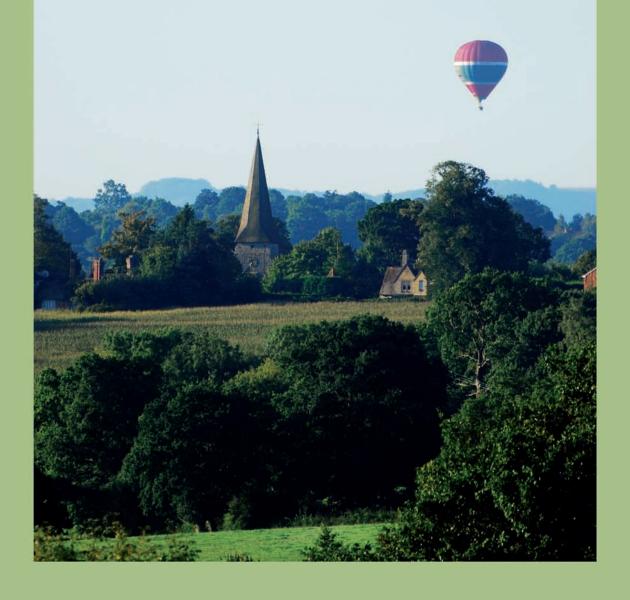


Local village talk, by the village

July 2010 Issue #16



A Walk on the Ocean Floor p.18 High Street remembered p.20 Parish Council newsletter p.30





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Paul Dudman. All Saints Church from a different angle.

Got a great cover picture? See website for details: www.lindfieldlife.co.uk

WE REALLY ARE now truly half way through 2010. The 1st July is the 182nd day of the year in the Gregorian calendar, leaving 183 days until 2011. The first half of the year has certainly been a busy one here in Lindfield, with May and June seeing the climax of a lot of hard work for the organisers of our first Arts Festival, the Village Run and Village Day. Being a part of events such as these, whether as a volunteer, supporter or participant, is a fantastic way to get involved in village life. Inside you'll find some highlights of all these events.

I've been out and about a lot this month too, meeting some fascinating people and discovering parts of Lindfield that I didn't know existed. I even had my first experience of worm-charming but you'll have to wait until next month to find out more about that!

The second in our travel series heads south to the Mediterranean, where we meet up with our expert guides who tell us why Cyprus is the place to go. We welcome new writer, Jamie Stratton to the team this month. Jamie has been to meet local singer-songwriter Anna Taylor and tells us her story in 'Village People'.

Gabrielle Hall, who has been researching and writing our 'Open for Business' feature each month, has decided that it is time to hand over the reins. Gabrielle has done a superb job for over a year and I for one have learned much about the people behind some of our local businesses. I'd like to thank her for the contribution that she has made to Lindfield Life – both the magazine and all her service to the community in which we live and work. We're working on filling the gap - so watch this space!

I've also dipped my toes in the waters of technology so now you can follow us on Twitter and Facebook – a great way to keep even more up-to-date with Lindfield Life! (twitter.com/@LindfieldLife, search for 'Lindfield Life' on Facebook)

Emma Tingley, Editor

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NEWS

We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Summer Show of Flowers and Produce

THE SUMMER SHOW will take place in the King Edward Hall on Saturday 10 July. This is always a blaze of colour with roses and other summer blooms at their best. Plus all the usual vegetable, flower arranging, cookery, handicrafts and children's classes. The afternoon can be rounded off with tea and homemade cakes - and perhaps a purchase from the plant stall. For enquiries re entries please phone the Show Secretary on 483236. Show open 2.00pm - 4.45pm. Admission 50p, children free. www.lindfieldhorts.org.uk

'Keep it Up for Soccer Aid'

BLACKTHORNS PRIMARY SCHOOL in Lindfield has raised over £250 for 'Keep it Up for Soccer Aid', a fundraising initiative which has swept the nation in the run up to Soccer Aid on ITV on 6 June 2010.



Soccer Aid began in 2006 as the brainwave of UNICEF Ambassador Robbie Williams and all funds raised go to support UNICEF's crucial work with children worldwide. UNICEF works with the most vulnerable children around the world to deliver health care, nutrition, education and protection to help children survive and thrive.

'Silver Tops' celebrate their silver anniversary

THE HAYWARDS HEATH PROBUS club members and their guests recently celebrated their 25 years of existence with a lunch held at the East Sussex National Golf Club.

Following an excellent lunch the President, Mike Sharman, made a presentation of life membership to Charles Jessup, the one remaining founder member. The club were then entertained with a talk by Robert Young, a local film maker and script writer, about his early years in acting and time when he shared accommodation with such well known actors as Richard Harris.

