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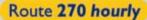
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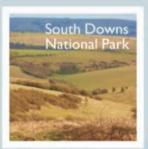
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#### **EDITORIAL**

#### By David Tingley, Editor

This month it's great to have a packed magazine which really shows just how much has been going on in Lindfield recently.

I'm delighted to be able to showcase the excellent work of the **Royal British Legion** on **page 28** – thanks to Jane Harding for putting it together for us. Clearly it's a notable year for many people with the marking of 100 years since the start of WWI (more of that next month) but also the Lindfield Branch of RBL celebrates 90 years since it was formed, which seemed as good a reason as any to shout about the organisation's work.

Many of you will have been involved in some way or other with **Lindfield Arts Festival** last month and we take a couple of pages to showcase a bit of what went on on page 22. A mammoth job; well done to Lorna, Marian and Esther who shared the role of Festival Directors this year. And congratulations to Esther, whose baby Noah was born just days before the event!

**Lindfield Dramatic Club** have a new production coming up and we have a sneak preview from the rehearsal room on page 7.

I'm delighted to be able to show you some photos of the **new buildings at Lindfield Primary School** on **page 21**. Acting Head Marcus Still was kind enough to take me on a tour so that we could show it off on these pages. It looks like it's set to be a great asset to the village both as a school and a venue.

Also new is **Danny Goodall**. He's recently been appointed as the **new Children's & Youth Worker at the United Reformed Church** in the village. We meet him on **page 6**.

And last, but certainly not least, Claire had the pleasure of meeting Lindfield resident **Admiral Peter Dingemans** in order to tell some of his story on **page 12**. We hope you enjoy this insight as much as she did putting it together.

Happy October everyone...

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#### Lindfield Life

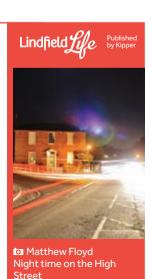
Brooklands Barn, Rocky Lane,
Haywards Heath, RH16 4RR
Telephone 01444 884115
www.lindfieldlife.co.uk
Editor: David Tingley
Assistant: Claire Cooper
<editor@lindfieldlife.co.uk>
Advertising: David Tingley
<ads@lindfieldlife.co.uk>
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October 2014



We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

# Neighbourhood Plan – not everything always goes to plan!

#### By Alan Gomme

I am sorry to report that the 'Health Check' exercise that we asked Mid Sussex District Council to undertake on our Pre-Submission Plan has resulted in them advising us to undertake a wider consultation with the statutory consultees in order to conform with the regulations and to be sure that we reached those consultees who did not reply.

The Steering Group is therefore currently taking further advice on how and when to undertake this additional consultation with those statutory consultees concerned.

# Poppy collectors needed please

#### By Pauline Parkyns

As the new Poppy Appeal season approaches it is fantastic to recognise that we collected £9,000 last year, which is amazing for our village! It would be great if we could raise even more this year but, as we lose many of our elderly collectors each year, this cannot happen unless more people come forward as collectors.

At the moment I need house-to-house collectors for the Langmore Lane area, that is the new build at the top of Gravelye Lane. Also Noahs Ark Lane and East Wick, and Lyoth Lane and the top end of Snowdrop Lane. If anyone lives in or near these areas and would be willing to spend an hour or two as a Poppy Collector I would be most grateful. Please contact me on 482672 or email pauline.parkyns@tiscali.co.uk

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# A sporting future for Lindfield

Some residents may have noticed some strange happenings on Lindfield Common at the beginning of this month. It heralded the start of an exciting project between Lindfield Cricket Club and Lindfield Football Club to extend the pavilion.

Both clubs continue to thrive with an increasing number of new members (boys, girls and senior members) taking part in cricket and football. This has placed an increasing demand on the current pavilion facilities which do not meet today's standards.

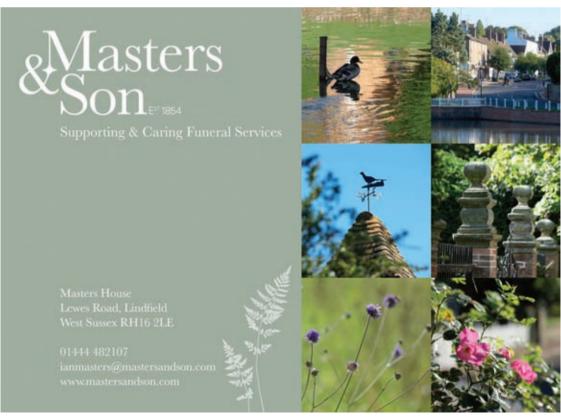
Phase One of the project has been to commence the foundations, with the remaining work being undertaken once the funds have been raised for the construction of the extension.

Members of both clubs have contributed to the initial cost of the foundations, with grant applications being made to part fund the remainder of the project.

If any residents are interested in finding out more or contributing in any way, the Cricket or Football clubs would love to hear from you. Please contact Bob Hopkins on 01273 832970 or Simon Battrum on 07798 636887.

The Cricket and Football Clubs would like to thank their sponsors, MSDC and contributors for their support; in particular Tim Robinson (Doddle), David Grant (Kestrel International), John Box (LFC President), Graham Jauns (LFC Vice President), Simon Battrum (LFC Treasurer) and The Lindfield Cricket Committee.





# New Youth Worker in the village

Lindfield United Reformed Church appointed a new Youth Worker last month. Danny Goodall has recently finished a degree in Theology, where he specialised in Children's & Youth Work. During the course he had a regular work placement at The Community Church, Storrington. He moved here from Worthing and will be joined by his fiancée Ruth, when they get married in April next year.

"I am very excited about the new job and I'm getting stuck into many different areas of the church regarding the Children's & Youth Work," Danny commented.

