantastic, however the award isn't just for me – my team are the real winners. I feel incredibly lucky to have such a strong and brilliant team around me and I definitely wouldn't have been able to achieve this success without them.



What makes Rush HH an 'award winning' business?

Our dedication and focus on education definitely makes us stand out, not only amongst the Rush salons, but in the industry as a whole. I take an active part in one-to-one training with my young staff, helping them develop essential skills like salon floor experience. A lot of young people come to the salon now with the correct qualifications, but don't have the confidence to work with a client on their own, therefore I've introduced our own training and support system within the salon. This is the work I am passionate about - being able to play a part in the career paths of my young employees and watching how they grow on a daily basis, is really rewarding.

I appreciate that not all salons can do this as it takes time and can be quite expensive, however it's definitely worth it and it gives us a lot of great opportunities as we have a large pool of qualified stylists in the salon.

What's your secret to keeping your customers happy?

I appreciate that going to the hairdressers can often be quite an intimidating experience. You're not always feeling yourself when you walk through the door, and can be quite apprehensive as a result. However, at Rush, there is always a warm welcome to all of our clients, new or regulars. We like to take the time to look after people, make them feel welcome and comfortable during their visit.

Our opening times work around busy schedules - we're open 7 days a week, from 9am-8pm in the week and 9am-6pm on the weekend, and we pride ourselves on having a high number of loyal and repeat customers. Our goal is for everyone to leave feeling rejuvenated and confident, as the Rush tagline suggests: 'confidence is beautiful'.

If you're interested in finding out more, or visiting the salon for a prize-winning cut, visit: www.rush.co.uk/salons/haywards-heath or call 01444 222431.





GET READY

to make a splash
at our excellent
Easter crash course

Monday 6th April – Friday 9th April inclusive

GREAT WALSTEAD SCHOOL POOL

- 4 x consecutive days of half hour lessons
- Maximum of 6 pupils in each class
- Fully qualified and experienced swimming teachers
- Progressive, fun filled lessons from beginner to competition level aged 3 to 11+
- Improve confidence, strength, stamina and ability

BOOK NOW TO SECURE YOUR PLACE!

ONLY
£40
PER CHILD



ROYAL
LIFE SAVING
SOCIETY UK



Swim England

Swim School Member

Call us for a free trial lesson on

01444 474573

or email info@thesussexswimschool.co.uk

www.thesussexswimschool.co.uk



Matt Askey, Co-op Manager, outside the Co-op with Chris Lee of Fairtrade Lindfield

Celebrating Fairtrade Fortnight

By Peter Desmond, Fairtrade Lindfield Steering Group
Lindfield is one of over 600 towns and villages across the UK which is accredited as Fairtrade. Lindfield village was given Fairtrade status in 2018 and has been re-accredited until 2021.

What does it mean to be a Fairtrade village? It means that some of our shops, cafes, offices, churches, schools and community groups use or sell Fairtrade products.

The Fairtrade label gives a better deal for farmers and workers in developing countries to secure sustainable livelihoods. As consumers we can support this by buying Fairtrade products such as bananas, wine, chocolate, coffee, orange juice, flowers etc. It is a simple way to support the people who grow some of our everyday foods yet live thousands of miles away. Many of these products are available at our own Co-operative food store.

To promote Fairtrade Fortnight (24th February to 8th March), Matt Askey, Manager of Lindfield Co-op, is supporting Fairtrade Lindfield by kindly donating Fairtrade chocolate to businesses in the High Street. Matt said: "I believe stocking Fairtrade products is the right thing to do, to help growers have a chance of a better life."

In Lindfield we are also very fortunate to have retailers and cafes with a heart for trading fairly as well as sourcing their products from the local area. They are great examples of how individual businesses can make a difference through their supply chains.

If you would like to know more about Fairtrade please take a look at: www.fairtrade.org.uk/What-is-Fairtrade



Business supports pupils at Lindfield school

Children at Lindfield Primary Academy were thrilled to receive a set of 64 Usborne STEM titles to help support their learning. Collins Aerospace were keen to get involved with a local campaign to provide all schools in Haywards Heath and surrounding villages with a set of Science, Technology, Engineering and Mathematics (STEM) books. Collins Aerospace donated £400, which provided the school with a set of STEM books worth £657. The set also comes with teacher resources to

provide fun and engaging lessons for the children.

The campaign is being run by Amanda Saunders, a local Independent Usborne Organiser. So far, businesses have sponsored 12 of the 19 local schools in the area.

Amanda is still looking for further ambassadors to support our community's next generation of scientists, doctors and engineers. Any local business that may be able to support this campaign, please get in touch with Amanda on aksaunders1@gmail.com.

Co-ordinating care at Lindfield Medical Centre

Are you living with a long term health condition and/or a carer for someone else and require some additional support, then the Lindfield Medical Centre Care Co-ordinators are there to help you.

Sister Helen Shaw and Health Care Assistant Alison Best (pictured) have the additional roles of Care Co-ordinators, a service that has been running for nearly five years. The aim is to support and signpost patients to the right services for them, to prevent unnecessary hospital admissions and to help them to remain independent in their own home. We work closely alongside the GPs, voluntary sector and other health and social care professionals. Patients can either have an appointment at the surgery or if they are housebound then they can be visited in their home.

These are some of the things they can help you with are: Social isolation by arranging for volunteers to visit patients at home, take them shopping or just enjoy a cup of tea and a chat; Telephoning patients after discharge from hospital following an unplanned admission to ensure patients have everything they need; Accessing help in the home, Meals on Wheels, Telealarm/Lifeline and finding care providers; Preventing falls; Dementia/Alzheimer's support as well as Carers Support and getting involved with the local community; Safety in the home including security and fire safety; and Referrals for mobility aids and home adaptations.

If you are a registered patient at Lindfield Medical Centre and would like an appointment with them, please ring the surgery number 01444 484056, leave your contact details and they will be in touch.

Equally if you live locally, have an hour or two a week spare to volunteer to help with any of the voluntary services please do get in touch as above.



flint&co

INDEPENDENT LOCAL ESTATE AGENTS

113 South Road, Haywards Heath



Considering a move...?

Please call for a valuation!



BEST[®]

ESTATE AGENT GUIDE
2020 : EXCEPTIONAL

SALES

- ⚡ Top 3% Of Agencies Nationwide
- ⚡ 80% Data Sourced From Rightmove
- ⚡ 20% Property Academy Mystery Shopper



Getting women back on their feet

OPEN FOR BUSINESS

Six Physio has been going from strength to strength! Tucked away behind Paul's greengrocer, the practice has recently celebrated its fifth birthday and after expanding by taking over the old barn next door, the clinic now boasts two lovely treatment rooms, a changing room and a larger gym.

Physiotherapist Alex Keogh, who set up the clinic in 2015, is excited to announce that the team has been joined by Abbie Parry, a specialist Women's Health physiotherapist. Together Abbie and Alex have launched a Women's Health Service covering all areas relating to obstetrics and gynaecology: from pregnancy to menopause.

Abbie was until recently working in a private physiotherapy clinic in Bondi, Australia, where she specialised in women's health. She co-authored and presented a birth education course aimed at empowering women with the knowledge needed to look after their bodies through pregnancy, birth and the post-natal period, and ultimately help them to have a positive birth experience.

Abbie has a great love of yoga and in 2011 spent a year completing an in-depth yoga teacher training course to become a qualified yoga teacher. She also has many years' experience teaching general, ante-natal and post-natal Pilates.

Shockingly one in three women experience women's health problems during their lifetime, from pelvic pain to pregnancy and the menopause. Many tolerate these problems, often for years, either too embarrassed to seek help or unaware that there are treatments available.

Whether you are suffering from pregnancy-related musculoskeletal problem or struggling with bladder, bowel or pelvic floor dysfunction Abbie and Alex can help you.

From an antenatal perspective

Six Physio can give advice and treatment for any pain in pregnancy: Back, neck, rib and pelvic girdle pain (sacroiliac or symphysis pubis / SPD); Nerve problems such as sciatica and carpal tunnel syndrome; Physical preparation for labour (positions for labour, breathing

techniques, massage, relaxation); and Pelvic floor exercises and training, to prevent or treat incontinence.

Postnatal body checks available

Full back, pelvic and posture assessment; Detailed abdominal muscle assessment; Pelvic floor muscle assessment and re-education; and advice on postnatal exercises and safe return to activity and exercise.

Or for gynaecology physio

Pelvic floor rehabilitation and bladder / bowel retraining for incontinence; Treatment for pelvic organ prolapse and sexual dysfunction; Safe rehabilitation following pelvic floor surgery and hysterectomy; and treatment and guidance through menopause.

With the growing awareness of Women's Health physiotherapy across the UK the clinic is proud to be able to offer this service. The service is highly confidential and Abbie and Alex respect the sensitive nature of these problems so if you would like to speak to either of them in confidence regarding a problem you have, or for general advice please do get in touch.

Six Physio wants you to get better and stay better, so along with Abbie and Alex the team consists of a further four physiotherapists, Fern Whelan, Katrina Martin, Rachel Hughes and Rachele Brown, who offer physiotherapy treatment and rehab. Four fantastic Pilates instructors, Zoe Fisher, Susy Titford, Suzy Amosu, and Ghillan Kenton run 17 classes a week as well as offering 1:1 sessions, and three massage therapists Richard Adams, Joanna Crook and Nicola Cousins who offer sports and holistic massage.

For any further information please don't hesitate to get in touch. Call Six Physio on 01444 585787 or email: Lindfield@sixphysio.com.



Codabelle joins in for swing concert

The popular annual concert in Lindfield with the Perdido Players Swing Band will be an opportunity to raise funds for St Peter & St James Hospice again this month.

Local singing group Codabelle, who had a very busy Christmas season, will be performing in what will be a 'Music in Contrast' concert.

Band leader Peter Swann said: "I am delighted to welcome Codabelle to join with the band. As the band is engaged to play at Newick on the VE Day anniversary I

felt we should share our programme with the people of Lindfield. It includes many of the tunes from that era."

The concert takes place at Lindfield United Reformed Church on Saturday 28th March at 3pm. Admission is free and refreshments will be served. For more information, please contact Peter Swann on 01444 450335.



**Jonathan Lea
Network**
Business Solicitors

An innovative and incisive local firm of
solicitors to meet all your business law needs



RECRUITING NOW!

- Property
- Joint Ventures
- Employment
- Mergers & Acquisitions
- Equity & Debt Investments
- Technology & Intellectual Property Contracts
- Shareholder Disputes
- Share Option Schemes

To arrange a free 20 minute phone consultation with Jonathan or one of team please email wewillhelp@jonathanlea.net

We work hard to understand our clients' requirements and adopt a tailored approach to each matter, while our closely knit team of solicitors and paralegals ensures we can always provide a cost effective and responsive service

Basepoint Business Centre, John de Mierre House,
Bridge Road, Haywards Heath, West Sussex RH16 1UA

01444 708 640

'The Jonathan Lea Network' is a trading name of Jonathan Lea Limited, a company registered in England and Wales with company number 07663357 and regulated by the Solicitors Regulation Authority with ID 657651. Our VAT number is 281157211.

New heights for fundraising crew

By Claire Cooper

Three colleagues from British Airways cabin crew will be reaching new heights (and descents!) when they take part in a daredevil charity event next month.

Fran Burns, Lisa Desbrulais and Morgan Nonnis, who all live in Lindfield, will be part of a team of 13 pilots and cabin crew who will abseil 1,000 ft down Table Mountain in Cape Town, South Africa.

And abseiling down the mountain is only part of the challenge - when they reach the bottom, the team will hike all the way back to the top!

The trio, who have no previous experience of abseiling, signed up for the challenge to raise money for the Dreamflight charity.

"The idea came from one of our pilots who is an ex-medic and big supporter of Dreamflight - a UK charity which sends very sick children (some terminally ill, some with disabilities) on the holiday of a lifetime to Orlando, Florida," said cabin service manager Fran.

"These children travel without their parents and are cared for 24hrs a day by volunteer doctors, nurses and physiotherapists. Last year 192 children enjoyed a Dreamflight holiday."

Fran added that, although their working days are spent flying all over the world, all three have a fear of heights!

"Being encapsulated in an aeroplane thousands of feet up in the sky is very different to being on the top of a mountain and looking over the edge," said Fran, "I'm not very good with high buildings, but it's such a special charity I'm determined to brave it."

The challenge, on 25th March, will be part of a working trip and each member of the team has covered the £90 cost of the abseil. "That way, every single penny we raise will go directly to the charity," said Fran, who also has a very personal connection with Table Mountain.

"Four years ago my boyfriend proposed to me at the top of the mountain, so it's a really special for me," she said. "Although I never dreamed that the next time I visited I'd be launching myself off the top!"

Dreamflight is solely funded by voluntary contributions and anyone who would like to sponsor Fran, Lisa or Morgan should visit:

www.justgiving.com/Frances-Burns1

www.justgiving.com/fundraising/lisa-desbrulais


www.justgiving.com/fundraising/morgan-nonnis1

"The Dreamflight experience will mean the world to the sick children who benefit from it. This charity does such a wonderful job," added Fran.



RePast

SUPPER CLUB IN HAYWARDS HEATH



**Spanish Repast @ Townings Farm
28th March 2020**

Chickpea & Chorizo Tortilla
Lamb with Black Pepper and Tomatoes
Seville Orange and Almond Cake

[f](https://www.facebook.com/repast) [i](https://www.instagram.com/repast) [p](https://www.pinterest.com/repast) [t](https://twitter.com/repast)

repastupperclub.co.uk repastsc@gmail.com

LINDFIELD PRIMARY

The spring term is another busy one at Lindfield Primary Academy where the pupils are enjoying lots of different activities.

We have this year launched our 'Community Crew', a group of children, who, throughout the year, will be visiting local places of worship and other organisations in Lindfield and Haywards Heath (charities, etc). After each visit, the Community Crew create an assembly to feedback what they found out to the rest of the school.



Their first trip was to St Paul's Catholic Church, where they met the church deacon. This term, the group visited Haywards Heath Mosque. They spoke to the Imam, who told them about the different parts of the building and they found out several interesting facts.

A group of children from Years 4, 5 & 6 went to Oathall Community College to attend a food tech masterclass. The children all had a great time making low sugar cookies, using the ovens and then the best part - tasting and evaluating their cookies! The children even had to wash up and clean down their workstations when they had finished! Valuable life skills were learnt.



Year 4 children travelled back through the ages to enjoy an all-day interactive 'Stone Age' workshop to tie in with their topic work this term. They had the opportunity to handle artefacts and experience stone age food. They tried on costumes and watched an arrow being shot across the school field!

Year 6 children visited Warner Brothers Studio in Hertfordshire and were blown away by the 'magic' behind the magic of the Harry Potter films. They spent the day walking around the studio and reading about the great films, seeing costumes and sets that were in the stories. The children are now using everything they saw and experienced to help them create some magic of their own in their creative writing.

Children from all year groups have enjoyed a huge variety of sporting events so far this term, many trying new sports for the first time. Activities have included: sportshall athletics, archery, cross country, netball, new age kurling, boccia, hockey, basketball and badminton. Many of these have been organised by local sport provider Mid Sussex Active.

Haywards Heath Auto Centre

2 Bridge Road,
Haywards Heath. RH16 1UA

Car servicing and repairs for all makes and models

the Good Garage Scheme

01444 458641

www.haywardsheathautocentre.co.uk

Email: kerry@hhauto.co.uk

Tried Everything But Still Overweight?