The club meets regularly on the second Wednesday of each month at the Lindfield Golf Club for a social gettogether and lunch, usually followed by a talk of interest, and recently they have had a presentation on Ditchling Museum and in July will able to hear Mike Scholes, a Lindfield blind resident who experienced a walk to the North Pole. Over the years members have been able to participate in organised visits not only in the UK but also on the continent, including WW1 battlefield and French Canals.

The club, which has 50 members, is now one of 5 clubs in the local area and provides social contact for retired PROfessional & BUSiness people. Most clubs have membership of about 50 but recently retired people who are interested in joining are welcome to visit and should contact Angus Robson (Tel: 01444 482580) with membership enquiries.



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ARE YOU LOOKING to develop a community project but don't know where to seek grants or where to get advice? Then look no further. Small grants are available, from £500 to £2000 (up to 50% support of total costs) to help support a wide range of activities which further the understanding of the High Weald landscape.

There are a wide range of projects which the grant may be able to support such as:

Managing local common land, archaeological surveys and routeway studies

Training groups on woodland management, local craft skills, restoration or conservation of land

Supporting a community area such as a traditional orchard or ancient woodland

History of your local landscape

Supporting volunteer groups by purchasing vital equipment

The High Weald Area of Outstanding Natural Beauty (AONB) is one of England's finest landscapes. It is a historic countryside of rolling hills draped by small, irregular fields, abundant woods and hedges, scattered farmsteads and sunken lanes. It covers parts of 4 counties – East Sussex, West Sussex, Kent and Surrey – in the rural heart of South East England.

It was designated an AONB by the Government in 1983 to conserve and enhance its natural beauty.



If you have a project or would like further information or advice, please contact High Weald AONB Unit, Samantha Nicholas on tel: 01580 879500 or email: s.nicholas@highweald.org

Tiger Trail

TIGER CUBS PRE-SCHOOL are organising a treasure hunt around the village on Sunday 18th July from 3 - 5pm. The trail starts from the Tiger Hall at the top of the High Street and will follow a series of clues, designed for children to enjoy, ending back at Tiger Hall where treasure can be collected! Cost £5.00 per family, just turn up and pay on the day.

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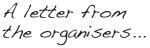
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A Day at Lindfield Arts Festival

THE LAST FEW MONTHS have seen Lindfield alive and buzzing with activity. The first Lindfield Arts Festival took place on 15th May with multiple venues displaying a range of artwork and hosting workshops. There was so much going on it was impossible to cover it all, but here, either as a reminder of the day, or to whet your appetite for next year, are some of the highlights.





We would like to thank the village of Lindfield for the support given to the first Lindfield Arts Festival. We have received many letters, calls and emails of thanks and are delighted that so many people from the area enjoyed the festival.

The festival was always meant to be a celebration of our beautiful village, its creativity, businesses, organisations and community. With your support it was a great day in the village, the first of many we hope. The event also raised over £3000 for Chestnut Tree House - the only children's hospice in Sussex.

We would also like to thank the many sponsors, organisations, volunteers, friends and families that helped to make the day possible, there are too many to mention but you know who you are. Without you the festival would not have been possible.

Finally, if you would like to be part of next year's festival please find us online at www.lindfieldartsfestival.com

With thanks

Claire Fuller and Leesa Lemay

Festival Organisers







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Village Run and Village Day

RECORD NUMBERS of runners turned out to join in the annual Village Run at the end of May in support of the King Edward Hall. The rain held off and Hickman's Lane playing field was filled with runners and their supporters. The start of the 3.5km 'fun run' had to be delayed due to the extraordinary number of runners registering on the morning (and then queuing for the loo before the start whistle blew!). Many of the participants are now regulars at the Run and they come from far and wide to have a go at this traditional and well-known crosscountry route. This year seven year old Rosie Kingdom and her mum Herta ran it for the first time. "My husband Robert is a keen runner and has taken part in the 10km run several times. Seeing him inspired Rosie to have a go and she persuaded me to run it with her. It was great fun but lots of hills!" said Herta at the finishing line.

LINDFIELD FUN RUN

482

Lindfield Elle

The other major event in aid of the village hall is of course Village Day, which was held at the beginning of June. The crowds turned out in their hundreds to enjoy all the Common had to offer. Stalls lined the sides, with two arenas hosting the entertainment for the day. The King Edward Hall raffle had over 50 great prizes, including the top prize of £150. The trustees & managers of the Hall would like to express their thanks to everyone who donated a prize and for all those who worked so hard to make this year's event such a huge success.