"My 'normal' week will be split between a range of activities: I will be involved, or have contact with, the parent and toddler group at the church and I will be helping with Boys Brigade that runs on Monday evenings.

"I will also be popping into the local schools to help run Christian Unions and lead a few assemblies. A large focus for me will be the youth already at the church where I will be running the Friday night (Pulse) groups as well as leading the 11-14's group on Sunday mornings."

Danny asks: "If you see me around Lindfield, please do say hello! I am always happy to see a friendly smile!"









# 'Classic sitcom' comedy

Lindfield Dramatic Club has turned to the man who created the television classic Rising Damp for its autumn production this year.

BAFTA-winning Eric Chappell's irreverent comedy 'Wife After Death' previewed only three years ago at Brighton's Theatre Royal and drew enthusiastic responses from audiences and critics alike.

Packed with witty one-liners, 'Wife After Death' has, unsurprisingly, all the hallmarks of a classic British sitcom.

Comedian and national treasure Dave Thursby has died and, on the day of his funeral, friends and colleagues gather to pay their last respects.

Dave's widow has arranged a funeral to remember, complete with horse-drawn hearse but, following a series of revelations, the mourners are left asking themselves if they ever knew the 'real' Dave.

Act 2 opens three weeks later for the disposal of Dave's ashes but, as more truths are revealed, even from beyond the crematorium, Dave seems to be having the last laugh.

The six-strong cast includes newcomers Sarah Baldock and Sally Ross-Clark and the line-up is completed by Jenny Slack, Alex Mowforth, Tim Bishop and Luke Belton. Rex Cooper directs. 'Wife After Death' is on at the King Edward Hall, Lindfield, on Thursday 30th and Friday 31st October and Saturday 1st November, starting at 8pm.

Tickets cost £8 and are available from the beginning of this month from Tufnells Home at 59 High Street, Lindfield.



Pictured (left to right) are: Sally Ross-Clark, Alex Mowforth, Tim Bishop, Jenny Slack and Luke Belton

# Great Taste 2014 reveals new stars and World Coffees is a winner

The world's largest blind-tasted food competition, The Great Taste Awards, has just released the stars of 2014 and Sussex artisan roaster World Coffees is amongst the producers celebrating a coveted gold star. The winning entry – Blend No 99 – was judged by a panel of over 400 of the nation's food experts.

World Coffees, a family run business based in the heart of Lindfield, roasts a range of premium Arabica coffee beans from around the world, supplying discerning wholesale and retail customers.

Jackie McGahan, managing director of World Coffees, commented:

"We are very excited to have been awarded another gold – our sixth Great Taste Award . This is a fantastic acknowledgement of our roasting and blending skills, and confirms what our many satisfied customers already know – that our coffee is among the very best in a highly competitive industry".

# Haywards Heath 3A Jazz Appreciation Group

Lindfield Residents Howard Marchant and Iris Green, joint leaders of Haywards Heath U3A Jazz Appreciation Group, are arranging an Open Meeting on Tuesday 14th October 2014 at 2pm in Clair Hall, when the Hurstpierpoint College Big Band will be playing music from the Swing Era. The 17 piece band will present tunes by Duke Ellington, Benny Goodman, Count Basie and others. Many of the students go on to take degrees at Music Schools around the country before becoming professional musicians. U3A is delighted to give the band the opportunity to play to an audience in a concert setting and as tickets are only £1 this must be the event of the autumn for music lovers of all ages.



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# St Peter & St James in partnership with Local Hospice Lottery

St Peter & St James Hospice has announced an exciting new fundraising initiative for people throughout the towns of Lewes, Burgess Hill, Haywards Heath, Uckfield and surrounding areas, in the form of a new partnership with Local Hospice Lottery.

The weekly lottery, which already works with a number of hospices throughout Great Britain, gives people in the areas where St Peter & St James works the chance to win up to £1,500 each week and to win a roll-over prize that can reach as high as £10,000!

St Peter & St James Hospice's services are provided free of charge to patients and their families. This means the Hospice continues to rely on the generosity of local people to help raise 86% of its annual running costs. The new partnership with Local Hospice Lottery is a new way for the Hospice to help raise these vital funds.

Each chance to take part in the lottery costs just £1 and the draw takes place every Friday, with a top weekly prize of £1,500, a second prize of £400 which, if not won, can roll-over to £10,000, a third prize of £100 and 100 prizes of £10 each.

To join Local Hospice Lottery, please call freephone 0800 316 0645 or you can join online at www.localhospicelottery.org

# Air Ambulance appeals for volunteers

A life-saving charity providing a Helicopter Emergency Medical Service (HEMS) in the south-east is appealing for more volunteers in Kent, Surrey and Sussex.

Volunteers can help by placing and emptying collection boxes, selling merchandise at fundraising events, being store and street collectors, drivers, couriers and office administrators and representing the charity at cheque presentations. They can also help raise awareness of the service as public speakers.

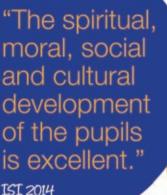
Head of Volunteer Resource Amy Hamer said: "As a charity, we cover a region in excess of 3,500 square miles with a population of 4.5 million people.

"Volunteers are the lifeblood of the organisation and absolutely vital to our operation in terms of raising funds and awareness. They can give as little or as much of their time as they like, and all new recruits will receive an induction and training in each of their chosen roles."

To find out more about becoming a volunteer go to www.kssairambulance.org.uk/involved/volunteering, call Amy Hamer on 01622 833806 or email amyhamer@kssairambulance.org.uk



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#### By Claire Cooper

From swimming with sharks and water ski-ing behind a minesweeper to briefing former Prime Minister Margaret Thatcher and being fired at by Exocet missiles while commanding a ship in the Falklands War, Rear Admiral Peter Dingemans has a fascinating story to tell!