Rachel Ricketts
Weight loss consultant

Lose weight once and for all with The Metabolic Weight Loss Programme!

- Average weight loss, 7-14 lbs a month
- No pills, diet shakes etc.
- Easy to follow and sustainable
- One-to-one support

Call now for a free consultation

01342 327396

www.rachelricketsweightloss.co.uk

Talk by Dr Ruth Valerio

By Richard Painter

In the BBC Blue Planet series, Sir David Attenborough highlighted the damage that has been done to the environment. Scientific research shows that the climate is changing as a result of human activity.

Dr Ruth Valerio, Global Advocacy and Influencing Director for Tearfund and author of 'L is for Lifestyle', will be speaking at All Saints Church on Thursday 2nd April at 7.30pm. Ruth will be sharing her thoughts on how Christians can respond to this climate and ecological crisis as part of the Caring for God's Creation initiative at All Saints.

Her latest book 'Saying Yes to Life' is the Archbishop of Canterbury's Lent Book 2020 and forms the basis for the Church of England's #LiveLent Care for Creation campaign.

Further details of the talk are available at:
www.allsaintslindfield.org/creationcare



Is 2020 time for a change?

 **PRB accountants**
the accountants you can count on

Services include:

- Accounts preparation
- Outsourced bookkeeping
- VAT compliance
- Payroll bureau
- Company secretarial
- Audit
- Corporate tax compliance
- Corporate tax planning
- Personal tax compliance
- Personal tax planning



For further information or to
arrange a FREE chat with
Chris call **01444 458252**

WEB
www.prbmp.com

TEL
01444 458252

Kingfisher House, Hurstwood Grange, Hurstwood Lane
Haywards Heath, West Sussex RH17 7QX

 Lindfield Life

**Don't forget:
Tell them you
saw their
advert here!**

Our fabulous advertisers make your
magazine possible – please use them

Photos on display at KEH

Visitors to a photographic exhibition in the King Edward Hall next month can enjoy a unique 'hands on' experience.

Rather than viewing pictures on display boards, visitors will be encouraged to handle the prints and even re-arrange them!

Amateur photographer and former teacher James Skillicorn explains why he has chosen this novel approach for his exhibition Land, Sea and Sky.

"Most photographic exhibitions involve people walking around viewing photographs on walls or display boards, but I wanted to do something different," he said. "I will be displaying the photographs on low tables and encouraging people to lift them up and even to do some re-arranging if they wish to!

"Most of the 200+ photographs have been mounted on thick card so that they can be held without being damaged," he added.

The photographs will be arranged in themed sections. "I'll also be creating five 'mini-galleries' designed especially for children," explained James who has been taking photographs since he was 12 years old.

"I don't claim to be an expert photographer and I am not a photojournalist," he added. "I just hope I



can portray my love of photography and my love of our beautiful planet."

The exhibition will include photographs of African wildlife (the biggest section), stained glass windows from around the world, special places in the UK, landscapes and seascapes, things encountered along the way, and a small section of which demonstrates how photographs can be electronically altered. "I have also enjoyed preparing a section on 'photographs that might have been better if ...'" said James.

The event, on Saturday 21st March from 10am until 4pm, is being held to raise money for Lindfield based charity Group B Strep Support. The charity, which works towards the eradication of group B Strep infection in babies will have a 'pop up' table in the hall.

"Entry to the exhibition will be free but I hope that visitors will donate generously for Fairtrade tea/coffee and cakes," said James.

"I also do linocut printing and some of my original linocuts and cards will be available in exchange for donations to the charity."





Painting & Decorating

Handyman and Gardening

Free estimates
Fully insured



Call or email Martyn today on:
07818 036 500
mkh1679@yahoo.co.uk





DRAYTON Plumbing & Heating Ltd

Call Paul Drayton on 07811 208310 or 07703 255305

- Free estimates & advice
- Fully qualified & experienced engineers
- Local services throughout Mid Sussex

- Energy conservation advice
- All work guaranteed & liability insured.

draytonplumbing@btconnect.com www.draytonplumbing.co.uk



Natural Gas | Liquid Gas | Oil & Solid Fuel | Alternative energy systems | Service | Maintenance | Full installations



Inns and Alehouses - Part 2

LINDFIELD HISTORY

Can you spot The Witch Inn? The Bricklayers Arms from Hickmans Lane

By Richard Bryant, Lindfield History Project Group

In the 1700s the land to the east of Sunte Avenue was common land mostly owned by the Manor of Ditchling. The north-west corner, around the site of the Witch, was however owned by the Manor of Framfield; held by the Sackville family. By 1798 this land had been cleared and enclosed as a farmstead known as Wigsell's Watering occupied by a Nicholas Wisden. The name Wigsell could be derived from a Saxon word for a cattle and herdsman's shelter.

George Clements purchased the property in 1851, and took it out of manorial control. A year later he sold it to George and Alfred Wood, owners of the Bear Brewery, Lewes, and by 1853 the Bricklayers Arms was opened. It was built by John Beard, a bricklayer, employing ten men. Being not too distant from the railway station at Haywards Heath, by the mid-1880s it had become a popular destination during the summer for 'bean feasts', a works outing and dinner, with parties travelling from as far afield as London and Brighton. It was the venue of choice for departments of the London, Brighton and South Coast Railway's engine works at Brighton, a London firm of book binders, and Reynolds builders of Brighton, among many others.

In 1898, the Bricklayers Arms was acquired by the Southdown and East Grinstead Breweries and later this brewery was purchased by Tamplin Brewery, Brighton, and in turn that became part of Watney Mann. In 1925, the Bricklayers changed its name to The Witch, reputedly the only pub with this name in England.

Another Tamplin's pub, the White Horse, was situated opposite the Pond. Like the Red Lion featured in last month's article, the sign of the White Horse had also moved twice. William Mason senior, joined two cottages in Walstead, Walstead Cottages, and obtained a licence to run the premises as a beerhouse. The first reference to a White Horse name first appeared in the Lindfield parish records in the 1830s, this was just after the passing of the Beerhouse Act 1830. This name is usually



White Horse George and Alice Cresswell outside the White Horse mid 1900 decade

associated with the Royal House of Hanover, as it was their crest.

In the early 1840s, the sign moved to Old Mead Cottage, now Mead Cottage, in Lewes Road, where it remained until 1851, when the sign transferred to the purpose built pub premises, built by George Mason, opposite the Pond (now Tamasha Indian Restaurant). However, it remained restricted to the sale of beer and cider only, with James Mason as the landlord. The Mason family connection continued for nearly five decades.

At a licensing hearing in 1867, it was claimed the White Horse had stabling for six horses and a three carriage coachhouse, but it transpired these were little more than coal sheds - the family also ran a coal and wood business. A full licence was not granted until 1931. Long-time landlords in the 20th century, Mr and Mrs George Cresswell, retained its character as a local pub and this continued until the White Horse 'changed with the times' becoming Tamasha a few years ago.

To the east of the village, in Snowdrop Lane,

previously Sluts Lane, stands the Snowdrop Inn. The Mid Sussex Times reporting on a licence application in the 1930s said: 'the Snowdrop had been an inn for 300 or 400 years. It was an ordinary common inn for a great number of years. Afterwards it became a beer house, with a six-day licence'. It would appear the Snowdrop's history may have been considerably embellished to impress the Justices! At the time of the Tithe Map in 1848, the property was described as a 'House and Garden' owned by the Lowdell family, owners of the Bedales estate. The first identified reference for this property being licensed was in 1872, when a licence was granted to Edward Everest for the sale of beer and cider six days a week: it had to close on Sundays. Edward Everest had a market garden and shop and appears to have extended this business by acquiring the licence.

Apparently originally called Bedale Alehouse and later Lyoth Beerhouse, it was not given the name Snowdrop until about 1907 when a Mrs Knight was the landlady. It remained an alehouse selling about 100 barrels a year, mainly to local farmworkers and those living nearby. It was not allowed to open on Sundays until the full seven day licence, mentioned earlier, was granted in the 1930s. In making the case for this licence it was claimed to be needed due to the development of Franklands Village.



Grange Farm

On the road to Ardingly stood the Borde/Board Arms, now Grange Farm; it has also been known as Crawford Arms and Winterton Arms, being part of the Paxhill Estate with its name changing to reflect the family ownership. This alehouse could have existed as early as 1660s or earlier, as Rev Giles Moore, Rector of Horsted Keynes wrote in his journal that he purchased beer in a farm house when travelling between Horsted Keynes and Lindfield. By the mid-1800s, the Borde Arms was becoming dilapidated and closed in 1867. George Saxby, the landlord for 40 years, was given notice to quit in 1849 and applied for his licence to be transferred to a new house built by himself, 'situated by the canal side' and 'required for those who worked on the river'. The house, today Bridge Cottage, had its own brewery, but eventually closed following The Ouse no longer being navigable.

Moving across to Scaynes Hill, The Farmers - originally The Anchor - was another alehouse owned by an estate: the Bedales estate. Dating from around

1828, it is said that the name derives, not from any nautical connection, although an old ship's anchor was displayed in the front garden, but because there was an anchor point used to 'brake' horse drawn wagons when descending the nearby hill. Rev Frederick Willett, formerly the vicar of West Bromwich, inherited Bedales in 1881 making it his home.

At this time The Anchor did not have a good reputation and during the late Victorian period temperance movement was in full swing. However, Rev Willett realised working men would not embrace teetotalism but could be encouraged to reduce their alcoholic consumption if the pub ambience and serving practice were improved. When the tenancy expired Rev Willett took the premises back into his direct ownership and installed a manager as licensee. The building was repaired, a club room with games opened, a quoits ground made in the orchard and an Anchor cricket team was formed. These changes almost 'eradicated drunkenness' and Rev Willett's increased his income from a £29 rent to a profit income of £40 a year. He regarded this an improvement method that 'might be followed by any lady or gentleman owning such a property'. Shortly afterwards the Bedale estate, including The Anchor was put up for sale, and as The Farmers the pub trades to this day.

At the river end of the lane that goes from Scaynes Hill down to the Ouse, it is understood a cottage was once an alehouse known as the Miller's Arms; now long closed. Unfortunately little else is known of this establishment, if you have information, please make contact.

A short distance further down the lane stands the Sloop Inn. This opened in 1833, originally probably as a beerhouse, and extended in 1860. Apparently, sloops were the type of boat used to carry bricks for the building of the Balcombe Viaduct. It was no doubt opened to serve boatmen, men working on the nearby wharf and agricultural workers. It remain a beerhouse for many years, but like all the other pubs became fully licensed.



The Sloop Inn, Scaynes Hill

Research by Rosemary Davies, John Mills and Janet Bishop. Contact Lindfield History Project Group on 01444 482136 or visit www.lindfieldhistory.org.uk

Seymours + Solicitors

Specialist family & matrimonial lawyers

Expert resolution by experienced solicitors & barristers

- Civil and religious divorce
- Financial remedy on divorce
- Financial resolution for cohabiting couples
- Child arrangements and financial issues
- Protection of assets by freezing injunctions
- Non molestation and home exclusion Orders
- Domestic violence injunctions
- Cohabitation, Separation and Pre & Post-nuptial Agreements
- Domestic and international jurisdiction issues
- Trust of land (TOLATA) & contested probate
- Private solicitor mediation

Consultations at **20 Keymer Road, Hassocks, BN6 8AW**

Also at Brighton & Hove, Worthing, Horsham & Central London

(01273) 62 88 08 & 70 87 10

Mobile: 077 88 555 262

Out of office hours: 075 01 143 657

info@seymoursolicitors.co.uk

We have close working relationship with forensic accountants, expert surveyors, property & business valuers, tax & pension consultants, specialist barristers and lawyers in North America and the Middle East

Give your views on our plan...

Lindfield Rural Parish Council has just launched its first ever business plan. The draft document is now available to download from www.lindfieldrural-pc.org.uk and the Council welcomes the views of residents, local organisations and businesses within the parish, on the plan. The consultation period runs until 4th March and comments can be submitted to Santi Gil, Clerk to the Council, via the website.

According to the Council, the aim in issuing a business plan, is to have a fundamental examination of our policies and activities including how the Council is organised and how we provide services, which means:

- Looking at how we can improve the Council's decision-making processes
- Making the Council and councillors more accessible to the community
- Having a radical look at the way the Council provides information via its website and communicates generally about what we do
- Encouraging and improving community feedback/ participation in Council activities and with working local organisations



- Improving the Council's contribution to environmental activities such as planting trees or improving our recreational open spaces
- Ensuring that planning applications are stringently scrutinised, so that they are sympathetic to our rural surroundings, meet the highest standard of design,

construction, comply with water and energy efficiency rules and ensure that there is no adverse impact on our environment

- Examining how we can contribute to health and well-being activities.

Trevor Webster, the new Chair of the Council explained: "This plan is in draft format because we are sincere in wanting to hear from everybody in the parish about

what they would like to see as changes and what they believe should be our priorities. The plan is the first step in modernising the Parish Council for the future and as we enter a new decade it is important to listen to what people and organisations have to say in developing such a plan."

Fine FURNISHINGS

Bespoke furniture

Offering you more choice than a typical sofa store, you'll have the luxury of choosing the sofa designed the way you want – firmness, size and fabrics are down to you.

Re-upholstery & custom-made cushions

In addition to our custom made sofas and chairs, we also offer a complete re-upholstery service. We offer a free estimate.

Pop in and visit our showroom

Makers of sofas & chairs • Re-upholstery • Quality beds
Stockists of Somnus Beds



Unit 5 • Lindfield Enterprise Park • Lewes Road • Lindfield • West Sussex • RH16 2LX
tel: 01444 482 011 email: info@finesofas.co.uk www.finesofas.co.uk



C.J. RUMSEY ELECTRICAL LTD

Family Business Est. 1973

For all your electrical needs

FREE SAFETY CHECKS, FREE QUOTES, FREE ADVICE
Domestic – Commercial – Industrial



Proud members of
Checkatrade.com
Where reputation matters

- Additional Lighting and Power Points
- House Rewires
- Fuse Board Upgrades
- Electrical Installation Condition Reports EICR
- Extensions
- Fault Finding and Repairs
- Electric Heating - Design and Installation
- Home and Business Networking and CCTV
- Fibre Optic and Structured Cabling
- Lighting Designs for Commercial & Industrial
- Lighting design for Domestic Properties
- Garden Lighting and Power

07860 881061 (Chris)
07803 086867 (Rob)
07742 777736 (Malc)

Tel: 01444 456221

sales@cjrumsey.co.uk

www.cjrumsey.co.uk



Est 1992

Aerials • Satellite TV • Security



Home & Business Security

- CCTV
- Intruder Alarm Systems
- Door Entry
- Installations
- Upgrades
- Maintenance
- Service



Proud members of
Checkatrade.com
Where reputation matters

Satellite TV & Aerials

- Satellite TV For Sky, Freesat & European Channels - French, German, Italian, Spanish & More
- TV & Radio Aerials
- Aerials for Freeview, BT TV & YouView
- Extra TV, Satellite, Internet Points
- Tv Wall Mounting Service
- Multi Point Systems



FREE
survey for
new
systems

**Realign
Service
Repairs**

**Installation
Upgrades
Maintenance**



01444 318089

www.norsat.co.uk



THE CLEANING SERVICE BELLE CASA

Beautiful Homes

We know how hard it can be to find a dependable and honest cleaner, which is where we can help.

We can offer you professional cleaning and ironing for a fully inclusive rate of only **£12.75 per hour** (minimum of 2 hours per week).