The Scouts raised £1,218 in their raffle, plus donations of £183, to help rebuild 1st Lindfield Scout hut. They



Scouts Lucy & Jack Hagger and Ben & Sam Parker with winner, Mrs Bulley.

are giving 10% of the raffle takings to St Dunstan's, in appreciation of Mike Scholes' efforts to raise money for the same charity. The first prize of £250 cash went

to Mr & Mrs Bulley of Lindfield. In the 1990's their 2 sons were both scouts and as parents they both helped out as leaders so that their children could enjoy the scouting experience. They have kindly donated back £50 to help rebuild the scout hut. The second prize of £150 sailing course voucher from the Ardingly Activity Centre went to Mrs Davies of Eastbourne, who is going to give the prize to her grandchildren who live in Haywards Heath. The third prize of £100 Vodaphone Touch Screen Mobile Phone went to Mrs Moon of Lindfield. The fourth prize of £100 Millets/Blacks Gift Card went to Mr and Mrs Howell of Ardingly, whose grandsons want to buy camping equipment.

"We'd like to thank the 3 companies for donating the gifts above and the parents who donated another 11 prizes. Also thank you to Gabrielle Hall of Heart and Soul Gifts Shop Lindfield for collecting the raffle ticket stubs and money."

Nick Hagger, 1st Lindfield Scouts

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July 2010

Simply Food...

By Caroline Young

BRING TO MIND a roast beef sandwich made for an earl in a gambling house, elegant cress sandwiches in the Café Royal, the builders of the far-flung British Empire eating al fresco, Victorians lunching in cemeteries, Ratty coping with his wicker lunch basket in 'Wind in the Willows', a smoked salmon sandwich at Ascot or strawberries and cream at Wimbledon. What do they all have in common?

The answer, of course, is that they all come under the heading of that great British tradition - The Picnic. Rain or shine, we are well-known for our eagerness to pack up a collection of portable foods and eat them in the fresh air. Though we may have tempered our enthusiasm for the elaborate concoctions pictured by Mrs Beeton in Edwardian times, most picnics today are far more inventive than a squashed cheese and tomato sandwich.

Next time you feel the urge to get out the picnic basket or today's equivalent, the cool box, or just eat in the garden, try these ideas. They will happily travel several milesor just a few feet.

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Chicken with Curried Mango Mayonnaise

Serves 2

Spoon 3tbs mayonnaise, 3tbsp natural yogurt and 2-3tsp curry paste into a bowl and whisk until combined. Stir in 2-3ths finely chopped mango chutney and seasoning to taste.

Cut 300g cooked chicken into bite-sized pieces and gently stir into the dressing. Cover and refrigerate.

To serve: arrange lettuce leaves on individual plates, top with the chicken and sprinkle with roughly chopped dry-roasted peanuts.

Couscous Salad

Cook 150g couscous to packet directions. Spoon 2tbs white wine vinegar, 1tbs clear honey, 2tsp coarse grain mustard, a crushed garlic clove (optional) and 50ml olive oil into a salad bowl with a generous seasoning of salt and pepper. Add the still warm couscous to the dressing, stirring gently until combined. Add some or all of the following to the bowl - a few chopped sundried tomatoes (in oil, drained), a handful of thawed frozen peas and/or corn, diced red or yellow pepper. Add a generous amount of finely chopped spring onions and/ or chives and stir in. Leave to cool to room



No picnic is complete without something chocolatey! Carry these delicious fruity bars in the baking tin to cut when required.

Apricot Chocolate Chip Bars

Preheat the oven 190°. Base line a 23cm square baking tin. Sieve 150g plain flour and ½tsp bicarbonate of soda into a bowl. Stir in 75g porridge oats. Beat together 140g soft brown sugar with 75g butter until smooth. Stir in the flour mixture (will be crumbly). Spoon one-quarter of the mixture into another bowl and stir in 100g chocolate chunks. Press the remaining flour mixture into the tin and cover generously with apricot jam. Spoon the chocolate mixture over the top. Bake for 30min or until crisp and golden brown. Cool completely in the tin before cutting into bars.

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Village people





By Jamie Stratton

GRACING THE STAGE in this month's Village People is a talented young lady who is proof to us all that if you have a dream it may just become a reality. Anna Taylor is a singer-songwriter from Lindfield, whose story is moving and uplifting to say the least.

Anna was born with cerebral palsy. She moved to Lindfield in 2002 where she lives with her mother, though Anna has dreams that will take her far from Lindfield.

"I have never been a natural performer. I was not one of those children who was always performing and longed for fame and fortune. I used to sing as a child and found great comfort singing with my school choir - it gave me confidence." Anna speaks with such charisma and confidence that it is hard to believe the challenges she has faced. With her infectious laugh and warm personality it is easy to understand why so many people have supported this inspiring young lady.