And now, encouraged by his colleagues and family, and despite his own personal battle with Parkinson's Disease, Peter, from Barncroft Drive, has put pen to paper, recording his story for future generations.

His book, My Incredible Journey – from Cadet to Command, tells the story of Peter's life in the Royal Navy, rising from a lowly cadet to becoming an Admiral.

"By covering my personal journey, I hope that it will help society recognise the value of the highly trained personnel and ships that make up the modern navy and illustrate why it is such a great institution in war and peace — as both a deterrent, a reassurance and an ambassador," he says.

Born and brought up in Steyning, Peter was encouraged by his father to take the Civil Service Commission exams which led to a place at the Royal Navy College in Dartmouth.

"I remember opening the door for my interview with father's advice ringing in my ears 'Look ahead and walk forward purposefully and with confidence'," Peter said. "Unfortunately his advice missed out the contingency of a large dog owned by the Admiral stretched across my path. I tripped over it causing it to yelp. As I looked up I noticed the assembled interview board hiding a serious fit of the giggles!"

Despite his mishap, Peter was offered a place. Soon after arrival in Dartmouth, Peter was selected to form part of the street-lining guard for Queen Elizabeth's Coronation Day. "This memorable duty involved learning to stand still for hours on end doing without food and water and learning not to faint. It was worth every excruciating minute!"

After three months at Dartmouth Peter boarded his first ship – the aircraft carrier HMS Triumph. Cadet duties included scrubbing the deck every morning and polishing the brass, all before breakfast.

"My journey as a cadet in the RN was a wonderful learning curve. Being whisked off on a large aircraft carrier at the age of 18 to the sparkling seas of the West Indies was a dream come true for a young man used to the grey drabness of post-war Britain."

In 1954 Peter joined the crew of the Royal Navy Battleship HMS Vanguard before moving on to HMS Superb. Peter and the crew travelled 37,000 miles around the world.

With stops in Jamaica, Bermuda, Trinidad and Haiti, Peter got a taste of glamorous lifestyles and food and drink he had only ever imagined!

Peter also made his first journey to the Falklands where he recalls the "wondrous sight of whales and albatross, and taking on board an unexpected cargo of Emperor penguins bound for a zoo in Miami", unaware that 25 years later he would have very different memories.

After being promoted to Sub-Lieutenant, Peter joined the aircraft carrier HMS Ark Royal looking after 26 midshipmen. "They were a wild marvellous bunch and we are still in contact 50 years later!"

Further promotion quickly followed and, at just 22, Peter became acting First Lieutenant on HMS Woolaston, a brand new minesweeper.

Peter was given his first command in 1966 when he joined HMS Maxton as a Lieutenant Commander. The voyage, which began as a trial run for the ship following repairs, developed into a search for a missing plane.

Using the ship's minehunting sonar, Peter and his crew were able to successfully trace a sunken Buccaneer plane.

After being promoted to Commander, Peter was posted to the Ministry of Defence and spent two years working on the Directorate of Naval Plans. The department was responsible for naval deployments everywhere west of Suez and also in charge of worldwide maritime strategy.

In 1980 Peter was appointed Captain of HMS Intrepid – an assault ship capable of carrying six 30 ton tanks, three helicopters and up to 2,000 people. She also carried four Seacat missiles and two 40mm Bofors guns for defence against air attack.

The ship was used to teach young midshipmen the art of being at sea – from navigation lowering and handling of craft to piping the Admiral on board.

Peter left Intrepid in 1982, taking on a new appointment as Captain of the Royal Naval Presentation team. "My job was to publicise the role of the Royal Navy in modern warfare and emphasise its function as a peacekeeping defence tool rather than an aggressive war tool." However, an urgent phone call from the Ministry of Defence soon sent Peter in another direction.

"I was asked to take command of HMS Intrepid and join the rest of the task force and head for the Falkland Islands."

The navy had managed to return all but two of Peter's original officers and 20 other original crew members brought back from all over the world. "It was essential to have engineers who knew the engines and a ship's company that had a strong group identity," said Peter.

"Little did we realise that over the next five weeks we would play host to 4,750 'visitors', including commandos and Paras, Scots Guards, the SAS and the Gunners. We ferried troops, went minehunting, acted as an Exocet decoy, repaired ships, washed laundry and operated helicopter and landing craft."

Peter's leadership qualities were soon tested when troops from the SAS and SBS were transferred to Intrepid by Sea King helicopter. "I was on the Bridge when we learnt that one of the helicopters had ditched. I experienced a truly stomach-churning feeling of dread and despair when I discovered that the missing helicopter had 29 personnel on board.

"I gave the order to steer toward the position of the crash and pick up the nine survivors."

Just hours later, Peter learnt that negotiations with the Argentinians had broken down and broke the news to the ship's company that they would be going to war.

The Intrepid repeatedly came under attack. Bombs dropped within 100 feet of the ship and a direct hit from a bomb which fortunately failed to explode.

"Despite being ballasted more times in five weeks than a submarine does in a whole commission, we suffered no casualties, no major breakdowns, our weapons worked, 300 landing craft hours and more than 1,000 deck landings, our plans worked and we were never caught out."

In 1982 Peter was awarded the Distinguished Service Order (DSO). "I feel it belongs to all who served aboard Intrepid during the conflict in the South Atlantic," he says.



But the citation recognises Peter's skill and bravery with the words: Captain Dingemans took the closest personal charge of his ship's company, fought his ship magnificently, as well as providing every possible assistance to frigates, aircraft and landing ships. His example, energy and leadership were of the highest order.

On return from the Falklands, Peter left HMS Intrepid and was promoted to the rank of Commadore. "My responsibilities were to plan, direct and exercise NATO and national amphibious operations worldwide. It was a superb opportunity to use the experience learnt on Intrepid in both peacetime and during the conflict."