All of our cleaners are specially selected, and insured, and you will receive the same cleaner each week.

So, if you'd like to take the pressure off keeping up with your household chores, then call us today on:

01444 628488

(answer phone available outside office hours)

or visit our website:
www.bellecasa.uk



A world within your headset

TECH HEAD

By Toby Wytthe

A friend recently asked me what was going on in the world of Virtual Reality (VR). As a casual gamer he had heard rumours of a VR takeover in recent years. Films such as Ready Player One reminded audiences of the endless (albeit speculative!) possibilities of VR but it all seemed to have gone quiet recently.



However; a quick look into the current state of VR shows a very different picture. Most high-powered VR headsets such as the Valve Index and the Oculus Quest are actually sold out across the board despite having extortionate price tags. PlayStation VR units are owned by 5% of their install base and whilst those numbers don't exactly scream 'next big thing' that is a respectable amount largely due to a quiet resurgence for the device in both 2018 and 2019.

Although there have been some critically acclaimed successes on VR platforms, there is still a hesitancy when it comes to fully committing to VR. Valve, the developers of the aforementioned Index, recently shocked the gaming community by announcing that the continuation of their beloved Half Life series will be a VR exclusive.

With Half Life 1 and 2 both holding a 96% review on Metacritic the popularity of the series cannot be questioned, but by only releasing on one specific platform (a platform that most cannot physically buy at present) are they potentially alienating a large amount of their previous customer base?

Despite some other exciting releases planned for 2020 my personal belief is whilst the price point remains this high it will still be a large barrier of entry for most; reserved for one off occasions with friends etc rather than an industry defining revolution.

Video games offer a form of escapism to me (along with many others no doubt) and are often used as a way to relax. Although my fiancée would likely encourage me to don a headset and free up the TV for some more reality shows, she certainly wouldn't encourage me to spend thousands of pounds to do it.

Therapy with Ania

Warm Manner

Safe Environment

Evidenced Therapies

Long NHS Experience



Lindfield High St. at Abbott's Pharmacy

Call Ania on 01444 617 226

Or visit www.talkforchange.co.uk

Francis Sewell history talk

There is a talk in Cuckfield this month which may be of interest to Lindfield residents.

Held on Thursday 5th March at 2.30 pm at The Queen's Hall, Cuckfield Museum will be hosting a talk entitled 'The Rev. Francis Sewell, Benefactor. The speaker will be Richard Bryant of the Lindfield History Project Group.

Richard will look at the life of the Rev Francis Sewell, born in 1815 in India of a wealthy family, and his personal involvement and benefaction in financing a major restoration of All Saints Church and his impact on the village and its community.

To book a place please phone Mike Nicholson 01444 457448 or email: events@cuckfieldmuseum.org.



Bridge Tea event

Haywards Heath Friends of St Catherine's Hospice are back, hosting their fantastic annual Bridge Tea at Wivelsfield Village Hall between 2-5pm on Friday 13th March.



This event has been running for 30 years and proves very popular in the local community. For £40 per table players will receive an entertaining afternoon of Bridge and a delicious afternoon tea.

Felicity Parsons Community Fundraiser at St Catherine's Hospice said: "We are delighted that Haywards Heath friends are once again holding their annual Bridge Drive and raising vital funds for St Catherine's. Their incredible work raising awareness in the area for St Catherine's ensures that we can be there for more people when life comes full circle."

To book your place at the Bridge Tea please contact Gaynor on 01444 440452.

ODD JOB MAN

Friendly, Fair Priced Service, Any D.I.Y. or Home Improvements.

Ever just needed a Curtain Rail put up, or Shelf made or a Picture hung?

We offer an initial chat with Free Expert advice. so call us on:

07769 683614

Email: warnerengineers@yahoo.co.uk



Meet Rebecca: your physiotherapist offering home visits in Lindfield

- Treatment and management of joint pain
- Falls prevention programmes
- Improving mobility, balance and strength
- Enabling independence following illness



"Many thanks to Rebecca for her professionalism and personal touch in attending my mother's home to give her treatment for her back. To her immense joy, Mum can now enjoy a more active playtime and long walks with her grandson!"

Call Rebecca today on 01342 523 449 or 07572 107 064

rebecca@flintphysiotherapy.co.uk | www.flintphysiotherapy.co.uk



Unlocking the potential of talented children

CUMNOR HOUSE SUSSEX

Two Foundation Scholarships, covering 100% of the cost of a child's independent school education for ten years, from the age of eight to 18, are available to children currently in Year 3 at state primary school.

Foundation Scholars join Cumnor House Sussex, Danehill in Year 4 (aged eight) through to Year 8 (aged 13) when they move on to one of Cumnor's sixteen independent senior school partners, where they remain until they are 18.

The scholarships are means-tested and awarded to children who excel academically and ideally show potential in art, design technology, drama, music or sport. Two places are available for children starting in Year 4 in September 2020 and **applications are open now until 30th April 2020.**

The selection process involves completing an 'Application & Means-Testing Financial Form', which will be reviewed by the Headmaster and Bursar. Assuming all initial criteria are met, a full report will be requested from the child's current school and the parent/s or guardian/s invited to meet the Headmaster. Prospective Foundation Scholars are invited to attend an 'Experience Day' at Cumnor; when they will be interviewed by the Headmaster, undergo academic tests, work and play alongside their contemporaries and offered the opportunity to show their particular talent/s in art, design technology, drama, music or sport, as appropriate.

The Bursar will then visit all prospective families at home, following which the Headmaster will put forward his final recommendations for consideration and confirmation by The Cumnor Foundation Board. The aim is to offer two Foundation Scholarship places each academic year, according to the potential of applicants.

Christian Heinrich, Headmaster at Cumnor House Sussex explains: "Once they join us, each Foundation Scholar is allocated a tutor who is a member of Cumnor's teaching community; while their family is given access to a Foundation Mentor who will meet with them regularly and continue to offer support and advice during their scholarship journey."

What sets Cumnor House Sussex's Foundation Scholarships apart from others is their tenure. Successful Foundation Scholars receive access to a free education in the independent sector for ten years, from the age of eight to 18.

Heinrich continues: "Due to the relationships we have forged with senior independent schools, each Foundation Scholar will move seamlessly from completing their prep school education with us to one of our sixteen independent senior school partners, also on a 100% funded scholarship as part of that school's own bursary scheme. Places are offered subject to each child meeting their chosen senior school's entry criteria."

Current senior school partners are Ardingly College, Bedes, Benenden, Cranleigh, Eastbourne College, Hurstpierpoint College, The King's School Canterbury, Lancing, Mayfield, Radley, Roedean, St Mary's Ascot, Sevenoaks, Tonbridge, Wellington College and Worth. Work continues on securing additional senior school partners.

There are a total of seven Foundation Scholars already in place across Years 4, 5 6 and 7 at Cumnor House Sussex. The first will make their transition to senior school in September 2021, with their sights set on joining Sevenoaks.

The mother of our first Foundation Scholar comments: "Every child is talented, they just unwrap these talents at different times. Through the Foundation Scholarship, Cumnor has offered my child an astounding opportunity and environment to discover new gifts. The school's ethos of children 'Daring to be Different', and its ability to embed well being into every lesson through its unique 'iSpace Wellbeing' Curriculum Programme, has allowed my child to manoeuvre confidently through new emerging friendships and embrace a newfound interest in a wide range of different subjects."

To find out more about this opportunity, please contact Cecilia Desmond, Registrar on: 01825 792 006 or registrar@cumnor.co.uk and do visit our website: www.cumnor.co.uk

Lindfield in Bloom: Plans for 2020

By Christine Clark

Despite the still unpredictable weather, the snowdrops and crocuses are out and the daffodils are bravely coming into bloom. The days are getting longer, so it's time for us all to start thinking about our outdoor spaces.

Lindfield in Bloom had its first meeting of the year on Monday 20th January. Nine members attended the AGM and planning meeting.

2019 was a very successful year. We continued to care for the borders around the Medical Centre and Toll Gate car park and the Parish Council planters in Denmans Lane. We received many compliments from the general public for the work we had done and will be continuing to improve these areas through 2020. The proposed Community Gardening dates are listed below. We can always do with extra pairs of hands so if you feel you could spare a couple of hours once a month or just occasionally you would be very welcome. Or join us at one of our monthly meetings held at the Bent Arms on the third Monday in the month at 7.30pm. For more information contact Heather Martin, Chair of Lindfield in Bloom on 07738 323082.

Some events we are planning throughout the year are a Children's Wildlife Poster Competition and a stall on Lindfield Village Day, selling plants to raise money to support our village projects.

Our planned Community Gardening dates are Sunday 15th March and Saturday 18th April 10am to 12 noon. Meet outside the Doctor's Surgery.



YOGA FUSION CLASS

Class Timetable
from
06/01/2020



YOGA * TAI-CHI * PILATES

"THE ULTIMATE
FUSION CLASS TO
STRENGTHEN
LENGTHEN AND
TONE YOUR BODY
OF THE FUTURE"

Join/Drop In
Any Time

Mondays 19:15-20:15 Bolnore Village Primary School

NEW Tuesdays 19:00-20:00 The King Edward Hall Lindfield

Thursdays 19:00-20:00 Northlands Wood Primary School

Drop In £10 * 5 Class Pass £40 * 10 Class Pass £60



ALL LEVELS WELCOME

yoga mats provided or bring your own

Instructor: Costica tel: 07568 338 939 costicadel@yahoo.com

www.localyogaclassess.co.uk search: Haywards Heath



A century 'Behind the Hedge'

By John Bartlett

A hundred years ago, when the hedge at the top of the Common was little more than a row of seedlings, Stanley Carnell was born. Both have flourished through the years and both are showing significant growth!

Stanley celebrated his centenary on 22nd January and is still an active bowler. He only took up the game four years ago and now casts a canny wood. You can hardly call a Centurion a novice but his game is improving all the time!

Positive proof that bowling keeps you young and active and it is never too late to take up new pastimes. Stanley has made the rest of the membership feel quite juvenile in age as well as behaviour!

The first buds of spring are starting to appear as members of the Bowls Club look forward to the new season. Anyone wishing to give bowls a try should log onto our website www.lindfieldbowlsclub.co.uk or contact Clive our Membership Secretary: membership@lindfieldbowlsclub.co.uk.

Do it now - you don't have to wait until you are 100, we can cater for anyone!



All your garden needs

We offer all the usual things you'd expect from your gardener in spring, like pruning, lawn care, and preparing vegetable beds.

Or perhaps you have something more specific in mind, like repairing your shed or greenhouse, or making your garden look its best for property viewings.

01444 657140

info@sowsussex.com

Find out more at **sowsussex.com**

Get your business
noticed here

Next copy
deadline:

**10th
Mar.**

LindfieldLife

Call Emily today on 01444 884115 or email
your name, address and phone number to
ads@kipperlife.com



Making everything count

By Isabella Mortimer (11 years old)

This month, I am carrying on the growing theme...with an added twist....

Growing a **tree** can help the climate for many years to come. Garden centres have lots of trees for sale but growing your own is even better. Acorns are still on the ground so if you can find some on a walk or in your garden, pop them in a pot of soil (or an old yogurt pot with holes in), water them and watch them sprout and grow into a massive oak tree! Some are easier to sprout than others, so you may need a few acorns.

Growing a pineapple is fun and uses the pineapple top that would have gone in the bin. Cut the top off your pineapple and use a few wooden toothpicks to suspend it above water. Keep in a warm sunny place. Refresh the water frequently so it is just touching the base of the pineapple plant. Once roots form – in a week or so – transplant it into soil. (I am trying this at the moment... no roots yet!)

Growing tomatoes from the rinsed off seeds of your tomatoes is easy. Dry them then pop them in a pot of soil and keep warm and damp.

Other ideas new and old...

- A new idea from Lindfield Primary Academy PTA is, The Big Swish – happening on 27th February. The idea is to swap unwanted clothes, giving them a new lease of life and reducing the production of new clothes. Great idea Lindfield PTA members!
- Instead of buying something when you're having a bad day, do something, ie go on a walk, go to a yoga class, meet up with a friend
- Keep your ice-cream tubs to freeze spare fruit and vegetables, before they go off
- Make your own lunches – all saves wasting food and saves on packaging
- Try to avoid palm oil
- Go paperless.... try one bill or bank at a time
- Avoid receipts
- Go for walks, take photos and share with your friends...

I really liked this little mantra I read recently: Think more, buy less and make everything count"...

C&G Plumbers
Your local plumbing experts

- ✓ Emergency repairs
- ✓ Fast response
- ✓ Central Heating
- ✓ Shower cubicles
- ✓ New bathrooms
- ✓ Outside & Kitchen taps
- ✓ Available 24 hours

Godfrey
Mobile: 07833 726 411
Office: 01444 215 323

E: candgplumbers@gmail.com
W: www.candgplumbers.co.uk

OAP discount

Call Godfrey now on:
07833 726 411 or 01444 215 323

www.candgplumbers.co.uk Cheekatrade.com BundPeople.com

PROJECT
SIXTY ONE
ELECTRICAL SERVICES

**Local.
Reliable.
Experienced.
Qualified.
Electricians.**

hello@projectsixtyone.co.uk
07399 914 842
projectsixtyone.co.uk

Be Yoga for everyone

Be-Yoga is more than a yoga studio, here you will feel welcomed as soon as you walk through the doors, this is a community that will support you, no matter who you are or where you've come from.

The new Be-Yoga Centre on Sussex Road is bigger, brighter and better in so many ways, with 2 beautiful and bright main studios, a relaxing reception area, treatment room, changing rooms and showers

You'll practise yoga with teachers who are truly passionate, and your experience will be tailored to suit your needs.

It's your life. Your breath. Your body.
Here we celebrate all that you are.

01444 628099 - 07437478287

www.be-yoga.uk.com

Yoga can

- Reduce stress
- Boost confidence
- Tone muscles
- Build strength
- Maintain mobility
- Improve mood
- Manage weight
- and more....



Restorative

Relax & recharge



Dynamic & flow

Be fit & strong



Community

make new friends



New premises!

1-3 Sussex Road
RH16 4DZ

LINDFIELD BUILDING COMPANY

• Building excellence since 1976 •

• Extensions • Refurbishments • Landscaping & Paving •

Speak to Kevin Hammond about your project today:

01444 417 209

07922 577 082

or email: kevin@lindfieldbuildingcompany.co.uk

Time to get cooking!

SIMPLY GOOD FOOD

Gratin of Butternut Squash and Apple (Serves 2)

Preheat oven to 200°. Cook a thinly sliced onion in a little oil until just soft but not browned. Cut a small peeled butternut squash in half, discard all the stringy bits and cut the flesh into bite-sized cubes. Peel, core and thinly slice a large Bramley apple into a bowl, add 2tbs plain flour, seasoning and 1tsp cinnamon. Add the squash and onion and gently combine. Tip evenly into a shallow greased baking dish and pour over 50ml vegetable stock. Cover and bake for 30 min. Meanwhile combine a generous handful of coarse breadcrumbs with a little oil, some grated cheese if wished and some chopped nuts or seeds. Spoon on top of the gratin and continue to bake until golden brown and soft throughout.

Tomato Dhal (Serves 4-6)

Serve with hot Basmati rice and naan bread plus minted yogurt – just whisk mint jelly into plain yogurt and season to taste.