At just 14, Anna underwent surgery to help her condition. Much to her dismay this meant that she was unable to continue singing in the school choir. It was not until many years later, at the age of 21, when she

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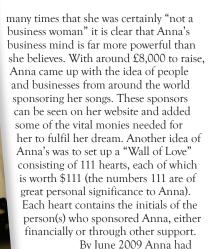
started working with a musical friend that Anna began to regain her confidence and her passion was born once again. In 2003, while taking the Angel Therapy Practitioner® course, Anna sang 'a cappella' in front of 150 people, to say thank you to her teacher Doreen Virtue. As is the way with music nowadays. this performance video was uploaded on to YouTube and received around 20,000 hits. It was then Anna realised that maybe "this is something I can share with

"My friends gave me the confidence to sing, so I

started writing my own lyrics, drawing from my own life experiences". Anna used to enjoy writing poems when she was younger and was excited to mix her love of music with her passion for writing. "I am a big believer in being in the right place at the right time" and it seems she was just that in 2007 when she went to California for another workshop. A mutual friend put Anna in touch with established songwriter and producer Robert Berry - based in San Jose, California. It took Anna 6 months to pluck up the courage to contact Robert but she says she "had no other options and nothing to lose". "I knew from the moment I got the email reply from Robert that he was the right person for me to work with. I felt at ease with him as he was open, friendly and trustworthy." From the birth of this relationship the pair spent many months writing songs with email their only way of communication. This unconventional method of song writing worked because the pair had a common interest and passion for creating music that was truthful and real. "I would send him my lyrics and he would email back demos of the songs with just a piano or guitar track. He did the majority of the music writing and I did the majority of the lyrics."

In June 2008, in the middle of the song writing experience, Anna had to go into hospital where for some days she lost a lot of the feeling in her legs. It was then she wrote the lyrics to the song If You Could. "That was the only positive experience that came out of my time in hospital" Anna states through her beaming smile. "The music was a focal point for me and gave me something to look forward to."

During the song writing process Anna was well aware of the expense of recording an album. Though she stated



only received half the money she needed in order to complete the album. "It was at this point that I felt I may just travel to California and record half the songs." But with support from around the world, Anna finally received enough money to record and produce the whole album. "It was a team effort and I feel very, very lucky to have had so much support and I want to share the album with the people who have helped me so much." The wall of love is proudly shown on Anna's website and in the credits of the CD.

In August 2009, the songs had been written and Anna set off to California to record her album in the studio with the man whom she had never met and had only spoken to on the phone twice. "It was surreal meeting Robert for the first time. I felt as though I had known him for a lifetime but had never met him. I felt like I was catching up on a lifetime's experience." She spent ten days in the studio and "absolutely loved the experience which I will never forget." She had the opportunity not only to sing in a professional environment but also to experience the whole process of making the music and to have an input into the mixing and production of her music.

The album was officially released on Valentine's Day 2010 and, at the time of going to press, has sold around 250 copies on CD as well as MP3 downloads on iTunes and

Amazon. Anna takes great inspiration from the likes of James Taylor and Eva Cassidy. The music is thoroughly enjoyable easy listening and tells a truthful story about a life which many commercial pop stars could not write about

So, what is next for Anna Taylor? She is keen to gain more live experience and recently performed at the first ever Lindfield Arts Festival in the King Edward Hall, her first public performance since making the album. She says she "never wanted to be famous" but is keen to reach a wider audience and share her story and hopefully inspire other people to "follow their dreams" and to continue doing what she loves. She is keen to work in local schools and give children the opportunity to grow in confidence as she has

Anna's album Already Here is available to buy from her website: www.annataylormusic. com or iTunes, Amazon, and Heart & Soul in Lindfield High Street



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Burgess Hill Bike Ride celebrates!

THE 18TH Burgess Hill Bike Ride took place on Sunday 6th June with the highest ever number of riders taking part.

900 riders cycled through the beautiful Sussex countryside, blessed once again with superb weather.

Pictured are the throng of cyclists just before the ride started, most of them wearing the t-shirts sponsored once again by Modelzone.

The ride stopped at St Peter & St James Hospice where participants enjoyed eating bananas, drinking tea, coffee and soft drinks whilst taking a breather from their exertions!

Steve Cronin, Chairman of the Burgess Hill Bike Ride, said "Thank you to all our sponsors for their generosity, to Burgess Hill, Haywards Heath and District Round Table, Burgess Hill District Lions' Club and the army of helpers without whom the ride could not take place. Mostly, we must say a HUGE thank you to all our riders who make it such a special day."

From the pledges received on the day, it is hoped that the ride will once again raise over £20,000 with 50% of monies raised going to St Peter & St James Hospice.

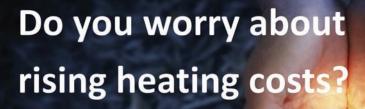






Next year the ride will take place on Sunday June 5th and we look forward to seeing all our cyclists once again for what is now a major annual event in the calendar.

Please don't forget to send in any sponsorship raised as soon as possible. More details of this year's ride together with pictures, will be posted on the website: www.burgesshillbikeride.co.uk.