He was also given his own flag to be flown when he was on board ship.

At the end of 1984 Peter reached the pinnacle of his naval career - he was promoted to Admiral and posted to Gibraltar. Accompanied by his wife, Faith, Peter moved into the official residence – The Mount. The couple were also given an unusual honour - two apes living on the famous Rock were named after them. The birth certificates are framed and on the walls at home!

Peter's final naval appointment was as Chief of Staff to the Commander in Chief Fleet at Northwood, the NATO headquarters. "I spent much of my time in the bowels of the earth receiving communications from all over the world and from every type of ship." He also escorted Prime Minister Margaret Thatcher on a visit to meet NATO staff.

Peter finally retired from the Royal Navy in 1987, working in administration for 10 years and also becoming a strategic advisor to St Dunstan's, a part-time governor of Queen Victoria Hospital in East Grinstead, a Trustee of the Brighton College Scholarship Fund and a member of the council for Sussex University.

He is now fully retired and enjoying both life in Lindfield and the company of his wife, three sons and 10 grandchildren.



When we think of the beautiful gardens of Sussex, our mind probably springs to glorious summer days amid the foliage and blooms, breathing in the wonderful scents of nature. But a well-designed garden provides colour and interest throughout the year, and offers a changing scenery of vibrant colours to cheer the heart and dramatic scents to lift the spirit.

The jewel in the crown of botanic delights has to be the Royal Botanic Gardens, Kew's estate at Wakehurst in Ardingly. Often confused as being a National Trust garden, in fact the Trust has never had a hand in running the 500 acres which houses Kew's Millennium Seed Bank and the internationally famous gardens and woodland. Under its lease, Kew is obliged to admit NT members but a loophole means that none of the members' subscriptions are directed to Kew, which is forced to look elsewhere to meet the running costs and maintain the grounds to the high standards we have come to take for granted. The formal areas are planted to give year-round beauty and interest, while nature adds its own sublime elegance to the woodlands in autumn with a sea of golden, red and yellow leaves, barks, berries and seedpods to amaze the eyes and stimulating scents.

## Winter wonderland

As part of its plan to generate income from visitors, Wakehurst is staging its first Glow Wild lantern festival this winter. Over four nights (Thursday 4th to Sunday 7th December), the landscape will be transformed into an after-dark experience. As twilight falls, the magic in the gardens begins.

Let your lantern lead the way through the new winding and whispering trail of fire, light and incense. The historic gardens and Elizabethan mansion will be brought to life with thousands of lights and handmade lanterns. This glittering night-time trail includes a flotilla of shimmering lights on the mansion pond, a sparkling galaxy of star lanterns hanging high above the water gardens and a myriad of aromatic fire lanterns in the walled garden providing a delicate scent of frankincense and myrrh.

Children will be entertained with a lantern-decorating activity, while the whole family can enjoy festive treats such as mulled wine, home-made hot chocolate and roasted chestnuts, and the choir under Wakehurst's massive Christmas tree. A Giant Redwood outside the mansion is decorated with 1,800 lamps and becomes a beacon for pilots coming into Gatwick.

The Glow Wild evenings are by advance online booking at kew.org/lanterns. Adults: £8; Children (4-16) £4. Family ticket (2 adults, 2 children) £20. Enquiries to 01444 894067.

## Meet Santa in his grotto

Other festive delights at Wakehurst include Father Christmas in his grotto on the Sundays before Christmas (7th,14th, 21st December). Young visitors can say hello and leave a message on the Wishing Tree. And on Sundays 2nd November 2014, 1st February and 1st March 2015, traditional afternoon high tea will be served in the mansion's oak-panelled dining room from £17.50. Enjoy the scrumptious menu in the room used by the last owners, Lord and Lady Price.

Booking essential as places are strictly limited. Call 01444 894040.





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#### By Claire Cooper

A Lindfield police sergeant has swopped his squad car for a bicycle to help raise more than £45,000 for charity.

Keen cyclist, Peter Verney (pictured above, centre), was among 80 police officers from around the country who recently took part in the UK Police Unity Tour, cycling more than 180 miles to raise funds for the Care of Police Survivors (COPS) Charity.

The charity supports over 200 families of officers killed in the line of duty and sadly that number rises every year.

Setting off from the Police Memorial on the Mall in London on one of the hottest days of the year, Peter and the team spent two days cycling to the National Memorial Arboretum in Staffordshire. Each officer rode in memory of a fallen colleague.

Despite getting sunstroke on the first day and soaked on the second, Peter enjoyed the experience so much that he has already signed up to take part in next year's ride!

On arrival in Staffordshire, Peter, who has been a police officer for 21 years and based locally for the past

11 years, was joined by his wife Jackie and children for the charity's annual memorial service.

"After hearing the emotional testimonies and of the amazing work done by the charity in helping families rebuild their lives, I have now signed up to become a fundraising volunteer," said Jackie. "I hope not only to raise valuable funds but also raise the profile of this charity both within Sussex police and the local community."

Founded in March 2003, Care of Police Survivors (known as COPS) is a UK registered charity dedicated to helping the families of police officers who have lost their lives whilst on duty. The charity aims to ensure that survivors have all the help they need to cope with such a tragedy, and that they remain part of the police family as they rebuild their lives.