Gently cook 1 finely chopped onion in a little oil until just soft. Add 1 crushed garlic clove, 1tbs grated fresh ginger, a pinch each of ground cumin, turmeric and chilli powder. Cook, stirring, for 2-3 min then stir in 225g red lentils, a small can of tomatoes, 375ml vegetable stock and 400ml coconut milk (canned). Bring to the boil, cover and cook over a low heat for about 40 min, stirring occasionally or until the lentils are soft and creamy. Stir in the juice of 2 limes and season to taste.

The family garage that cares

Car servicing in Lindfield for all makes & models

- ✓ Friendly welcome
- ✓ All car makes
- ✓ Top quality service
- ✓ MOT testing
- ✓ Realistic prices
- ✓ Engine Diagnostics
- ✓ Family owned for over 40 years

"Many people in the village have used us for years, why not join them?"



Nicola and Alan Yule



RETAIL MOTOR
INDUSTRY
FEDERATION

Book your appointment today on:

01444 482988 or 01444 483988

Lewes Road, Lindfield, RH16 2LG www.lindfield-motors.co.uk

**Lindfield
Motors**

Am writing this just after checking there is nothing in the garden that will blow away when the promised dramatic Storm Ciara arrives later today. Batten down the hatches – a good time to get cooking! I am not a vegetarian but have never been a fan of red meat – I can't remember when I last roasted a joint of beef. However I do love vegetables and include them in as many dishes as I can, including desserts and baking. Have you tried adding a generous spoonful of crunchy peanut butter to your banana bread recipe? Or combining vegetables and fruit in a main dish gratin? Lentils are inexpensive and a good source of protein, complex carbohydrates, vitamins and minerals.



Green Bean Stir fry (Serves 3-4)

Cook 450g green beans until just tender but still crisp. Drain and cool under cold water, then dry on a tea towel. Using a wok or large frypan, heat a can of anchovies in their oil plus 2tbs rapeseed oil, plenty of crushed garlic, a drained can of sliced water chestnuts, chopped parsley and the finely grated rind and juice of 1 unwaxed lemon. Add the beans and cook, stirring, until hot. Delicious with hot garlic bread.

Carrot and Oat Bars

Preheat oven to 170°. Oil and base line a 20cm square shallow baking tin. Measure 115g SR flour, 115g coarse porridge oats and 2 large coarsely grated carrots into a bowl. Measure 150ml black treacle, 150ml rapeseed oil and 115g demerara sugar into a saucepan. Warm over a low heat until just combined. Add to the dry ingredients plus 1 egg beaten with 4tbs milk. Briskly stir until combined. Pour into the cake tin and bake for 1 hour or until it tests cooked in the middle. Cool in the pan then, if possible, cover and allow to mature for several days. Serve cut into squares.

Can we help you?

**BLOCK PAVING
SLABBING
TARMACCADAM
JET WASHING
LANDSCAPING
FENCING
TURFING
GRAVELLING**



We provide high quality new driveways, patios and landscaping at prices you can afford. Our experienced staff will install and finish your new driveway or patio to the highest possible standards.

Call us today...

01273 256738 or 07585 879 621

info@rightmovecontractorsltd.com



www.rightmovecontractorsltd.com

Jerry Bradley

VILLAGE PEOPLE

In a doctor's office at Southampton Hospital in 2009 Jerry Bradley was given the devastating news that Irene, his wife of 25 years and the love of his life, was suffering from dementia.

It was a bolt from the blue. "Irene had been unwell for some time but dementia never entered my head," he said. "We thought she was suffering with severe depression."

Driving home later that day Jerry made what was to become a life changing decision. "I vowed that I would start writing my memoirs so that if I ever became ill with dementia my memories would still be there for me."

Over the following years, while caring for Irene, Jerry completed his life story and, since her death in 2015, has gone on to publish two novels to raise money for Dementia UK. He is currently writing a third.

Now living in Lindfield with daughter Hannah and son in law Pete, Jerry recalls his journey from racing car mechanic, market trader and locksmith to full time carer, and describes how his newly discovered passion for writing and raising awareness of dementia brought him back to life.



By Claire Cooper

Jerry was born in London, the middle child of three boys. "When I was about three we moved to live on a barge on the Thames," he said, "It was a strange decision as none of us could swim and we spent most of the time wearing life jackets!

"My dad was a draughtsman and part-time trumpet player and did various jobs," added Jerry, whose life changed when the family settled in Elstead. "We moved into this lovely old school house and had a garden for the first time. It was an amazing village - a lot like Lindfield."

A year later Jerry's father was tragically killed in a car accident and his mother worked hard to keep the family together. "Mum had won a scholarship for the Royal Academy of Music and was a talented concert pianist, but gave it all up to look after us."

Jerry left school with a handful of CSEs. "I wasn't academic and my spelling was atrocious," he said. "I'm naturally left handed but teachers insisted that I used my right hand. I spent hours practising writing but it didn't come easy."

At 16, Jerry landed a job in the glamorous world of motor racing. "I was an apprentice mechanic working on saloon cars and later rally cars," he recalled. "It was an exciting time as Formula One was extremely popular. We would work on the cars during the week and then go to Silverstone and Brands Hatch at the weekend to race.

"Our driver was Colin Vandervell and I can remember standing with him on the grid at Silverstone in front of thousands of cheering fans!"

After completing his apprenticeship, the garage was taken over, the racing track visits stopped, and Jerry turned his hand to bricklaying.

"I met a guy in a pub who asked if I wanted to work abroad," said Jerry. "The money was good so I jumped at the chance!" Jerry spent time working in Antwerp, Eindhoven and Dusseldorf, where he was part of the team which built the railway station. "It was just like Auf Wiedersehen, Pet," he laughed. "We were earning good money and living the high life."

After 18 months, Jerry returned to Surrey to train as locksmith. "I found the job boring, but it's how I met the love of my life," he said. "I fitted some locks at Irene's house, we got chatting, I asked her on a date and two months later we got engaged."

After getting married, and the arrival of daughter Hannah exactly one year later, Jerry began to look for new ways to earn extra cash. "I began buying and selling watches on market stalls and found I was very good at it!" he said. "I didn't want to sell rubbish – my watches were genuine Seiko, but I could sell them for half the price of the shops."

Jerry soon went from weekend market trading to seven days a week – thanks to inspiration from the Royal Family!

"At the time Sarah Ferguson (former wife of Prince Andrew) had been photographed wearing a huge bow on the back of her hair," said Jerry. "I has some on my stall and they sold out in about 15 minutes." Sensing an opportunity, Jerry quickly tracked down suppliers of ribbon and hair clips.

"I phoned my mum, who fortunately knew how to make bows and Irene and I set to work.

Before we knew it we had a cottage industry making Fergie bows! We made thousands of them," said Jerry who went on to supply several major London stores.

Jerry continued market trading for around 20 years, travelling all around the South. "I loved every moment of it," he said.

He eventually returned to being a locksmith as he and Irene dreamt of retiring to a bungalow by the sea. "But that all changed when Irene became ill," Jerry recalled. "She began to get more and more withdrawn. The doctor prescribed anti-depressants, but they didn't help."

When Irene began to decline rapidly, doctors carried out more tests.

"By this time Irene was a shadow of her former self, had terrible mood swings and could barely speak," said Jerry. "But all the tests came back negative.

"Irene got it into her head that she would be happy if we moved, so we re-located to Wiltshire," Jerry added. "In hindsight it was the worst thing we could have done as nothing was familiar to her.

"She was eventually admitted to Southampton Hospital where she had every test going. Six weeks later doctors diagnosed dementia.

"Irene didn't really understand what they were saying but I was in shock, particularly when the doctor said there was nothing we could do," he recalled. "Of course I now know that there is lots that can be done, even in the later stages of the illness.

Life changed dramatically. "We returned to Elstead and I got a job as a welder close to home so I could spend lunchtimes with Irene," said Jerry. As her condition worsened he became her full time carer. "I was the only one who really knew her and, of course, I loved her," he said.

Life wasn't easy, as Irene's mood swings worsened making her aggressive "I had to think of little ways to make her happy," Jerry recalled. "Every morning I would give her a present wrapped up and wish her a Happy Birthday. It didn't matter what was in it – having a birthday made her happy. I must have given her the same watch about 500 times!

"We would then visit our local café where the owner, who had got to know Irene, would put a little candle on her slice of cake!"

Irene passed away on 1st February 2015. She was 63. Jerry was devastated. "I hid myself away for around six months but then, out of the blue, I got a call from an alzheimer's charity asking if I was interested in giving a talk about caring for Irene.

"It was far too soon, but it made me realise that I had to do something positive in Irene's memory," he said.

"Never in my wildest dreams did I think this would happen to us, and I desperately wanted to help other families going through the same thing."

Remembering how he would sit and write his memoirs while Irene slept, Jerry picked up his pen. "It was like a light being switched on," he said. "I wrote a story for a friend's 40th birthday and she loved it."

Jerry was inspired. "I told everyone I was going to write a book to raise money for Dementia UK."

His first book, *The Candy Man*, a 'gritty adult insight into the underbelly of drugs, addiction, crime and gangs', was published last year and has already raised over £2,500 for Dementia UK.

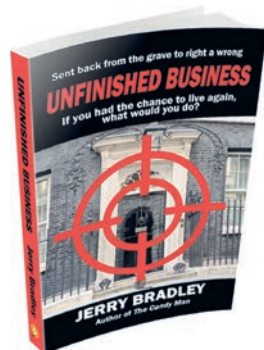
His second book, *Unfinished Business*, was launched last month at the Institute of Directors in London. "It's a gentle story, very different from *The Candy Man*, about someone being given a second chance," said Jerry who is now working on his third book *Bermondsey Boys*.

Once again proceeds from sales will go to Dementia UK.

"Ironically, dementia is a forgotten illness, but there's so much that can be done to prevent and manage the condition," said Jerry. "Raising money though my books is my way of raising awareness, supporting people thought the tsunami that is dementia, and giving carers a big hug!"

To find out more about Jerry and his books visit:

www.jerrybradley.co.uk





HANDEL'S Messiah

Ardingly Choral Society
Mid Sussex Sinfonia

Conductor Robert Hammersley

Olivia Bell - Soprano
Jane Houghton - Alto
Lawrence Olsworth-Peter - Tenor
Mike Christie - Bass

7.30pm Sunday
5th April 2020
Ardingly College Chapel

Tickets £15,
Concessions £13
available from M Kershaw
01825 791241

 ARDINGLY
CHORAL SOCIETY

www.ardinglychoralsociety.org.uk
Registered Charity No. 1123464

BUY TICKETS ONLINE
www.ardinglychoralsociety.org.uk



Introductory Offer: 5 classes for £20

- Private Personal Training Studio
- Atmospheric Yoga & Pilates studio
- Gym for Classes
- Indoor Cycling Studio
- 80+ classes per week
- No contract | No joining fee
- Flexible membership
- Showers
- Free parking

SPECIAL OFFER

LINEAR
HEALTH & FITNESS

Offer ends 31st March 2020.
Call Sarah on 07861 460798 or email: sarah@linearfitness.com
* TERMS & CONDITIONS APPLY

LINEAR FITNESS, BORDE HILL GARDENS, BORDE HILL LANE, HAYWARDS HEATH, RH16 1XP
WWW.LINEARFITNESS.COM

Kennedy

LANDSCAPES



Let us do the hard work so you don't have to. Improve your lifestyle while enhancing the value of your property.

- ⊙ Driveways
- ⊙ Patios & Pathways
- ⊙ Garden Walls
- ⊙ Pond Construction
- ⊙ Hedge Cutting & Shaping
- ⊙ Decking
- ⊙ Fencing
- ⊙ Lawns & Artificial Grass
- ⊙ Garden Design
- ⊙ Garden Maintenance

services@kennedy-landscapes.co.uk
www.kennedy-landscapes.co.uk

Design. Transform. Enjoy.

Artificial Grass

Transform your lawn!

No mowing. No watering. No weeding.

- ⊙ Looks like the real thing
- ⊙ No feeding
- ⊙ Safe for children and pets
- ⊙ No mowing, watering or weeding
- ⊙ No muddy patches
- ⊙ Saves time and money
- ⊙ Looks fabulous throughout the year
- ⊙ Virtually maintenance free

Call for a **FREE consultation**
and no obligation quote

0800 270 7077

HHGC housing update

Mid Sussex building developer Fairfax has issued new information ahead of a 'forthcoming Planning Application' for the site of Haywards Heath Golf Club.

In the public consultation document which has been distributed to existing homes in the area, the land developer describes the site as holding up to 725 homes, including up to 218 'affordable homes'.

Among the 'benefits to Haywards Heath' listed on the flyer are: Safety improvements to existing roads, improvements in flood risk and surface water drainage, new public open spaces (previously private land) and a new community hub for retail, services and other amenities (which could include health centres).

Under the new development it is claimed that 'approximately a third of the land [of Haywards Heath Golf Course] will remain undeveloped leaving a substantial amount of green infrastructure and open space'.



Sarah Lacey Dry Cleaning

Because special clothes deserve special attention

A true family business, now in its fifth generation, Sarah Lacey Dry Cleaning are experts in the dry cleaning of vintage clothing and vintage wedding dresses.

Our expert staff have the knowledge to handle and care for delicate fabrics and garments.

OPEN AS USUAL during the roadworks

Please mention Lindfield Life

1 College Road, Haywards Heath, RH16 1QN Tel: **01444 416644**
sarahlaceydrycleaning@gmail.com www.sarahlacey-drycleaning.co.uk

An advertisement for Sarah Lacey Dry Cleaning. It features a man and a woman in formal evening wear. The woman is wearing a strapless, gold-embroidered dress, and the man is wearing a black tuxedo with a white shirt and a black bow tie. The background is a light beige with a subtle floral pattern. The text is arranged in a clean, professional layout with various fonts and colors (black, gold, brown) to create a sophisticated look.



heather martin
garden design

Heather offers a fully bespoke service for all styles & sizes of garden. From the initial design sketches to completed landscaping, planting & special finishing touches, she creates beautiful & functional outdoor spaces tailored to suit your lifestyle.

☎ 07738 323082
✉ heather@heathermartin.co.uk
f HeatherMartinGardenDesign

www.heathermartin.co.uk

FARRELL'S PAVING

Driveways | Paving | Patios | Brickwork

A fully qualified and experienced bricklayer who can help with designs for walls, driveways and patios

5 Year Guarantee Fully Insured

FARRELLS BRICKWORK
Minimum 10 years experience
Tel: 01444 450103
Mob: 07713 062617
Email: farrellspaving@tiscali.co.uk



We are a friendly company who care for our work. Call for a free quote

01444 450 103 • 07713 062 617
www.farrellspaving.co.uk farrellspaving@tiscali.co.uk
15 Fieldway, Lindfield, West Sussex, RH16 2DD



AJ Mullen

**Bricklayer,
General Builder,
Extensions & Patios**

Tel: 01444 484705 Mobile: 07941 308966 www.AJMullenbuilder.co.uk
Email: Mullenb04@aol.com 28 Finches Park Road, Lindfield, RH16 2DN

Meet John, your local tiler...

Hi, I'm John. I do tiling all around Lindfield! Talk to me about any tiling work - bathrooms, kitchens, conservatories, hallways... in fact anything you want tiled! I also do kitchen and bathroom refits too! I'm happy to give free advice and estimates for the work. I have years of experience, so just ask and I'll show you references from other happy customers.

Call John on 07967 344460
Specialist in Natural Stone & Mosaics jms4tiling@gmail.com



f



Later Life Lending: Mortgages for the Over 55s

OPEN FOR BUSINESS

By Nigel Urban

Mortgage, Equity Release and Protection Adviser

Growing up in Mid Sussex in the 1960s and 1970s presented a simple view of mortgages.