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home front

By Jacqui Smith, interior designer

Table Talk

VILLAGE DAY in the sun – wasn't it great?! Long summer days when the afternoon melts into the soft evening light and it's warm enough to enjoy dinner outdoors. Whilst summer dining tends to be a more casual affair, there might be those special occasions when a little summer table décor is called for.

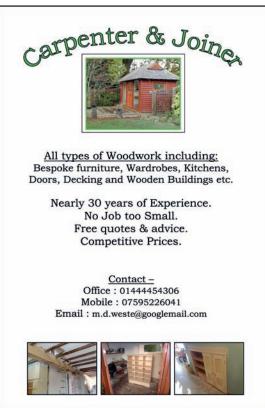
For maximum impact keep additional colours to two. Plain china gives you masses of freedom and enables you to accent with flowers and candles in any shade. Patterned china provides you with a great starting point from which to plan your scheme, picking out a particular colour for your accessories. The seasons will naturally play a role in your chosen scheme. The first scent of summer can be simply conjured up with a white table cloth, an uncomplicated vase of lilac and matching tea light candles. The late summer months bring with them the richer tones of oranges, reds and browns, where table settings can take on a less delicate and more robust mood.

So much of your table dressing can come from the garden. Even the smallest flowers can add life to a place setting, tied around a napkin with either the stem or some fine green ribbon. A simple posy can be transformed by binding together the stems of the flowers with ribbon. Simply place the posy in a tall slim vase, letting the ribbon swirl around in the water. Try standing three identically filled vases in a row down the centre of the table rather than having one central arrangement. Small bunches of lavender, again tied with ribbon or strips of fabric also work well. Herbs such as rosemary and sage when flowering provide not only the colour but the subtle scent to a table scheme. Trailing ivy is an old favourite and can be twined around the base of a chunky candle or around a napkin. It also makes an attractive table runner. Rose petals strewn across a pale tablecloth or set floating in a bowl with candles look and smell wonderful.

The use of fabric need not be restricted to the table cloth and napkins. Keep an eye out for good length fabric remnants – they make great table runners. Try changing the direction of a fabric runner, running two or three across the table between guests rather than down the table. Placing mirrors beneath floral table decorations adds an interesting dimension to a table setting; when placed underneath candles the effect is quite magical and can be enhanced by scattered glass beads. Whatever your occasion, candles in their various shapes and sizes will always add sophistication and atmosphere to a setting.

And remember, a change of tablecloth need not cost the earth. A single sheet from a discount bedding shop will do the job and, if you're in the mood for sewing, leave you with enough fabric to make some matching napkins!





uly 2010 **1.5**

Bonfire Society history PART 2

By Darren Lucas

AT THE END of part one I left off at the end of the Second World War in 1945. In 1945 Lindfield, like most towns and villages in Sussex, held a firework display to celebrate not only November 5th but also the end of war after six long years.

It would be fair to say that for the years of the late 1940s and the whole of the 1950s there is very little information on bonfire celebrations in the village. Which is why I'm very grateful to Mick Coughlan. I have added his memories below.

"I was born in Lindfield in 1942 and prior to 1956, when I was 14 years old, there were no organised bonfire celebrations in the village. Myself and friends i.e. Goosy Gander, Mick Farrant, Ginger Ridley, Chippy Chappell, Willie Blunden & others used to play around riding old bicycles and called ourselves the 'Lindfield Skid kids'. That year, 1956, we obtained permission to build a bonfire for Nov 5th in the field at the end of Alma Road adjacent to the police houses, which was the site of an old orchard long prior to the Dukes Road development. I made numerous hand posters [coloured by crayons] and delivered them to each house in the High Street & Old Place with each newspaper on my paper round, advertising the 'Skid Kids' bonfire for 5th Nov.



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When I returned home from school that evening my mother gave me a message that Mr Ieeves who lived at 72 High Street, wished to see me. Upon going to see him [wondering on route what I might have done that could have upset himl he questioned me about the 'Skid Kids' poster about the forthcoming



bonfire. To my great surprise he gave me a sum of money [not a small amount in those days] to purchase fireworks for our bonfire night.

So on 5th Nov 1956 we had a massive bonfire at that location that had been built by the local youth. The guy was made by my mother and if I remember correctly stood about 7 feet tall. The function was watched by a very large crowd from the village & was a great success. We wanted to repeat this the following year but because of the interest, parents became involved and gradually took over, eventually reforming the original 1894 Lindfield Bonfire Society, and the bonfire location was moved to the Common."

Much thanks must be given to those above people for getting the celebrations up and running in the village again along with the Haskell & Anscombe families.

The 1960s didn't run smoothly either. The bonfire on the common, which was built weeks in advance of the 'fifth', was set alight early on at least two occasions by local rascals. Some even say it was people from outside the village trying to put an end to our celebrations.

The 1970s were met by many financial problems and on several occasions bonfire night nearly never went ahead, but thankfully it did.