For more information on the registered charity visit the website: www.ukcops.org  $\begin{tabular}{ll} \hline \end{tabular}$ 

Anyone who would like to support Pete in raising funds on next year's ride can do so on the following page https://www.justgiving.com/Peter-Verney1

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# **Haywards Heath Lions Club**

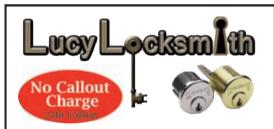
# **Jumble Sale**

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**12pm – 2pm** 

# King Edward Hall, High Street, Lindfield

Jumble Sale is at the King Edward Hall, Lindfield, on Saturday 11th October at midday in aid of Haywards Health Lions Club. There will be lots of good quality bric a brac, clothes, linen, books and toys. Also a tombola and refreshments, which will include home-made cakes. Donations of jumble will be much appreciated on the day at the Hall from 9am or for collection in advance please call 07711 018479.



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The staff and pupils at Lindfield Primary School have spent the last academic year in various stages of disruption as large-scale building work dominated the site. However, the new building is ready and being put to good use as they enrolled 510 pupils last month.

Acting Headteacher Marcus Still is very pleased with the new facilities, which add bespoke, interconnected classrooms for Early Years, a dedicated Sports Hall, state of the art classrooms, a Community Room and a one-way traffic system and enlarged car park. "We are now future-proof. We have a school that we fit into comfortably. For my first assembly of the year it was great to have the whole school together in the new Sports Hall.

"Lindfield School has always been involved in the community and now we can work together even more. Our facilities were used extensively during the recent Lindfield Arts Festival and our Community Room is already being utilised by numerous local groups."

The school is set to add an extra class per year, which will result in a school of 630 pupils in five years' time.



#### By The LAF Directors

The sun shone on an amazing arts festival weekend that saw the whole village celebrating Quintessential Lindfield.

A record number of people visited the arts & crafts fayre which took place in the brand new hall at Lindfield Primary School - now nicknamed 'Mini Tate Modern'!

Every venue was packed and the common had a buzz about it the whole weekend, especially on Saturday night when Toploader had Lindfield rocking! The atmosphere in the village was just wonderful from Friday morning to late Sunday night, where the pubs and the common had fabulous musicians closing the festival.

Esther, Marian and Lorna are proud of how successful the weekend was and are hugely grateful to everyone who made it happen. Esther would personally like to thank her co-directors for taking control of the weekend as her baby, Noah, arrived a week early prior to the festival kicking off!

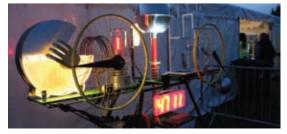
Looking forward to next year, if there are any passionate souls out there wanting to take up the mantle of festival director please contact us on enquiries@lindfieldartsfestival.com

Thank you everyone for supporting this wonderful weekend-here's to Lindfield Arts Festival 2015!



























# Autumn Fair

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Lindfield resident Bleau Shanay Hudson is a Woodland Artist and the Volunteer Coordinator for Standen National Trust. Here she tells Lindfield Life about why Standen is such an exciting place to visit and a great place to volunteer as well as her work as an artist.





#### By Bleau Shanay Hudson

Standen National Trust is nestled in the Sussex countryside near East Grinstead and is a haven for art and garden enthusiasts as well as families or those seeking a place to unwind. Built at the end of the 19th century as the retirement home for the Beale family, Standen is known for its Arts & Crafts collection and William Morris designs. So many visitors, staff and volunteers say it has a lovely family and homely feel. It is an exciting time in the garden for Standen as the Standen Revival project takes place. This is a project which is seeing the restoration of the garden, bringing it back to its heyday of the 1920s.

As a member of staff at Standen, where I work as the Volunteer Coordinator, I can strongly recommend volunteering if you are interested in heritage, historic collections, getting stuck in with gardening or working with the public. We have a variety of volunteer roles available which might suit you. We are currently looking to recruit more volunteers to help us in a number of areas so, if you are interested, get in touch by emailing volunteer4standen@nationaltrust.org.uk or phoning the main office on 01342 323029.

As well as the Volunteer Coordinator at Standen, I

work three days a week in my studio as a woodland artist and am inspired by trees and woodlands in the local area. Since leaving Haywards Heath College I have been painting and promoting my art work for the past eight years, taking part in local exhibitions and festivals as well as displaying in galleries. This October I will be exhibiting my work in the house at Standen and welcome you to come and see. For more information about my work, please visit www.woodland-art.com. My exhibition is open 11am-4pm from 18th October to 2nd November (20th & 21st October open 1.30-4pm only) and is free for NT members and those paying to visit Standen.

It is a great time to come and visit Standen this month, with our Apple Day in the Kitchen Garden on the 11th October our 'Between the Covers' exhibition showcasing Standen's illustrated books, as well as seeing all the autumnal colours in the garden. During half-term on Wednesday 29th October, children can get creative by joining in on my Spooky Woodland Art workshop. Children can create woodland and nature inspired art work with a Halloween feel! Please ring 01342 323029 for details on times and prices for all of Standen's half-term activities.













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# The Lindfield Branch of the Royal British Legion 90th Anniversary

By Jane Harding, Lindfield Branch Chairman

The British Legion was formed in 1921 to provide welfare for veterans and their families and to look after war widows and orphans. In 1971, to mark its 50th anniversary, it was granted Royal Status and became known as The Royal British Legion.

This year we commemorate the centenary of the commencement of The First World War and it is also the 90th year since the formation of the Lindfield Branch.

To mark this centenary we have had four events which all in Lindfield would have recognised 100 years ago:

- A Tea and Concert by The Sussex Harmonisers in King Edward Hall
- A well attended tour of Harveys Brewery
- A Commemorative Service in All Saints Church
- A Fish and Chips Supper & Quiz in King Edward Hall

The work of the RBL continues today with rehabilitation centres such as The Battleback Centre. We have Poppy Homes providing short or long-term nursing and dementia care. There are Poppy Breaks for those who are ill, bereaved or have experienced life changing injuries. We help to find servicemen and women employment and homes for the homeless. We provide mobility aids and adapt homes where necessary.