Homeowners invariably took them out in their twenties, paid them off over about 25 years and never borrowed again. Those days are largely over. With low interest rates, house price inflation enabling remortgaging and the provision of interest only mortgages, many homeowners are borrowing into retirement.

A common reason for that is when remortgaging 'interest only' mortgages. The investment strategies intended to repay those have often proven unsuccessful or were abandoned, so many borrowers are finding themselves with their mortgages ending but without the money to pay them off.

Downsizing may be a solution. A smaller property may be acceptable, if there is sufficient equity available. Moving home is not always best, though. People have emotional attachment to their homes and moving has associated costs, not just logistics but estate agents' commissions, conveyancers' fees and stamp duty on the new property.

Thankfully the financial services sector has responded and there are now options for over 55s (even over 50s in some cases) to take out mortgages into retirement, even for life. The term is 'later life lending', an unpopular term with the author, who is in that age group and still considers himself youthful.

Later life lending comprises term mortgages, Retirement Interest Only mortgages (RIOs) and lifetime mortgages.

Term mortgages, like traditional mortgages, have a set duration. They can be repayment or interest only, usually the latter. They require affordability, with income throughout the term being considered. For terms extending beyond retirement, pension income is assessed. For joint mortgages, independent affordability must be demonstrated after a certain age, for example the ability to transfer pension benefits to a spouse



after death, or life cover. If the repayment method is interest only there must be a repayment strategy, often downsizing, although sale of holiday homes or investment properties are other possibilities.

Alternatively, an RIO might be the solution. These are interest only mortgages which last until the borrower (or last borrower for joint mortgages) dies or goes into permanent care. They require affordability but need no repayment strategy. Currently up to 70% of the property's value can be borrowed.

Finally, there are lifetime mortgages, otherwise known as equity release. Like RIOs, they last for a lifetime or until going into permanent care. Affordability is not required. Maximum borrowing depends on the younger borrower's age and the value of the property. The older the borrower, the more that can be borrowed, currently to a maximum of 58% of the value of the property. Possible features include rates fixed for life, voluntary payments, guaranteed minimum remaining equity and downsizing protection (escaping early repayment charges on moving, typically after five years). Lifetime mortgages are appropriate if no other option is feasible or desired. Monthly payments are optional – otherwise the interest rolls up and equity decreases. Products with a 'no negative equity' guarantee are recommended.

The mortgage products above can also be used to raise capital on an existing property or purchase a new one.

The later life lending market is complex; the above is a simplified overview. Specialist lenders are usually required and, with many criteria to be considered, care must be taken in selecting a product – the use of a qualified mortgage adviser is highly recommended and sometimes required by the lender.

Talk to me to discuss your options: by email to nigel.urban@financeplanning.co.uk or call me on 07765 465508 (preferred) or our head office number 01444 449200. FCA Registration Number 715721. www.financeplanning.co.uk



Pond Island Discs

By Ayesha Gilani

Pond Island Pet Sounds: the world's greatest dog show starts on the 5th March. Sometimes Lindfield feels a bit like a Crufts commune. You can't swing a cat for the number of pampered pooches bouncing around the village. Time to introduce our canine-loving castaways who refused to be parted from their musical mutts. God only knows what they'd be without them...

Mary Collins and Cromarty
Avalon by Roxy Music

"Cromarty is a bit of a mummy's boy and usually goes everywhere with me. On the odd occasion he is home alone I leave him with Classic FM and of course he loves anything by Bach, but if we are listening together our favourite song is Avalon – Crom is as much a fan of Roxy Music as I am – at least I think he is!"



James Gairdner and Sydney
One by Johnny Cash

"This track reminds me of my life in Sydney, which my Jackawawa Sydney is called after. Back then I had just about as much responsibility as my dog has now. Happy times!!"



Paula Lister and Josie
All of Me by John Legend

"Our cuddly Cavapoo completes our family! I love the relationship she has with our children in particular. It's so special to see. I have always thought a dog's ability to love and be loved is remarkable. Their love is unconditional, which is what this beautiful song is about. I love the line, "Love your perfect imperfections." They never judge, they always trust and their loyalty and affection is second nature. Her enthusiasm for life is infectious too."



Alastair Perdriel-Vaissiere
and Pip

Song for My Father by Horace Silver Quintet

"Fantastic jazz that keeps me going on the long drives to work through France. Pip keeps me company along the way. This piece is one of my father's favourites too. He was French, serendipity..."



Louise Walker, Cassie and Reggie
Gimme Love by The Vines

"This is the first song that popped into my head that reminds me of my dogs! They are crazy, funny and drive me mad at times, but we love them dearly and wouldn't have it any other way. They are a big part of our family and my daughters' best friends #cassie®gie rule!"



Jamie Divall and Bobby
Lebanese Blonde by Thievery Corporation

"Bobby and I chose this song because it's cool and has that sitar guru vibe. You see Bobby is a dog guru. We have fostered dogs for Sussex Small Dog Rescue (big up this amazing organisation) over the past 18 months. Bobby has helped us transform these dogs from terrified wrecks to lovely family pets that have found permanent homes across the county. He does this by being very gentle, tolerant and accepting – giving up his bed, sharing his space and allowing his legs and ears to be chewed! He can teach us all a lot showing this sort of tolerance."





50% OFF NEW CLIENT OFFER

CALL **01444 222 431**
AND QUOTE 'RUSH50'
WHEN BOOKING OVER
THE PHONE

RUSH HAYWARDS HEATH

44 South Road,
Haywards Heath,
West Sussex,
RH16 4LA

Terms & Conditions: 50% OFF New Client Offer is valid until 30.04.20. 50% OFF New Client Offer is valid on any single service. A colour service must be booked with a full-priced cut & blowdry. 50% OFF New Client Offer is NOT VALID on blowdries, Brazilian blowdries, RUSIO & Luxe Blowdry Packages, hair extensions, perming, retail and treatments. Subject to stylist availability. The offer can't be used in conjunction with any other offer. Rush reserves the right to withdraw the offer at any time. No cash alternative available. This offer is valid at Rush Haywards Heath only. This offer can only be booked over the phone, quote RUSH50 respectively when booking. No time restrictions apply.

ENSEMBLE REZA
7.30PM, SATURDAY 28TH MARCH, 2020

Jérôme Ducros
Suite for Sarah: World Premiere
Trio for two cellos and piano

Schumann
Piano Quintet

With pianist
Jérôme Ducros

French Impressions

HOLY TRINITY CHURCH, CUCKFIELD
TICKET PRICES: £20, £15 & £5
AVAILABLE FROM PEPPERBOX, CUCKFIELD & ONLINE
WWW.ENSEMBLEREZA.COM
REGISTERED CHARITY NUMBER 1187008

Haywards Heath Music Society
78th Season. Saturday 21st March
St Wilfrid's Church, Haywards Heath at 7.30pm

CAROLINE TYLER, piano

**With Sarah Dubost, cello
and Andrew Thurgood, violin**

Award winning concert pianist Caroline Tyler, the well known soloist, ensemble member and teacher from Sussex, will perform Chopin's Polonaise Fantasie Op.61, Ravel's Jeux d'Eau and trios by Rachmaninov and Shostakovich.

Tickets: £12 for members; £15 non-members.

Family rate: 2 adults half price with under-18 (£3)

For further information, telephone 01444-456227,
or visit: www.haywardsheathmusicsociety.org.uk



A Royal Occasion

Saturday 28th March 7.30pm
All Saints Lindfield

400 years of music written and performed at
great royal coronations, weddings and funerals.



The London based 'Petros Singers' will be joined by Elin Manahan Thomas (Soprano), David Blackadder (Trumpet) and Luke Bond (Organ), the trio who so memorably performed Handel's 'Eternal Source of Light Divine' at the 2018 wedding of Prince Harry and Meghan Markle. Alongside this work they will perform music by Brahms, Elgar, Parry, Weelkes and John Rutter.

TICKETS

Church Office 01444 482405

Mon-Fri 9am to 5pm | cheques payable to 'Tiger Arts'
or online at royaloccasionlindfield.eventbrite.co.uk



Men: It's good to talk...

March is Prostate Cancer Awareness Month. Organised by Prostate Cancer UK, this special month aims to raise awareness of prostate cancer, as well as raise money so the charity can provide even better support to both sufferers and their families.

Simon Woodhams, part of West Sussex Urology group, is urging men to get to know their prostate. The prostate (found only in men), is located below just the bladder and produces some of the fluid in semen. The prostate fluid protects sperm during intercourse. While the prostate often enlarges as men get older, for many men it doesn't cause any problems.

Sadly 10,000 men die from prostate cancer each year. It is most common in older men with the majority of newly diagnosed men in their 70s to 80s.

The common symptoms of prostatic enlargement are reduced urine flow, increased number of day and night voids, urgency, hesitancy at the start and a persistent dribble towards the end of urine flow.

Simon Woodhams, Consultant Urologist explains: "Not wanting to talk about issues 'down there' is a common problem for lots of men. But it's definitely worth doing so if you are at all worried."

For more information visit www.westsussexurology.co.uk
www.prostatecanceruk.org

HILARY MAY (BA HONS) GARDEN DESIGNER




Design schemes /planting plans
to suit all gardens - large or small




*Bring your garden to life with
colour, form and fragrance*

Tel: 01444 414674
Email: maygardens@icloud.com
www.hilarymaygardens.co.uk




POTS ♦ AND ♦ PITHOI

ESTABLISHED 1985



TRADITIONAL CRAFTSMANSHIP
PRODUCING THE FINEST
CRETAN TERRACOTTA POTS
IN THE WORLD



Come and enjoy brunches, lunches,
tea and cakes at our Coffee Pot Cafe.
Open 7 days a week 9.00am-4.30pm
The Barns, East Street, Turners Hill, West
Sussex RH10 4QA
+44 (0) 1342 714793 info@potsandpithoi.com
www.potsandpithoi.com



**Discounted
Will writing**
1st-30th April
2020

MAKE A *Will* MONTH



We've partnered up with local solicitors to provide you with a free Will writing service this April in return for a donation to **St Peter & St James Hospice**. Book your appointment with one of our participating solicitors now.

Please quote **St Peter & St James** when making your appointment.

Colemans Solicitors

☎ 01444 459555

Haywards Heath

**Adams & Remers
Solicitors**

☎ 01273 480616

Lewes

Rohan Solicitors

☎ 01444 450901

Haywards Heath

Astburys Solicitors

☎ 01273 405900

Lewes

Waugh & Co

☎ 01444 451666

Haywards Heath

Lawson Lewis Blakers

☎ 01273 480234

Lewes

Griffith Smith LLP

☎ 01273 843405

Hassocks

For more information visit www.stpjhospice.org

☎ 01444 470710 ✉ fundraising@stpjhospice.org

f www.facebook.com/StPeterStJames

🐦 @StPeterStJames

Registered charity number: 1056114



St Peter & St James Hospice
Hospice care in the heart of Sussex

The 2020 Swimarathon

This year is Haywards Heath Lions' 37th Swimarathon and the Lions have chosen the Motor Neurone Disease Association as their beneficiary, and specifically the MND West Sussex North branch, which operates in the local area.

The Haywards Heath Lions Club's Swimarathon is an annual charity fundraising event and will be held at the Dolphin Leisure Centre on Good Friday (10th April). Teams of six swimmers are invited to swim in a 55-minute-long relay to raise money for a good cause of their own choice and for the Lions' selected good cause.

Swimarathon teams can be from an organised group or just a group of friends. Previously, teams have included families, schools, guides, brownies, sports clubs, churches, youth clubs, special needs groups, and luncheon clubs.

Swimarathon teams always find the event well organised and enjoyable and this year the response from teams has been phenomenal. So, if you want to enter a team, please do so quickly as the event does fill up very quickly. If you can't swim this year, then why not donate instead?

To enter the Swimarathon, please visit www.hhlionsswim.co.uk and complete the online application form which is now available.



WI 'Show The Love'

By Shirley Spanjar

The Lindfield Evening WI have once again shown their support for www.showthelove.org.uk by hanging their green hearts to create change. They can be seen in the Tollgate Car Park hanging from the WI Silver Birch tree. Public concern about Climate Change is at an all time high and our members have set themselves a green heart resolution. We hope that the sight of them will trigger conversations about climate change and inspire others in Lindfield to act now.

Lindfield Chiropractic Centre



Every organ in your body is connected to your brain.
Your body is a constantly regenerating and self healing masterpiece coordinated through your nervous system.

Make sure your connection is at it's best with Chiropractic.

Jennifer Layton BSc Grad Dip Chiro / Lindsey Wynne MSc Chiropractic
Lindfield Chiropractic Centre, 83 High Street, Lindfield, Sussex RH16 2HN
www.lindfieldchiro.co.uk Telephone **01444 484582**.

Masters & Son^{EST 1854}

Bespoke Pre-planned Funerals



Pre-planning your funeral with Masters & Son can provide peace of mind for you and your family. Let us help you make more informed choices with our specialist knowledge and expertise.

Our pre-paid funeral plans* offer many financial benefits and are truly personalised to your wishes.

Call us today for a no obligation discussion.

*In association with Perfect Choice

Masters House
Lewes Road, Lindfield
West Sussex RH16 2LE

01444 482107
mastersandson.com





nubie 
MODERN DESIGN FOR KIDS
www.nubie.co.uk

We now have a showroom ! Open Mon to Fri 10 to 4pm and Sat 10 to 2 pm

The Granary, Frick Farm, Off Station Road, North Chailey, East Sussex, BN8 4LY- 01825 724160

Are you worried about your family's financial future?

We provide a comprehensive wealth management service, offering specialist face-to-face advice tailored to you. Our services include:

- Investment Planning
- Inheritance Tax Planning
- Retirement Planning
- Mortgages

Your home may be repossessed if you do not keep up repayments on your mortgage.

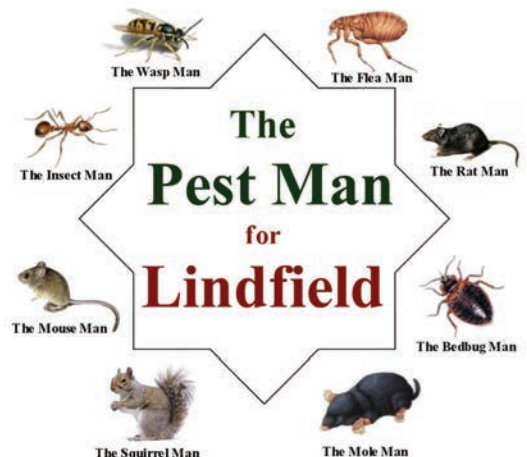
For further details please contact:



Karen Harris Financial Planning

Tel: 01444 244486 | Mob: 07761 182892
Email: k.d.harris@sjpg.co.uk
www.karenharriswm.co.uk

H2SJP33901 12/19



**Qualified, Insured,
over 30 years experience.
Family run business**

**01444 420031
07900980194**

A very full life for David

1934-2019

In November last year, family and friends from around the world gathered at All Saints Church to celebrate the life of former teacher and Lindfield resident David Sutcliffe.



Throughout his 45 year teaching career David helped change the face of education across the world, founding three United World Colleges in Wales, Italy and Bosnia, and launching the International Baccalaureate.

A proficient sailor, he also completed the Observer Single-Handed Trans-Atlantic Race, while reading the Complete Works of Shakespeare and Tolstoy's War and Peace!