That is it for part two. In part three I shall take a look at the modern day Society.

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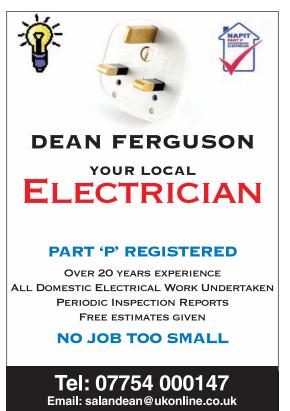
A Walk on the Ocean Floor

By Emma Tingley



IN THE SECOND of our travel series, we move on from Paris and head south to the island of Cyprus. Our guides for the trip are Lindfield residents Stephen Edwards & Karen Hudson-Edwards, husband & wife team, both with doctorates in geology and co-authors of the definitive guide to the geology, environment & archaeology of this exceptional Mediterranean destination.

Well known for its luxurious sandy beaches, vibrant cities, exceptional food and warm climate, Cyprus is a popular holiday destination. Also known as the Island of Aphrodite, or Love, after the Greek goddess who was born on the shores of Paphos, it may be the island for romantic retreats or to while away the days in a good book, but for geologists it is paradise. Nowhere else on Earth does so small an area provide such an excellent illustration of the dynamics of Earth processes through abundant exposures of spectacular and diverse geology. Sounds amazing, but what does that actually mean for those of us who haven't got a degree in geology? Well Stephen describes it as 'an opportunity to walk on the ocean floor' as what was once the ocean bed, over 10km below sea level, is now the terrain of Cyprus.



Cyprus lies at the crossroads between three continents and, over history, has formed a gateway between Europe and Asia. It is the third largest island in the Mediterranean and although the origins of its name are uncertain, one suggestion is that it is taken from the iron-age Cypriot word for copper. The island is rich in copper deposits formed in mineralised rocks and it is this precious metal, worth more than gold to the Cypriot nation over the centuries, which generated status and wealth for the kingdoms of Cyprus. If you look at a globe, you'll be able to identify a chain of mountains that starts from the Alps, runs through Cyprus and Turkey along the Easy Anatolian fault, and eventually culminates in the Himalayas.

The centrepiece of Cypriot geology is the Troodos mountain region. Formed from a slice of the ocean floor that has been brought up to the surface through the movement of the earth's tectonic plates, it is known in the geology world as an 'ophiolite'. The deepest rocks are exposed at the highest point on the island, Mount Olympus (1952m) and you can walk across the terrain of the exposed ocean floor and the earth's mantle on rocks that are estimated to be around 90 million years old. As you explore the area you'll see rocks that look like pillows, known as pillow lava, the first signs of volcanic eruptions under the ocean floor, as well as vertically striped rocks known as sheeted dykes that fed lavas for the volcanoes. The Cypriot volcanoes, extinct for millions of years, can be clearly seen and explored. Karen recommends an easily accessed outcrop of rocks along the Akaki River, southwest of Klirou. You can see how volcanoes work in 3-D - walking across and driving down them. She describes the 'jaw-dropping' reaction of geologists that they have taken there - it really is spectacular.

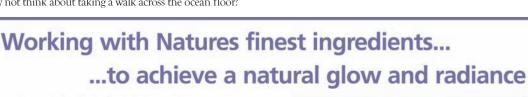
The recent volcanic activity in Iceland, with its impact on air travel, has brought such natural disasters to the forefront of the news. Stephen, who is Deputy Director of the new University College London Institute for Risk and Disaster Reduction, describes how the volcanic features seen in Cyprus are similar to what you'll be able to see in Iceland in the future. To understand what is happening in Iceland now, the best place to visit is Cyprus. The Cypriot volcanoes are easily accessible and well-preserved, so make for the perfect natural laboratory.

As well as the amazing rock formations, the sedimentary rocks in Cyprus are home to many fossils and the island has numerous well-preserved archaeological sites. On the south coast, over looking the Mediterranean, you will find the Roman site of Kourion. Hit by an earthquake in 356 AD, a preserved house now shows how man interacted with his natural environment. The hard rocks of the ophiolite were used to make tools, and the glass-like gypsum mineral used for paving stones. At Paphos an ancient fort can be visited and at Saranta Kolones you can visit the 40 columns devastated by an earthquake in 1222. Cyprus has several Neolithic settlements that are remarkably well-preserved and the Choirokoitia village, dating to approximately 6500BC, is a World Heritage Site. In another Neolithic site the remains

of a cat were discovered buried with its owner, in a grave estimated to be 9500 years old, predating ancient Egyptian civilization and providing evidence for the earliest known human-cat association. Unbeknown to most cat lovers, Cyprus continues to provide the UK with most of its cat litter. Formed from volcanic ash that has weathered to clay, it is a highly absorbent material, ideal for our feline friends.