Members of the RBL help to obtain war and disability pensions and we talk to Governments on behalf of service personnel. We also help with inquests and arrange and attend funerals.

The RBL stands for Remembrance, Rehabilitation and Representation.

The Brighton 'Pop In' Centre is now open at 101/102 Queens Road – Monday to Friday from 10am to 4pm. Space has also been made available to two other charities – Combat Stress and Regular Forces Employment Association. For Welfare needs, the phone number for the National Contact Centre is: 0808 802 8080.

The Lindfield Branch is very grateful for all the support and donations. On your behalf we have recently been able to donate £2,200 to the following:



- £1,000 has been sent to RBL County Office where, in just 3 months, between January and March this year they helped with 685 incidents
- £600 has been sent to the RBL Battleback Centre for Rehabilitation
- £300 has been sent to Mais House, the RBL home for veterans, in Bexhill on Sea
- £300 has been sent to the RBL Research for Blast Injury Studies at Imperial College (this is particularly relevant with the increase in injuries due to Improvised Explosive Devices)

This donation of £2,200 is on top of the money raised in aid of The Poppy Appeal each November.

None of this would be possible without your support and generosity. Thank you.

We are the custodians of Remembrance in Lindfield. We mark Armed Forces Day, Armistice Day and Remembrance Sunday in partnership with our three churches – All Saints, the United Reformed and the Evangelical Free Church.

We warmly welcome new members. If you would like to join us please contact me on 01444 454846 or email me harding\_house@btinternet.com.





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#### By Jacqui Smith, interior designer

Show homes. You design them, you plan the install, you arrange deliveries and fitters but there will inevitably be delays and changes. Thinking it would be any different would be unrealistic. As designers we need to be accommodating and flexible and able to come up with solutions to whatever is thrown at us by the client or the building, even if it's 48 hours before launch.

The install of our most recent show home, in Lindfield, ran relatively smoothly but there are always moments of angst around suppliers letting you down and last minute site changes which you just cannot plan for. The angst for me comes from things turning up on site not quite as you ordered them. Suppliers do make mistakes; it happens and part of our job is to manage these and ensure that the client does not have to be bothered by them. We had commissioned some furniture for the master bedroom. It all looked beautiful, with the exception of one of the handles on one of the drawers which was wildly out of line. How it missed quality control I am not sure but, like I said, these things happen. The supplier was quick to respond and have a new drawer front made with the promise of a Friday delivery in time for the launch on Saturday. The driver turned up to the office rather than site on the Friday afternoon with the replacement drawer front. On being told he was at the wrong location he then (with a, "please, it's Friday and I need to beat the M25 traffic" look on his face) produced the drawer front from his van and proceeded to explain to Katy and I how easy it would be for one of us to swap it over. Another source of angst is the key pieces of furniture. I know that it all fits since I have seen it on plan and specified the correct sizes but no amount of checking and confirming with suppliers can completely negate the human error factor their end. Consequently, low grade anxiety reigns until I see it all in situ. The Lindfield show home scheme features a corner group

sofa and, no matter how many times I checked the handing on the order, I was not content until I saw the piece in place with the correct arm configuration.

The site itself can often make our job harder. When we started the install at Heathwood Park we arrived to a clean and warm house and, for the first time in my entire career as an interior designer, free of trades! The unfitted stair carpet hinted that there might be some upheaval heading our way at some stage but on day one we were left to crack on with unpacking, checking and placing. My lovely Mum, having spent five hours ironing all the bedding and clothes for the wardrobes, arrived to make the beds late morning and by the afternoon the scheme was already taking shape. By day two the reason for the unfitted stair carpet became apparent. There was a squeak on one of the treads, so we had a carpenter ripping out the plasterboard in the cupboard under the stairs whilst the site manager ran up and down them in a quest to locate the squeak.

Last minute client requests are also inevitable. Did we have an oversized goldfish bowl-style vase and some green and white stems in stock which we could bring in the next day to dress the sideboard in the sales office? No, but we can sort it, was my answer but at such short notice it would have to be sourced from the high street. And by high street it ended up being Tottenham Court Road Habitat en route home from a trip to the British Museum with Cameron. Carting what was essentially a fragile 40cm diameter glass ball home from London through the rush hour was not part of my last day of school holidays plan but with all clients I cannot bear the thought of not being able to deliver! By Friday late afternoon we had the precious glass bowl in place, drawer front fixed, squeak and carpet sorted and the show home was ready for launch day. Only then can I really relax.

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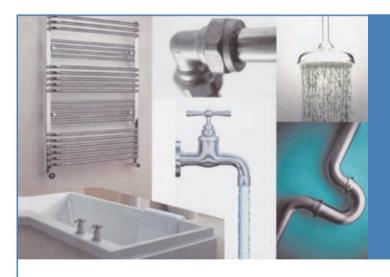
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"Equally important is taking care of our affairs if poor health affects us. A Lasting Power of Attorney helps your family when decisions need to be made."

Sean has a passion to help families to have the tools to ensure what they want is what happens. More details on page 9.





# **Harvest Flower Festival**

At All Saints Church on 4th October from 10am-4pm there will be a Harvest Flower Festival in aid of the ASPIRE bells restoration project. Refreshments will be available and the bell tower will be open for demonstrations – and to have a go yourself!



# Spiced fruit butters

I first tasted fruit butters when working in New York. They are a traditional way of preserving fruits for the winter developed by the Pennsylvanian Dutch. The original Pennsylvania Dutch settlers were not Dutch at all but of German origin who settled on the rich farmlands of Pennsylvania, USA. With a reputation for hard work and plain living they favoured hearty foods and had a reputation for thriftiness. Not a bit of food was wasted and they were prolific jam and preserve makers. Traditional recipes for this butter usually peel and slice the apples. I have compared my version with bought products and think it is just as good – and quicker to make. You could add other fruits such as blackberries to vary the flavour and the colour but then use white not brown sugar and omit the spices. This rich 'butter' is delicious spooned on to a hot muffin or try it in a bread and butter pudding.