We are pleased to bring you his story:



By Claire Cooper

Born in 1934 and son of a Guernsey doctor, David spent the war years in England while Guernsey was under German occupation, although his father remained to provide medical services to the community.

Returning after the war, David had recalled: 'Like many others of my age, I can only be grateful to my parents who allowed me, without reservation, to cycle all over the Island of Guernsey at the age of eleven and twelve with a powerful air rifle strapped to my back, to canoe on the open sea, to climb the cliffs for bird-nesting, to clamber out to rocks at low tide, remain there all day and return in the evening when the tide had again fallen with our catch.'

David left Guernsey to attend Sedbergh, a boarding school in the north of England, and went on to gain a degree in Modern Languages at Cambridge University, where he excelled at rugby.

He then taught for four years at Salem, the school in Baden-Württemberg, Germany, where he met his wife Elisabeth before spending a year at Gordonstoun in Scotland (where former pupils include Prince Charles.)

In 1962, David became a member of the founding staff at Atlantic College where he taught German - but that was only a small part of his life at the College. Under the leadership of headmaster Rear-Admiral Desmond Hoare, the College was actively developing sea-rescue services. David led the Canoe Lifeguard Unit, initially separate from, but working with, the Beach Lifeguards before the two merged into the Surf Lifesaving Unit.

He quickly became a proficient surf canoeist, later

taking over the Inshore Lifeboat Station, was also a housemaster and then Director of Studies, taking part in early discussions about an ambitious new curriculum which later became the International Baccalaureate.

In 1969, David succeeded Desmond Hoare and became Headmaster.

By that time, the College had already gained a reputation for radical pioneering educational initiatives and David's innovations included setting up a summer school for inner city students and the restoration of the Cavalry Barracks which became a centre for the Youth Training Scheme for unemployed young people.

He also developed an Arts Centre for the local community and led a group of staff and students to work throughout the night after the disaster at Aberfan in the Welsh valleys.

David was vigorous in his support of the International Baccalaureate, encouraging teachers to help develop new syllabuses, such as Peace Studies. By 1973 more than half of IB Diploma candidates in the world were from Atlantic College.

David's active support of the IB continued in his later roles during the 1990's as Vice President of the Council of Foundation and Deputy Chair of the Executive Committee.

In 1982 David left Atlantic College to become the founding Rettore (Head) of the United World College (UWC) of the Adriatic in Duino, near Trieste, Italy. He was proud that, during his time, virtually all students were offered places on full scholarships, largely financed by the Italian authorities.

David travelled widely in the Balkans on behalf of the Adriatic College, and the Yugoslav wars of the early 1990's (during which he had been a keen supporter of student work in refugee camps in Slovenia and Croatia) made a big impression on him.

In his 2000 speech in Prague, marking the annual opening of the Adriatic College he said: "It must become our joint task to take international education not to where it can be afforded, but to where it is really and urgently needed."

In 2001, after his retirement, and with support from Pilvi Torsti (now State Secretary in Finland) and Antonin Besse (who had previously bought St. Donat's Castle for Atlantic College and had been instrumental in setting up the Adriatic College) David set about establishing a new kind of UWC in Bosnia & Herzegovina.

His plan was to introduce international quality education to support the educational reform in Bosnia & Herzegovina, which had suffered immensely during the Balkan war of the 1990s, and to set up a major teacher training programme.

Under David's leadership, the UWC in Mostar opened in 2006 - the only school at that time where Bosniaks, Serbs and Croats shared a classroom. It has continued to thrive, with students from each of the three main groups in Bosnia and many international students.

David had a strong sense of adventure. In the early 1970s he bought a Contessa 26 yacht, called Lady Anne of St. Donat's and began taking family, colleagues, and students on increasingly long voyages.

In 1976, he entered the Observer Single-Handed Trans-Atlantic Race.

Despite unusually ferocious weather, leading to two fatalities and 47 yachts out of 125 starters having to be rescued or retire, David crossed the finish line in Newport, Rhode Island, 44 days after setting off - reading all of Shakespeare's plays, Tolstoy's War and Peace, and many more great works along the way!

He also had a subtle sense of humour, and when asked to give a formal speech, he would sometimes begin with: 'The three most difficult things are to climb a fence that is leaning towards you, kiss a girl who is leaning away from you, and say something original about international education'.

David was a family man and devoted husband, married for 58 years to Elisabeth, father to Michael, Veronica and Edward, who sadly died in 1993, and grandfather to Rebecca, Felix, James and Andrew.

He was also a prolific writer and one of his last pieces of writing was a history of Elisabeth's distinguished German family.



After retiring in 2001 as Head of the Adriatic College in Italy, David and Elisabeth decided to retire to Sussex to be near their daughter Veronica and her family who live in Brighton. He and Elisabeth fell in love with Lindfield, particularly its pond and High Street, and they enjoyed walking on the Common and surrounding countryside. He became an Assistant Warden of All Saints Church, loved the village life and the friendly people and was also an avid reader of Lindfield Life. Elisabeth still lives in Lindfield.

Since his death from prostate cancer on 11th November last year, hundreds of former students have joined Facebook pages recording their memories of David, many telling how he changed their lives.

We are grateful to David's family, and to friend and colleague Andrew Maclehose, for allowing us to take extracts from his tribute. To read the full tribute visit: <https://bit.ly/39xNsbF>



HIRE US TO SELL OR RENT YOUR HOME

01444 657 657 | movereolution.com

@move.revolution [f /movere](https://www.facebook.com/movereolution) [t @movereolution](https://www.twitter.com/movereolution)





THREE FANTASTIC OFFERS



Offer 1



Are you over 60 and considering Power of Attorney?

If so, we will provide you with
A registered Lasting Power of Attorney
for Health and Welfare +

A registered Lasting Power of Attorney
for Property and Finance +

A Living Will/Advance directive

All for just **£450** inc v.a.t and all OPG* fees when you
donate **£5** to the Frenchie & Friends Foundation.

*OPG = Office of the Public Guardian



Offer 2



If you have children under the age of 18?

we will write your Will for
£29.99 (inc v.a.t)

when you donate **£5** to the
Frenchie & Friends Foundation.



Offer 3



Prevent your home ending up in the wrong hands with a Property Trust

A correctly set up Property Trust guarantees to prevent:

- Your property having to go through probate
- Generational inheritance tax
- Your children getting nothing if you die and your spouse remarries
- Your home being used to fund your care in the future*

Call us now to find out how easy it is to protect YOUR property

*Remember if you have reason to believe that you may go into care soon or if your sole reason for implementing this package is simply to avoid paying foreseeable care fees and you are not implementing it for any other reasons such as protecting your family against divorce, bankruptcy, marriage after death or generational inheritance tax then you could be accused of deliberate deprivation of assets.



www.thywill.co.uk



01903 649021 • 01273 977385 • 01444 682047 • 01403 458042 • 01323 364029

Where there's a Will there's a Way



Thy Will Be Done is a trading style of Thy Will Be Done (Spain) Ltd
Registered in the UK at 36a Goring Road, Worthing, West Sussex BN12 4AD. Companies House number 10791190

Known for
Service &
Quality

BJN ROOFING

Est. 1962

The Roofing Specialists

Free Estimates
Specialist Service for Older Properties

Get in touch today...

Tel: 01403 255155 or Email: info@bjnroofing.co.uk

Gladstone House, Gladstone Road, Horsham RH12 2NN



**marcus
grimes**
estate agents

01444 451818

www.marcusgrimes.co.uk

Let us take
the lead with your

rental property



GIELGUD ACADEMY OF PERFORMING ARTS



Photo © EG Photography

**Classes held in Lindfield and Haywards Heath
for children age 3-18 years**

ISTD and RAD Ballet, Modern
Tap, Contemporary, Drama
Screen Acting, Musical Theatre
and Jazz Dance for ages 4-18



01444 812111

admin@gielgudacademy.co.uk

www.gielgudacademy.co.uk

Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to photos@lindfieldlife.co.uk - thanks!



Kate and Bob Huxley at Temple of the Tooth, Kandy, Sri Lanka



Adam Moore, Eric Hepburn and Paul Schofield at Le Stade du France

CANVAS PRINTS of your loved ones and pets

A great gift for Valentines Day
Please call for a quote



FROM YOUR LOCAL PRINTER
The Danewood Press Ltd

Tel: 01825 740 302 sales@danewoodpress.com

SJP
Painter & Decorator

25 years experience. Fully Insured. No VAT on labour.

Contact Stuart for a competitive quote:

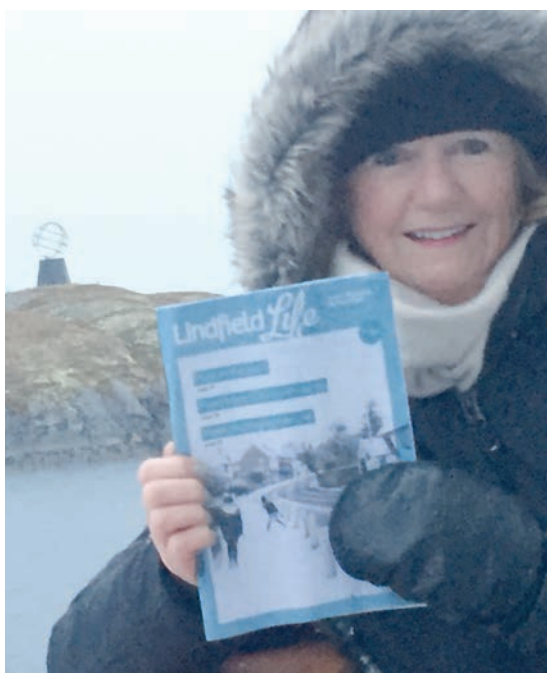
01444 414 878 07759 454 679 stuartpasmore@hotmail.co.uk



Holiday snaps continued...



Ana Wilkinson, Kristell Thornton & Jade Logue on a work trip to Arc 1950 in the French Alps



Irene Burns crossing the arctic circle in Norway

**Book your
next appointment**
Call 01444 484424

DENZILOE
Hair Designers

Meet the team...



Mikey has 15 years salon experience behind him with a true passion for hair colour, he graduated as a Wella Master Colour Expert in 2010. Since then, he has gone on to complete a large portfolio of Wella-accredited courses alongside some of the industry's biggest names and loves a colour corrective challenge! He is the Senior Designer at Denziloe.

I enjoy all aspects of hairdressing, however my true passion lies in the creation of bespoke colour work for my clients; becoming an MCE was the highlight of my career, so far! With the help of continual, advanced training at the Wella World Studio in London and social media, I am able to keep abreast of current trends and developments in the world of technical colour. This ensures I am best positioned to provide outstanding service to each and every one of my clients while keeping creativity at its maximum level.

Mikey is offering £10 OFF cut or colour services to new clients during March - just bring this advert

Offer expires 31/03/2020

77 High Street, Lindfield RH16 2HN



www.denziloe.co.uk

DO SOMETHING ABOUT YOUR RISING ENERGY BILLS **NOW!** IT'S NOT TOO LATE!

Solar and smart battery storage with no cost up front and **CHEAPER** than your energy bills.



**CALL US TODAY:
0800 799 9735**

VISIT: WWW.INFINITY-RENEWABLES.COM

**LET ONE OF OUR FULLY QUALIFIED RENEWABLE ENERGY EXPERTS REVIEW
THE BENEFITS WITH YOU**



FREE

No obligation site
assessment and
consultation



**FREE QUOTES
& FREE SAFETY
CHECKS**

Free Safety Checks
Free Quotes
Circuit Testing and
Certification
Kitchen and Bathroom
Re-Wiring & Alterations
Extra Lights & Sockets
Fuse Board Upgrades
Complete Re-wires
Telephone Systems

TV, Points
Full Entertainment Set-up
Under floor Heating
Security Systems
Extensions
Storage heaters
Immersion Heaters
Fault Finding
Outside Power and
Lighting

t: 01444 462034
m: 07807 355 632
e: chris.walter@cw-electrical.com

NICEIC Registered
Qualified to the latest 17th Edition



Relax

With the promise
that all your holiday
plans are in the safest
possible hands.

Remember how easy it
used to be to go on
holiday? When
someone else took
care of everything?

GEMMA REEVE

Travel Counsellor, based in Lindfield

Call Gemma today: 01444 420 003

gemma.reeve@travelcounsellors.com

www.travelcounsellors.com/gemma.reeve

travel counsellors



With us...it's personal

G&S Roofing Specialists Ltd

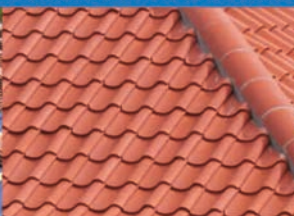
**PROTECTING
YOUR ROOF**

The Confederation of Roofing
Contractors stands for
**INTEGRITY, RELIABILITY &
CUSTOMER PROTECTION.**

All members of the CORC
can offer customers the
benefit of a fully insured 10
and 20 year back up guarantee



Our successful business has expanded into Sussex



**The Next Generation
of Flat Roofing**

**We Specialise in.. New Roofs • Flat Roofs • Tile & Slate Roofs • Re-pointing
Chimney Stacks • Leadwork • Valleys Renewed & Repaired • All Roof Repairs •
New PVC Fascias & Gutters • External Painting • Moss Removal**

Free Estimates No Obligation Pay No Deposit

ALL WORK FULLY GUARANTEED!

OFFICE: 01444 647617 / 01403 560172 **www.gandsroofing.co.uk**
MOBILE: 07425 396324 **EMAIL: gsroofingspecialists@gmail.com**

Rated People 
Trusted Member 

Treat yourself and book
your next spa treatment at
Ockenden Manor in Cuckfield

present
this advert
to receive
10% off



Relax with a deeply indulgent massage, a revitalising facial or full body treatment all in a beautiful setting.

Or simply pop in for a manicure, pedicure or gel nail treatment. Easy parking, friendly service and there's plenty of options for a little after treatment indulgence too....



Book your treatment today, call 01444 449191

Ockenden Manor Spa, Ockenden Lane, Cuckfield, West Sussex, RH17 5LD
spa@ockenden-manor.com | hshotels.co.uk



Part of the Historic
Sussex Hotels group

*This voucher entitles you to a 10% discount off spa treatments. Valid Monday to Thursday from 1st February to 31st May 2020. Excludes key dates and bank holidays, subject to availability and cannot be used in conjunction with any other offer. Please quote '10% off voucher' at the time of booking to enjoy your 10% spa treatment discount.



Lindfield Rural Parish Council Newsletter

MARCH 2020

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: clerk@lindfieldrural-pc.org.uk www.lindfieldrural-pc.org.uk

Chairman's Update

By Trevor Webster, Chairman of Lindfield Rural Parish Council

As newly elected Chairman I would firstly like to pay tribute and to give our grateful thanks to Councillor John Dumbleton who, after 21 years as Chairman, recently decided to step down. To serve as the Chair for that length of time shows great commitment to the local community and we are pleased to say that John will be staying on in his Councillor role.

Along with the Vice Chair Sol Mead, the Clerk to the Council Santi Gil, our Responsible Finance Officer Sarah Anderson and the other Councillors we are taking this opportunity, at the start of a new decade, to review and refresh the workings of the parish council and to modernise how we interact with you the community.

As part of our new business plan we have already launched our Facebook page and we have plans to create a new community friendly parish website that is as interactive as possible.

We are, however, very aware that we cannot complete all that we want to achieve without reaching out to and getting help from the wider community.