Cyprus continues to experience minor earthquakes every year, with the last significant one in the 1990s. They are monitored and recorded constantly. The capital city has moved several times over the centuries because of earthquake activity, each time re-locating to a safer area. Cyprus continues to be a dynamic environment that is still moving and developing, although not on a human timescale.

For those with a particular interest in geology, Cyprus is clearly a great place to go and Stephen and Karen's geological guide is a must have. About five years in the writing and in collaboration with three other world experts from universities around the world and from the Cyprus Geological Survey Department, the field guide takes you on a journey around the key sites on the island. And for the complete novice, I hope that our expert guides have given you a taster of the things you can see there. So when you are thinking about your next trip or holiday, then why not think about taking a walk across the ocean floor?



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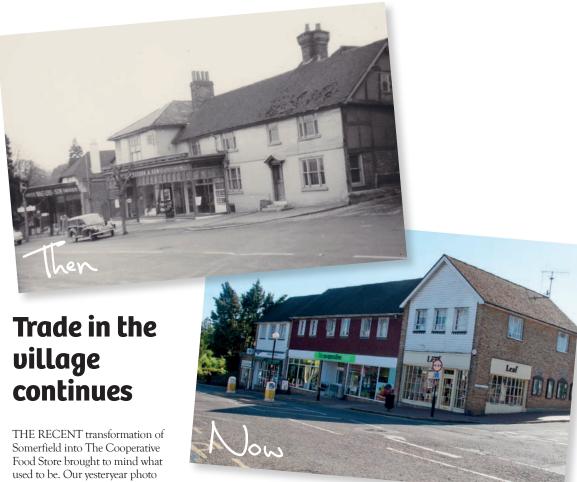


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High Street Remembered



shows Masters & Son presence on the High

Street. Jerry Masters recalls "The photo was taken in early 1962, possibly March. I can date it as it was taken when we were closing down the business prior to its sale to Peek, Winch & Todd. It is my Morris Minor outside. I see all the shop windows were empty apart from the small drapery window which appears to have wines & spirits in it. This was the only stock sold to PWT who were keen to obtain to the off sales licence which I held! The shop frontage had not changed since the early 1900's."



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A reader request: can you help?

YOU MAY RECALL that a few months ago we requested information about Lindfield's Vintage Wireless Museum in order to help a reader locate some



of her grandfather's old wartime listening equipment. The search goes on and we are once again asking for assistance. Do you know the whereabouts of Peter Richards (pictured here in the museum) who worked for Ray Leworthy, the owner of the Lindfield Wireless Museum? Some photographs of the equipment have been found and some expert help in identifying them is required. If you have any information, please contact the Editor on 01444 884115 or email: editor@lindfieldlife.co.uk

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Just Good Friends

By Martin Higgins, Lindfield Horticulture Society

SOME PLANTS JUST seem as if they are made to go with each other. On a gloomy winter's day you can give yourself a lift if, on looking out of the window, you are lucky enough to be able to see Cornus alba "Sibirica", which is the very best of the red stemmed dogwoods, nicely contrasted with snowdrops. They make a truly "lovely couple". You can further enhance their delight by planting blue crocus next to them as well. As with other

dogwoods, to get the best colour from the stems prune it hard in early spring and you will be duly rewarded for your efforts each winter. To my eyes although you

can get an equally pleasing effect
from having yellow crocus
next to the dogwood,
you need to omit the
snowdrops otherwise the
under planting looks rather
wishy washy even on the best
of days.

You can either think up planting combinations that work for you (and when gardening never worry about what other people may think, if you like it go for it), or see them in other gardens or in gardening books. Best of all seek inspiration from all three

In spring I like to see that forget-menot relative Omphalodes cappadocica "Cherry Ingram". This has evergreen foliage and during April and May masses of vibrant dark blue flowers, and then intermittently afterwards. It does best in a humus rich moist soil in partial shade. It contrasts well with Lysimachia ciliata "Firecracker" which has reddish purple leaves and emerges from its winter slumber at the same time. Later in the season it has slightly pendant star shaped yellow flowers and grows to about 90cm in height with a spread of 60cm. I must admit that the purists would say that although the colour contrast works well, the leaf shape is too similar. Well they are right, but I like them together and think it works, so that is how I have planted them and so enjoy their "friendship".

As I have wandered onto the damp and shady areas, another couple who like these conditions and make good friends are Rodgersia "Maurice Mason" and Kirengeshoma palmate. The rodgersia has attractive palmate foliage with large, deep green textured leaves that

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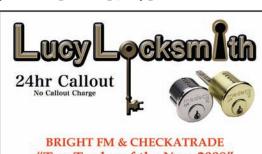


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are puple-bronze when young, turning by late
June to green. By then the flower heads open to reveal rich pink flowers, whilst by the end of July the leaves are starting to turn a coppery colour; it attains about 120cm in height with a 75cm spread.