Visiting the island of Jersey recently I discovered a speciality of the island, Jersey Black Butter. Similar to the American recipe, the apples are cooked with cider, treacle, lemons, Jersey apple brandy, liquorice root and spices. This gives a very dark smooth result, where the main flavour seems to be from the treacle with slight overtones of liquorice. I am planning to have a go at making some myself this autumn.

Cut 1kg of tart apples into chunks and add 300ml cider, mild cider vinegar or water. Cover and gently cook until completely soft. Push through a fine sieve and measure the pulp. Return the pulp to the pan. For each 300ml of pulp add a pinch of salt, 50g soft brown sugar, 1-2 tsp ground cinnamon, pinch each of ground cloves and allspice, plus the finely grated rind and juice of 1 small unwaxed lemon. Cover and cook over low heat until the sugar has dissolved, then increase the heat and, stirring with a wooden spoon, cook until thick and smooth. When a spoonful holds its shape on a cold plate it is cooked. Pot in sterilized small jars (about 5) and store in the refrigerator.

#### By Caroline Young

This autumn in particular we are lucky to have an abundant harvest of home-grown and free-from-the-hedgerow fruits and vegetables – tomatoes, apples, plums, blackberries, herbs and so on. One of my favourite ways with apples is to cut them in quarters, remove the core and any damaged parts, put them in a pan with a little water, cover and simmer until totally soft. If you have a large enough container the fruit could be cooked in the microwave. You can mix eating and cooking apples together (adding a pink skinned apple will tint the puree pink, as will a handful of blackberries) and any other kind of soft fruit. Allow the cooked mixture to cool slightly then push through a fine sieve. Sweeten as wished. Spoon into freezer bags, flatten and seal to make a slender shape. This will take up far less space in the freezer than plastic boxes. You can thaw the puree in the bag in the microwave.

#### Roast tomato soup

Serves 4 generously

Roasting the tomatoes and the garlic first brings out their natural sweetness. For the richest flavour please use a good chicken stock, preferably one you have made from the carcass of a roast bird. This soup freezes well. Delicious served with some freshly baked cheese scones.

Put 1kg of ripe tomatoes and about 4 garlic cloves (to taste) in a roasting tin and cook on  $150^\circ$  for about 1 hour or until the skins split. Cool slightly then slip off the skins of the garlic and put both tomatoes and garlic into a processor. Bring 1 litre of chicken stock just to the boil in a saucepan. Add a cupful to the processor and buzz until smooth. Push the soup through a sieve into the remaining stock, add seasoning to taste and heat to serving temperature. Delicious as is, top with a spoonful of cream or pesto if wished.

# Gratin of squash and apple

Serves 2

Preheat the oven 200°. Thinly slice a medium-sized onion and gently cook in a little butter until soft but not brown. Halve and peel a small Butternut squash, discarding the seeds and stringy centre. Cut into thin slices. Peel, core and thinly slice 1 large Bramley apple into a bowl. Add 2tbs plain flour and seasoning and toss to coat. Layer the squash and apple in a shallow buttered casserole, spoon the onion on top and pour over 50ml vegetable stock. Cover and bake for 20 min. Meanwhile, combine a generous handful of fresh breadcrumbs and grated Cheddar cheese with a little melted butter. Sprinkle over the onions and continue to cook, uncovered, until soft throughout and golden brown



# Haywards Heath Music Society 73'd Season 2014-2015

NEXT CONCERTS

18th Oct 2014: Eloise Irving (soprano) and Lawrence Olsworth-Peter (tenor)

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8th Nov 2014: Applin-Pratley Piano Duo



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# Keeping the ball low

#### By James Verrall, Head Golf Professional

There will be times when you need to keep the ball low. It could be windy conditions or you could find yourself in the trees needing to keep the ball low to get out; trees are something we have plenty of at Haywards Heath Golf Club.

To hit a low shot you will change your set up and swing, don't think that you have to take a very low lofted club like a 3 iron. This would be particularly tricky if you found thicker grass. A mid iron is usually fine for most situations.

This shot is all about control and not power. For this reason take grip of the club lower down and have your feet near together. This will also help the angle which the club attacks the ball. The ball should be moved slightly back of centre in the stance and place more weight on your front foot. The lower you want the ball to go, the more weight you will need to put on the front foot. Your hands should be more towards your left knee so you can see the shaft leaning forwards.

Because you have moved the ball back in the stance, it means that it's more difficult to turn through the ball properly. This can be overcome by opening the stance when you set up. If you don't do this you risk pushing the shot to the right.

Try not to hit the ball too hard. Hitting it harder is what so many people do when trying to keep it low. This would result in the ball getting more spin and flying higher. You need to try and hold off the follow through, this means that it is much shorter with less wrist action.

Focus on where you want the ball to land when setting up. This is important because you need to try and judge how far the ball will roll when it lands. For this shot the ball normally travels as much on the ground as it has in the air.

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Jenny first established her practice in Brisbane, Australia in 1988, after graduating from Sydney University.

Subsequently Jenny taught chiropractic at Macquarie University for five years.

She has worked with Australian Olympic Athletes and members of the Australian Rugby Team.

Jenny has done postgraduate studies in paediatrics and acupuncture and is passionate about chiropractic and the help it can give to people of all ages.