We have already started to implement an improvement plan for the Walstead Burial Ground that includes repairs to the old chapel, the better management of trees and the continued identification of historical graves. We are very aware that we are the custodians of an historical location and as such we need to be sensitive to the site when contemplating any work.

In the very near future we will also be looking out for people to contribute with ideas for improvements to Anchor Pond in Scaynes Hill. Our initial view is that this could be improved to make it a more attractive place to visit, again within the boundaries of what is appropriate.

If you would like to know more about these initiatives (and maybe volunteer) or want a copy of our wider business plan please email clerk@lindfieldrural-pc.org.uk or contact us via our Facebook page. If you are a resident, local organisation or business, we very much welcome your views on our plan.

Another important part of the role of the Parish Council, is to reflect and represent your views and this is none more apparent, than by the number of emails we receive concerning the developer's actions at High Beech Lane and the Haywards Golf Club.

Despite seemingly not fully complying with the MSDC conditions before work could start at High Beech Lane, developers appear to be going ahead regardless. At Haywards Heath Golf Club the site was not designated as a site for development by MSDC however a developer has started consultation for 750 new homes on the golf course and I understand that a planning application could be imminent.

I fully appreciate that these are very worrying times for the residents concerned and the impact that it could have on the local area. At the Parish Council we remain committed to lobby and reflect your views when and wherever we can.

Lastly a note for your diary: Our Parish Meeting is to be held on the Monday 27th April at St. Augustine's Church, Scaynes Hill starting at 7.30pm.

It will be a fantastic opportunity for you to come along and meet your local Parish Councillor, to find out what we have planned and maybe for you to get involved?

Your Parish Councillors:

Trevor Webster (chair)	Tel: 482282	Margaret Hersey	Tel: 482270
Sol Mead (vice chair)	Tel: 484981	Keith Martin	Tel: 831893
Brian Bunt	Tel: 484661	(One vacancy)	
John Dumbleton	Tel: 482633	Staff:	
Keith Head	Tel: 483975	Parish Clerk: Santi Gil	Tel: 831499
Chris Hersey	Tel: 482270	Finance Officer: Sarah Anderson	Tel: 831499

Lindfield Rural Parish Council Office is open to the public on Tues 12.30pm to 1.30pm & Thurs 10am to 11am
.....

Clerk's Update

By Santi Gil

A year into my new role and I am still loving it! I have met many more of you now and I am getting known in the area – for all the right reasons, I hope!

We have just started a Facebook page, Lindfield Rural Parish Council (www.facebook.com/LindfieldRural). This will, we hope, allow us to keep in contact with you much more efficiently and faster. I intend to put local information on there for you, get opinions from you and put meeting agendas and minutes there too! I am not the 'Facebook master', so any friendly advice is always appreciated. Please follow the page and add any comments you wish, but remember this is for eyes of all ages – so inappropriate comments will be removed.

The Council has recently voted to purchase three commemorative benches to celebrate the 75th anniversary of Victory in Europe Day (VE Day), the end of WW2. This anniversary has been made an official Bank Holiday and takes place on the Friday 8th May. We are willing to listen to any suggestions on where these could be placed. Please see a photograph of the bench (they are all identical) below.



The defibrillator is now fully operational, this is on the outside wall of the Esso service station in Scaynes Hill and is available 24/7. It is in a large yellow box on the wall by the entrance door to the shop. All instructions are clearly



marked on the unit itself. South East Coast Ambulance Service (SECAmb) have all of the details for this location, including access code. There is another defibrillator located in the Millennium Village Hall, but this is not accessible all the time.

The Chapel at Walstead Burial Ground is in the process of having both porches refurbished, to keep this beautiful building lasting many more years. You can see the photographs overleaf, or on our Facebook page. We are also in the process of replacing a large wooden cross in the Memorial garden at WBG, this was damaged beyond repair in a storm last year.

The Councillors have agreed to fund further Household and Green Waste Freighters this financial year. That is one Household and one Green freighter, on four occasions throughout the year (providing our service provider can meet these provisions). As always, they will be located at the Millennium Hall car park.

Contact us by email: clerk@lindfieldrural-pc.org.uk or call us on 01444 831499.

Sarah and I staff the office Monday to Thursday, but can often be out and about. The office is open to the public on Tuesdays 12.30pm to 1.30pm and Thursdays 10am to 11am. So, it is always best to telephone us before popping in.

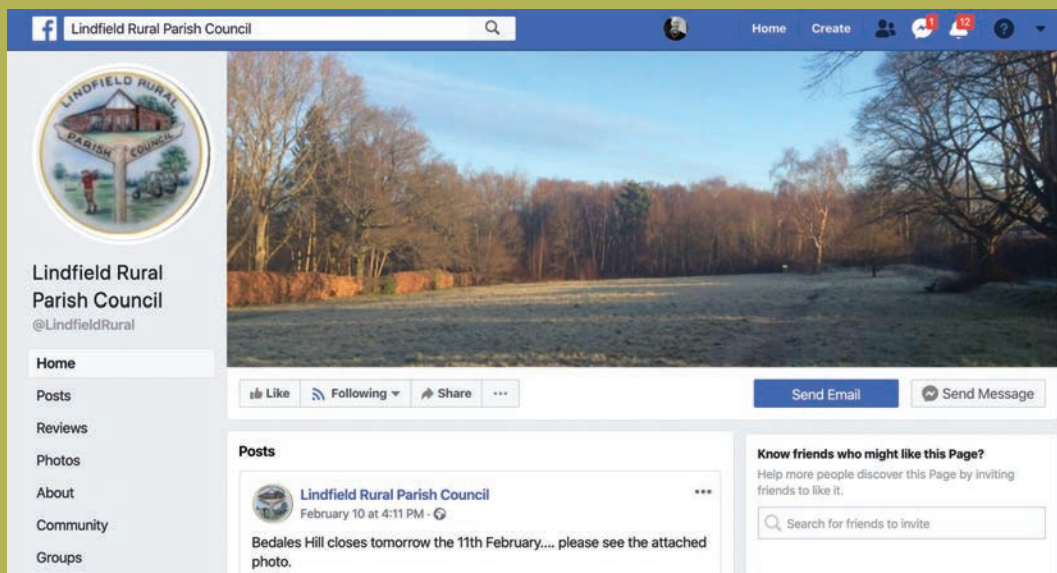
For a visit outside of these hours, please just call us to arrange, we welcome your company!

Walstead Burial Ground – Chapel Porch Repairs



Lindfield Rural Parish Council Newsletter

continued



We now have a Facebook page – please have a look and follow it

www.facebook.com/LindfieldRural/

- Keep up to date with your Community
- View bulletins from the Parish Council (traffic alerts, meetings: dates and agendas, community events etc.)
- Post your views and photos of the area
- Allow us to inform you of what is happening

Council meetings in 2020

Monday 6th April

King Edward Hall, Lindfield

Monday 27th April

Annual Parish Meeting – Meeting of the Electorate
St Augustine's Church, Scaynes Hill

All meetings commence at 7.30pm

RECYCLE THIS...

Colin McFarlin is a Volunteer Waste Prevention Advisor with West Sussex County Council. He went along to meet Carol Comber and find out about her recycling.



So, Carol, how did your recycling journey start?

My recycling story began with a visit from you (Colin) to the Village Sustainability Group that I belong to, back in October 2018. Your enthusiasm set us all on a mission!

I immediately started a bag that would be filled with stretchy plastic to go back to the supermarket, and began collecting any textiles because these can go to the charity shops marked 'rags' for which they get money!

In November 2018, the sustainability group arranged a trip to the black bin recycling plant in Horsham. We all learnt so much about what happens to our black bin contents.

Inspired after a visit to the Ford Recycling Centre in April last year, in July I ran a recycling information stall at a local Flower Show with a quiz and a game of 'Black Bin or Blue?'.

I continue to encourage my family to improve our recycling habits; the cry of 'Can this be recycled?' rings out in our household regularly. We are not perfect, but we have come a long way over the last couple of years and our Blue bin contents far exceed that of our Black bin now.

Our village has a fruit and vegetable sharing scheme where, in the summer, people can place their excess veg etc from their gardens or allotments on our lovely trolley and others can take the produce. All free!! Just a way to help reduce food waste when successful gardeners have produced a bit too much!!!

Congratulations Carol, you are this month's Recycling Champion. Could you be next? Email the editor to get in touch with Colin and tell him your story.



Lucy Locksmith

No Callout Charge
24hr Callout



BRIGHT FM & CHECKATRADE

"Top Trader of the Year"

Award Winner

Rapid Response • Police checked
Free Estimates • No VAT • OAP Discount
Locks Changed & Upgraded (To BS3621)
uPVC Specialist • Window locks • Garage locks
Lock outs, Break ins, all makes of locks.

JUST MOVED? WHO ELSE HAS KEYS?
CHANGE LOCKS FOR PEACE OF MIND?

Always
Checkatrade
Before you use them

07780 840462

STORE THIS NUMBER NOW, YOU MAY NEED IT!
www.lucylocksmith.co.uk lucylocksmith1@gmail.com

SPB Plumbing & Heating Ltd

01444 483511

07798 636887

All plumbing & heating works
Full bathroom design & installation
Over 25 years local service



Vaillant Advance
Boiler
Installer



Grant G-One
Boiler
Installer

spb.plumbing.heating@hotmail.co.uk

74 High Street, Lindfield

Can I help with your legal matters?

**Trust Claire Nash to make sense
of your family's legal needs**

**Caring and
professional
advice
when you need
it the most...**

- Probate
- Wills
- Lasting Powers of Attorney
- Equity release
- Matrimonial

*Claire Nash is a local solicitor
providing expert and friendly
advice to residents of Lindfield
and across West Sussex.*

*Claire will visit you at a time that
suits you: in the office, or at home,
including out of hours.*

Call: 01444 417944

www.clairenashsolicitors.co.uk

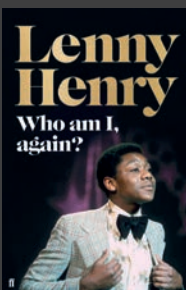
info@clairenashsolicitors.co.uk



**Call Claire today for your free
20 minute phone consultation
on 01444 417944**



Claire Nash Solicitors is the trading name of Claire Nash Solicitors Ltd. Company Number 10958514. Claire Nash Solicitors Ltd is regulated by the SRA in England and Wales (SRA number 643261). VAT Number 285 1524 95. Registered Address: Summer Cottage, Blackness Road, Crowborough TN6 2NA.



Who am I, again? by Lenny Henry

BOOK REVIEW

By Cavan Wood

This is an excellent and thoughtful autobiography. How did a Dudley-born British black man spend so much time with 'The Black and White Minstrels'? Well, with a developing and troubling conscience, it would seem. How did his mother's rum-based Christmas cake get Chris Tarrant into trouble with the police? These two questions are answered by this tale, told with great humour and humility.

This is a book about the journey towards fame, often the most interesting part of a performer's personal story - how did he build his skills, his talents in the difficult environment of 1970s Britain. Henry is self-knowing, witty and has learned from his mistakes. A joy. The addition of some comic strips as well, to highlight some key parts of the story is an original touch!



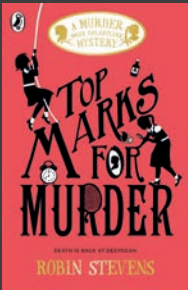
POLISHED
KITCHEN
DESIGNS

✉ 07708 299389 ✉ 07708 299939
info@polishedkitchendesigns.co.uk
www.polishedkitchendesigns.co.uk

LOOKING FOR A NEW KITCHEN?

Our passion and motivation is to design and install your dream kitchen, providing all the experience and inspiration you would get from an independent kitchen design studio without the showroom price tag.

Call us NOW to book your FREE design consultation.



Top Marks For Murder by Robin Stevens

BOOK REVIEW

By Mia Wendt (Year 8)

It's a gripping read! Top Marks for Murder is the eighth book in Robin Stevens' thrilling Murder Most Unladylike series and all I can say is that each book gets better and better. Robin Stevens is the new Agatha Christie and she manages to plant clues and leads everywhere! I would really recommend it to anyone, whether you like a good thriller, an adventure novel, or detective mystery, it's an amazing read and it really is hard to put down.

The book is set at Deepdean Boarding School for Girls, where Daisy and Hazel (and their friends), run a secret detective society. But when Daisy and Hazel return to school after another murder case, they realise that Deepdean is not as they left it. Their home is changing and so are their friends.

But when, on Deepdean's anniversary weekend, a crime is committed they must once again put their society into action. As parents arrive for the celebratory weekend no one is free from suspicion. Students from years ago arrive once more at their used-to-be school and grudges, relationships and secrets are revealing themselves fast. No one is truly innocent and sometimes even detectives get confused. After all, someone's parent has to be guilty, don't they?



Specialist Women's Health Physio available.

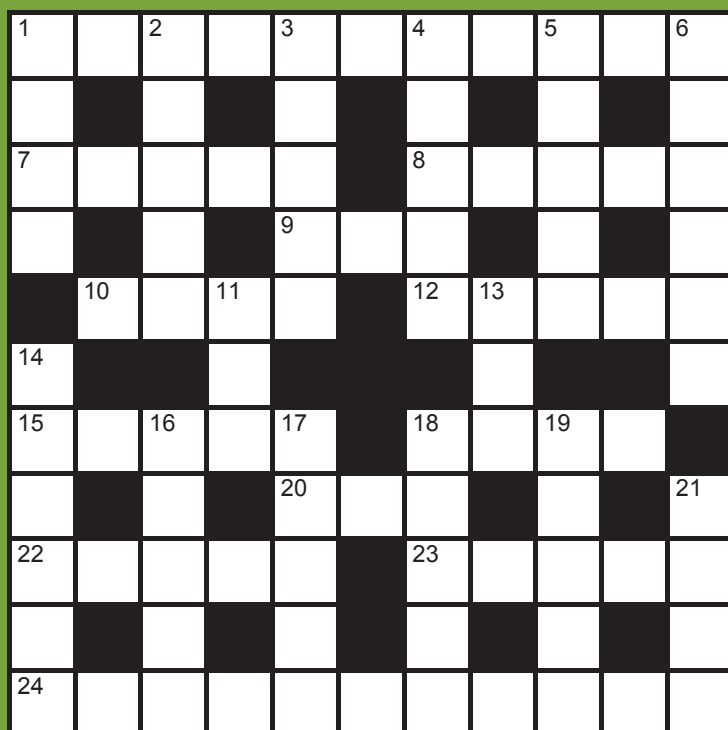
For all stages of life, from pregnancy to menopause:
incl. pelvic pain, postnatal body checks & 3:1 Pilates.

T. 01444 587587 E. lindfield@sixphysio.com

Physiotherapy. Straight up.
Physio, massage, machine-based Pilates, plus a range of specialist services.

SIXPHYSIO
DON'T TREAT. CURE

Family crossword



Got 20 mins spare?
Have a go at this
crossword - which should
be varied enough for all
ages to answer some
clues.
Answers listed on p.78

Across

- 1 Kill (11)
- 7 Russian spacecraft (5)
- 8 Thaw out, perhaps (2-3)
- 9 Biblical high priest (3)
- 10 Oceans (4)
- 12 Mature (5)
- 15 Mother's brother (5)
- 18 Not one (4)
- 20 Supplement (3)
- 22 Crowbar (5)
- 23 Greeting (5)
- 24 Result (11)

Down

- 1 Too (4)
- 2 Genre (5)
- 3 Dimensions (5)
- 4 World's largest democracy (5)
- 5 Farewell (5)
- 6 Builds (6)
- 11 To be unwell (3)
- 13 Pair (3)
- 14 Communal (6)
- 16 Assembly of witches (5)
- 17 Strange and mysterious (5)
- 18 First prime minister of 4 Down (5)

- 19 Thermoplastic yarn (5)
- 21 Ballot choice (4)



SCISSOR SISTERS
INTERIORS

Curtains, Blinds & Soft Furnishings
handmade in the heart of Sussex

Let Scissor Sisters bring our range of fabric books to your home and help you chose the perfect soft furnishings.