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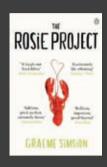


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# The Rosie Project by Graeme Simision

**BOOK REVIEW** 

By Cavan Wood

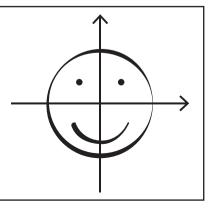
Writing a novel is not easy and making us laugh is even harder. Graeme Simision's debut book is a triumph. A handsome but rather obsessive geneticist called Don Tillman devises a questionnaire which he is sure will help him to select by a proven scientific method an ideal partner. He has never got past a first date with any lady. His 'Wife Project' as he calls it is doomed to failure. The ideal woman does not fall for him. Instead, he finds himself being drawn to Rosie, a PhD student and part time barmaid who should be the worst possible companion. She has a whole load of baggage, which Don thinks he is handling well. This is a great comedy of manners – a seemingly emotionless person who thinks that he is telling the truth and yet is not aware of the carnage this can bring, meets a character who is highly emotional. There are echoes here of the kind of themes you get in Jane Austen. Wouldn't it be fair to say, for example, that Mr Darcy in Pride and Prejudice is a little OCD? The skill of giving us a narrator who thinks he is in control and yet we can see is totally at sea shows the subtle nature of the writing, that we see things as they are without them being laboured. A terrific funny and insightful read into modern courtship!



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# What's on in October

#### AT KING EDWARD HALL

#### 2nd Country Market – 10am to 11.15am (Sheila Hobbs 483396)

- 6th Autumn Club Meeting Social Afternoon (Sally Dew 414456)
- 8th Lindfield Horticultural Society 8pm. Talk by Fergus Garrett, Head Gardener at Great Dixter. Tickets: members £3, visitors £5, all welcome. (01444 482999)
- 9th Country Market 10am to 11.15am
- 11th Haywards Heath Lions Club Jumble Sale (Secretary 0845 8335807)
- 11th Lindfield Horticultural Society Coffee morning and plant sale 10am 12pm. Coffee, plants and tickets on sale for the Christmas Social. All welcome. Entry £1 (www.lindfieldhorts.org.uk)
- 15th Lindfield Preservation Society An illustrated talk 7pm. 'Life above a railway tunnel' by David Porter, talking about living in the old tunnel keeper's cottage in Clayton Tunnel North Portal. All welcome, entry free (John Chapman 484470)
- 16th Country Market 10am to 11.15am
- 16th Film Show Evening The Book Thief (cert 12A) 7.45pm (Tickets - £6 - from Tufnells, High Street)
- 18th Finders Keepers Mobile Dress Agency Preloved Clothing Sale (Sian 412764 or Sue 451420)
- 18th Mid Sussex Conservative Association 10am to 12pm. Meet your local Councillors and discuss local issues (Ginny Heard 452590)
- 18th Adur Concert Band 7.30pm. Last Night of the Proms-style concert in aid of St Peter & St James Hospice. (Tickets £7 from Tufnells, Hospice shop or 07711 422433)
- 23rd Country Market 10am to 11.15am
- 23rd Charity Fashion Show supporting local charities. Free entry (Vanessa Forbes 413251)
- 30th- Lindfield Dramatic Club 'Wife After Death' by 1st Eric Chappell. (Tickets £8 from Tufnells)
- 30th Country Market 10am to 11.15am

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by email on bookings@kingedwardhall.org.uk

#### AND ELSEWHERE

- 4th Harvest Flower Festival at All Saints Church
  10am–4pm in aid of the bells restoration project
- 4th Asher Quinn in Concert Koorana Centre, Ardingly 7.30pm. Guest artist Myristica. Tickets £20
- 8th **Tiger Arts Lunchtime Concert** All Saints Church 1pm. Greg Harper (folk singer/songwriter)
- 8th Autumn Fair in aid of the British Heart
  Foundation, Pierpoint House, 110 High Street,
  Lindfield 10am-12.30pm. Coffee and homemade cakes, gift stalls and Christmas cards
- 8th Mid-Sussex Franco-British Society meeting in the Function Suite, Clair Hall - 8–10 pm. All welcome, £4 for visitors (Barbara Stevens 452385)
- 9th The National Trust Mid Sussex Association
  Winter lecture Clair Hall 7.30pm. '1st World
  War the lost Generation' by Michael Gilbert
  (membership enquiries 01444 455803)
- 10th The Donuts playing at The Ravenswood Inn (tickets (£18) from Norma on 07971 494959)
- 11th ROC on Saturday Lindfield URC Lounge 3-4.30pm. Over 55s fortnightly event
- 11th 'Step Back in Time' Concert at All Saints Church 7pm. In aid of Bells Restoration Project. £10 tickets include Fish 'n' Chips supper in The Tiger (Valerie Upton 482866)
- 14th Haywards Heath and District U3A Clair Hall, HH - 2pm - Hurstpierpoint College Big Band. Entrance £1 includes refreshments
- 15th Mid-Sussex Decorative and Fine Arts Society
  Clair Hall, HH. 10.15am for 10.45am. 'Handel in
  London' by Sarah Lenton
  (www.mid-sussexdfas.org.uk)
- 22nd The Weald Of Sussex Annual Art Exhibition -
- -25th The Martlets Hall, Burgess Hill 10am–5pm Wed, Thurs, Fri; 10am–3.45pm Sat. Admission Free
- 23rd The National Trust Mid Sussex Association
  Winter Lecture Clair Hall 2.30pm. 'Literary
  Landscapes of Sussex' by Geoffrey Mead.
  (Membership enquiries 01444 455803)
- 25th Weald Crafts at Ardingly College 10am 4pm
   -26th Demonstrations and sales of craft products made by people living and working in the Weald.
- Free (www.wealdcrafts.co.uk 01825 767476)

  25th ROC on Saturday Lindfield URC Lounge
- 3–4.30pm. Over 55s fortnightly event
- 26th Mists of Mellow Fruitfulness early opening &30th and breakfast at Wakehurst Place

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