Call Melinda on 07816 179172

Find us on facebook
scissorsistersinteriors

melinda@scissorsistersinteriors.co.uk
www.scissorsistersinteriors.co.uk

Sudoku

Find the solution on p.78

	5		6					
			9		3			2
	8				2	1	7	3
					8			
		3		1		9		
6		5					3	4
		1						
				4	7			
		4				7	2	

Courtesy of <http://andrews-sudoku.blogspot.co.uk>



Photography by Jim Stephenson
www.clickclickjim.com

MANDY CUSS
INTERIOR DESIGN

WWW.MANDYCUSS.COM
EMAIL: MANDY@MANDYCUSS.COM
TELEPHONE: +44 (0)7849 141385

CHARACTERFUL. ONE-OF-A-KIND
INTERIORS FOR HOME & BUSINESS



Live your best life at

GRADWELL PARK

Spacious cottages & luxury apartments to buy, rent or rent to buy.

Not only will our village boast stunning properties, we've also put an emphasis on health and wellbeing to enable you to live your best life:

- Gradwell Members Club
- Restaurant & Bar
- Gym & Health & Wellbeing Coach
- Hair Salon

Place yourself perfectly for retirement living, call our friendly team today on **01342 870 871** or email gradwellparksales@retirementvillages.co.uk.

Gradwell Park, Gradwell End, Off Mill Lane, South Chailey, BN8 4PX



www.gradwellpark.co.uk
facebook.com/retirementvillages



Setting Standards for
Retirement Communities



Your dream home



The extension you always dreamed of
Loft conversions
Renovations
Garage conversions
Front porches
Landscaping and patios
A new driveway

**BC Building your
construction specialists**

T: 01444 812840 Email: info@bcbuildings.co.uk
See more projects at: www.bcbuilding.co.uk



Move better. Feel better. Live better.



Contact Mid Sussex Osteopaths today
midsussexosteopaths.co.uk
call 01444 360359



VISIT US AT:

Dolphin Leisure Centre, Pasture Hill Road, Haywards Heath, West Sussex RH16 1LY

| OSTEOPATHY | ACUPUNCTURE | PODIATRY |

What's on

AT KING EDWARD HALL

March

- 8th **A Children's Play** – 2pm
Trunk Theatre perform 'The Great Fire of London', suitable for children 2-8 years old. An exciting journey through the fiery streets of London in 1666! (Tickets: www.trunktheatre.com)
- 10th **Lindfield Preservation Society** – 2.30pm
An illustrated talk on 'Wakehurst: Then and Now' by Paul Reader. A brief look at the early history of Wakehurst, a more detailed look from around 1900 when the garden was developed by Gerald Loder and up to the last private owner and the following relationship between the National Trust and Kew. All welcome, entry free (John Chapman 01444 484470)
- 11th **Lindfield Horticultural Society** – 8pm
Talk Given by Dr Doggett, Worth Estate (£1 Members, £3 Visitors)
- 12th **Lindfield Evening WI** – 7.30pm
Santiago Carvalho: 'Joie de Vivre through Music'. New members welcome
- 14th **Afternoon Tea** – doors 2pm
Sussex A Cappella, a top ladies' chorus, will be performing in four-part unaccompanied harmony followed by afternoon tea organised by Royal British Legion. (Tickets £12, more info: 07771 916 584)
- 14th **2040 Film Screening** – 7.30pm
Free film screening of this inspiring and refreshing look at climate change. (Tickets are free but booking is essential: fairerworldlindfield@gmail.com)
- 16th **KEH Annual General Meeting** – 8pm
(Rupert Ayton 01444 483716)
- 19th **Little Women (U)** – doors 7.30pm
Film showing (Tickets £7 from Tufnells)
- 21st **Photography Exhibition** – 10am-4pm
Fundraising coffee morning and exhibition in aid of the Group B Strep Group
- 24th **Lindfield Flower Club** – 2.30pm
Flower demonstrator Claire Bryant and her talk is entitled 'SPACE ODDITY'
- 28th **Vintage and Antiques Fair** – 10am-2pm
Organised as fundraiser for Lindfield Bonfire Society – Over 20 stalls offering a variety of vintage and antique items including vinyl records, jewellery, books, collectables and more. All day Cafe serving hot bacon rolls, soup and home made cake. (Admission £1, OAPs and under 16s free, Sarah Tampoin-Lacey 01444 487470 or lindfieldbonfiresoc@gmail.com)

Stressed about your Bookkeeping?

- Business Accounts and Taxation
- Self-Assessment
- Bookkeeping and Vat Returns
- Payroll and CIS

Hand it over to a qualified, flexible and experienced extension to your team.

Call now for a FREE initial consultation

NANETTE KILBRYDE MAAT AATOB

E: nanette@hentonsaccounting.co.uk
www.hentonsaccounting.co.uk



aat AAT Licensed Accountant
Nanette Kilbryde is licensed and regulated by AAT under licence number 1001793






T: +44 (0)1444 417478

We CAN clean your oven!



oven
CLEANERS SUSSEX.CO.UK

we bring your oven back to new   

We clean single/double ovens, ranges, Aga's, microwaves, hobs & extractors.

Non-caustic cleaning method means no dangerous chemicals in your home.

Fully insured and highly reputable.

Call Alex on 07768 256747
or visit www.ovencleanerssussex.co.uk

What's on...

ELSEWHERE

March

- 1st **Swing into Spring** – 2.30pm
Wivelsfield Village Hall - Exciting Big Band. Show songs old and new, ballads and swing for charities supported by Cuckfield & Lindfield Rotary (Tickets £12.50 rccl@gmx.com)
- 3rd **Mid Sussex NHS Retirement F'ship** – 10.15am
Franklands Village Hall - Paws and Claws by Lynn Bassett
- 5th **Cuckfield Museum Talk** – 2.30pm
Cuckfield Museum - 'Rev Francis Sewell, Benefactor', a talk by Richard Bryant of the Lindfield History Project Group (Mike Nicholson, 01444 457448 or email events@cuckfieldmuseum.org)
- 5th **Passion for Fashion** – 7.30pm
The Hayloft in The Talbot, Cuckfield - Pre-loved fashion sale in aid of the Rockinghorse Charity (£5 per ticket or on the door)
- 6th **World Day of Prayer Service** – 10.30am
Lindfield URC - Prepared by women of Zimbabwe for all to respond and participate in the call to 'Rise, take up your mat and walk' (Jo Bloxham 01444 483672)
- 7th **Ashdown Forest Ramble** – 10am
Meet at Gills Lap CP (TN7 4EU) - 8.5mile walk by Mid Sussex Ramblers taking in Hartfield, Pooh Bridge. Bring a picnic! (Sue, 07905 225711)
- 7th **Scaynes Hill Ceilidh** – 7.30pm
Millennium Centre, Scaynes Hill - Charity fundraiser. Music by Reel and caller Tony Dunn (tickets £15, including pizza <https://bit.ly/2FI2NJj>)
- 11th **Mid Sussex Franco-British Society** – 8pm
Clair Hall - An illustrated talk in French (£5, Barbara Stevens 01444 452385)
- 11th **Tiger Arts Concert** – 1pm
All Saints Church Lindfield - lunchtime concert by Ivor Humphreys (Flute) & Hilary Needham (Piano), light lunches from 12.15pm
- 13th **Annual Bridge Drive** – 2-5pm
Wivelsfield Village Hall, Eastern Road, Wivelsfield Green - Haywards Heath Friends of St Catherine's Hospice fundraiser. £40 per table, which includes a delicious Afternoon Tea. Free parking. Raffle (To book a table, please contact Gaynor on 01444 440452)
- 14th **Jumble Sale** – 10.30-12pm
Queen's Hall, Cuckfield - Bi-annual fundraising jumble sale for Cuckfield Preschool

- 14th **Repair Cafe Burgess Hill** – 10am-1pm
Salvation Army, BH - monthly opportunity to get broken items fixed while having a cup of tea
- 14th **With A Song In My Hart** – 6-7.30pm
Holy Trinity Church, Hurstpierpoint - Al Leith (vocals) and Marcus Martin (piano), perform Rodgers and Hart songs. Licensed Bar (£5, entry on the door - Tickets Margaret Carey 01273 835113)
- 15th **Jazz Before Lunch** – 11.30am
The Birch Hotel, Haywards Heath - Julie Roberts (vocals), Michael Hinton (piano), Terry Pack (double bass). Jazz and blues (Tickets £7.50 www.WeGotTickets.com)
- 15th **Choral Evensong** – 3pm
All Saints Church, Lindfield
- 16th **Stage Make-up Evening** – 8pm
Evangelical Free Church Hall, Lewes Road, Lindfield - Lindfield Dramatic Club is hosting a free Stage Makeup evening with Penny Blake, everyone welcome
- 18th **The Arts Society Mid Sussex** – 10am
Clair Hall, Haywards Heath - Lecture on Celebrating Raphael's Quincentenary by Joanna Mabbutt (Non-members welcome, £7 on the door)
- 20th **Eat Well for the Planet** – 6.30pm
Adastra Hall, Hassocks - Duncan Williamson, food system and sustainable diet expert, will talk about food, the environment and health (Booking essential: www.hkdtransition.org.uk)
- 20th **Cuckfield NSPCC Quiz** – 7.30pm
Queen's Hall, Cuckfield - Annual quiz, teams of 6. Tickets £12 per person to include a cold platter and delicious home-made puds, available from Hairsmith, Broad Street, Cuckfield opposite the car park. Bar and Raffle.
- 21st **Sussex Chorus** – 7.30pm
King's Church, Burgess Hill RH15 9LR - Bach - St John Passion, Tenor Solo : Simon B (Tickets: www.sussexchorus.org.uk)
- 31st **Pregnancy Loss Support Group- 7.30pm**
Venue TBC - (Details from Angie 07974 729566)

April

- 4th **Scaynes Hill Spring Flower Show** – 2-4pm
Millennium Centre, Scaynes Hill - Includes amazing exhibits, plant sale, the usual raffle and yummy teas served by WI members (Admission 50p/25p)

Painting & Decorating

By David Gasson

All aspects of Painting & Decorating undertaken Interior/Exterior

Quality Workmanship
Experienced, Reliable
and Friendly Service
Fully Insured
Free Estimates

Mob: 07719 358174
Home: 01444 246538
Email: dgasson3@aol.com

Do you want help
with technology?



SUPPORT FOR:

- PCs, laptops, tablets, smartphones
- Software, networks, Microsoft, Apple
- Security, backups, data protection
- The Cloud, connecting all your devices, access from anywhere



ABSOLUTE SOLUTIONS



Call our gobbledegook-averse Richard Long now on
07831 196534 or email richard@absolute-solutions.company

Promote your
business here
every month...

Be in front of thousands of local
readers as they find out more
about their community

Lindfield *Life*

Call Emily today on 01444 884115 or email
your name, address and phone number to
ads@kipperlife.com

PUZZLE ANSWERS

From the puzzle fun on page 72

CROSSWORD:

1	A	S	S	A	S	S	I	N	A	T	E
L	T		I		N	D		R			
7	S	O	Y	U	Z		8	D	E	I	C
	O	L		E	L	I		E		C	
	10	S	E	A	S		12	A	D	U	L
14	P			I				U		S	
15	U	N	C	L	E		18	N	O	N	E
	B		O			20	E	K	E	Y	21
22	L	E	V	E	R		23	H	E	L	L
	I		E		I			R	O		T
24	C	O	N	S	E	Q	U	E	N	C	E

SUDOKU:

3	5	2	6	7	1	4	8	9
1	4	7	9	8	3	6	5	2
9	8	6	4	5	2	1	7	3
4	7	9	3	6	8	2	1	5
8	2	3	5	1	4	9	6	7
6	1	5	7	2	9	8	3	4
7	6	1	2	9	5	3	4	8
2	3	8	1	4	7	5	9	6
5	9	4	8	3	6	7	2	1

Our advertisers

CALL THEM!

Services

Absolute Solutions (IT support)	78
AJ Mullen (builder)	44
BC Building	75
Belle Casa (cleaners)	31
BJN Roofing	57
C&G Plumbers	36
CJ Rumsey Electrical	30
Claire Nash Solicitors	69
CW Electrical	62
Danewood Press	59
Dave G (decorator)	78
Drayton Plumbing & Heating	25
Finance Planning Group	45
Flint & Co (estate agents)	19
G&S Roofing	62
Haywards Heath Auto Centre	23
Heather Martin Garden Design	44
Helme & Hallett (builders)	4
Hentons Accounting	76
Hilary May (garden design)	49
Infinity Renewables	61
Jackson-Stops	2
JMS Interiors (tiling)	44
Jonathan Lea Network (solicitors)	21
Karen Harris Financial Planning	53
Kennedy Landscapes	42
Lindfield Building Company	37
Lindfield Motors	38
Lucy Locksmith	68
Mandy Cuss Interior Design	73
Marcus Grimes (estate agents)	57
Mark Revill & Co (estate agents)	B
Masters & Son (funeral directors)	52
MH Painting & Decorating	25
Move Revolution (estate agents)	55
nicenstripy (gardening services)	3
Norsat (TV, satellite)	30
Odd Job Man	32
Oven Cleaners Sussex	76
Polished Kitchen Designs	70
PRB Accountants	24
Project Sixty One	36
Ready Steady Store	9
Retirement Villages	74
Right Move Contractors	39
Rohan Solicitors	11
Sarah Lacey Dry Cleaning	43
Scissor Sisters Interiors	72

Seymours Solicitors	28
SJP (painter)	59
Sow Sussex Garden Care	35
SPB Plumbing & Heating	68
Steve Farrell Bricklayer	44
St Peter & St James Hospice	50
The Pest Man	53
Thy Will Be Done	56
Travel Counsellors	62
White & Sons (roofing)	6

Retail

Caroline at Home	10
Fine Furnishings	29
Lockdales	15
Nubie	53
Pots and Pithoi	49

Out & About

Ardingly Choral Society	42
Ensemble Reza	47
Haywards Heath Music Society	47
Ockenden Manor	63
Repast (supper club)	22
Tiger Arts	48
Wakehurst Place	8

Education/Childcare

Cumnor House Sussex	33
Gielgud Academy	58
Hurstpierpoint College	14
Lindfield Art Studio	5
Norto5 Kidz (daycare)	3
The Sussex Swim School	17

Health/Lifestyle

Be-Yoga	37
Denziloe (hair salon)	60
Flint Physiotherapy	32
Lindfield Chiropractic Centre	51
Linear Fitness	42
Mid Sussex Osteopaths	75
Performance Project	7
Rush Hair	16, 47
Six Physio	20, 71
Talk for Change	31
The Weightloss Centre	23
Yoga Fusion	34

SELLING THIS SPRING?
LET US HELP YOU!



42 High Street, Lindfield t: 01444 484564
w: markrevill.com e: lindfield@markrevill.com



Mark Revill & Co

YOUR LOCAL **PROPERTY EXPERTS**