You need to defer judging its performance until its second year by which time it will be repaying your good judgment in planting it. Kirengeshoma palmata has dark purple/black stems and from late summer and autumn has shuttlecock-shaped buttery yellow/creamish waxy flowers, and reaches about 60cm in height. I think this is a wonderful plant but the slugs and snails think so too when it first opens its leaves, but do not let that deter you.

Gardening is full of surprises and a plant that I did not particularly like when I first saw it, Libertia peregrinans, I not only now have in my garden but have introduced it to some "Good friends". It has iris-like foliage which for the plant kingdom has an unusual colour, orange which is not only evergreen (or in this case "everorange") but rather usefully attains its brightest colour in winter. If planted

so that the low winter light shines through it looks superb. It grows to about 50cm in height and has white flowers in June/July. In spring dark red tulips provide a lovely contrast, as does Erodium "Spanish Eyes". The latter has interestingly divided grey foliage with rose pink flowers which have a dash of mauve about them. It attains 15cm in height but does not know when to stop flowering; my specimen can usually be relied upon to keep going from late April to December and so is a "Good friend of mine" as well as to its orange coloured neighbour.

Martin is the Vice Chairman of Lindfield Horticultural Society.

To find out more on the society and to become a member, visit their website: www.lindfieldhorts.org.uk

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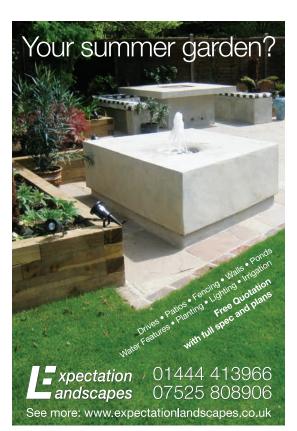
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Bear making in Lindfield

By Emma Tingley

EVERYONE REMEMBERS their favourite teddy bear. That soft loveable friend who you shared your bed and your life with as a child. You may still have him, tucked away in a cupboard, not daring to part with him. One of the most treasured bears in our house is a very worn and well-loved bear that belonged to my father-in-law as a boy. He is too delicate to play with now, but he has obviously had a lifetime of love.

Many of the furry friends that we have in our homes start life in a factory, but here in Lindfield, local resident & retired librarian, Ann Cain, is lovingly hand-stitching collectable bears from her front room. Using natural materials such as mohair and cashmere, she makes bears that are all unique and individual. The mohair comes from the shorn or combed fur of the long haired Angora goats which is then woven into cloth and dyed. Mohair as a material has been around for centuries and produces a luxury fabric that is nice to work with. Ann's choice for using natural materials is that they tend to be a lot harder wearing and longer lasting, and the result is a much nicer bear. Alpaca is another favourite material that gives a beautifully soft finish and can be used for the inner ears, muzzles and paws, or even an entire bear.





Although Ann has only been making bears for the last 2-3 years, her love of them stems from early childhood memories. She remembers as a child falling in love with a pink teddy bear that she saw in a shop. Her parents promised her that if she did well at school she could have the bear. "I worked like fury for the whole term and came top of my class!" recalls Ann.

Ann is a self-taught bear maker and, despite one or two early disasters, she has become skilled in her craft. All her bears are different, with each developing a character and personality of its own through its unique face. The larger bears take about 8-10 hours of stitching time to make and the miniature bears about 4 hours, although she tells me that they are a lot more fiddly. Each one has traditional glass eyes, is fully jointed and weighted with steel shot, making them a collector's bear rather than a child's toy. She uses a range of specialist tools to fit the joints and insert the eyes. The miniature bears are small enough to slip into a pocket or bag and have been known to be a comfort in times of stress. "I know of bears who have been taken to hospital appointments and into exams" explains Ann. She also customises the bears with scarves in team colours.

It is hard not to talk to the bears and Ann herself admits to saying hello to them every morning. Her living room has become a workshop and everywhere you look there is evidence of her love of the craft. I'm reliably informed that this extends to almost every drawer and cupboard in the house, even under the beds!

If you'd like to meet Ann and her bears, then she can be found in the Country Market at the King Edward Hall on Thursday mornings. She has a range of bears on sale and is also available to take commissions (tel: 482379).



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Good 4 (you)

By Christian Bates



NOT SO LONG AGO I was feeling very tired, a spate of our two year sleeping cross ways in our bed being the problem. On one particular night I decided to have a very early night to catch up and went to bed before 9. I slept through and woke at 6 amazingly refreshed, wide awake and ready for the day. It was then that I realised how powerful and rejuvenating sleep would be to my patients whose health is under par. Imagine having a week of going to bed at 9pm, and implementing all other good health advice too; the improvements would be fantastic.

If you are a regular reader of this column you will know that I always look at each patient as an individual and again insomnia is no different. What works for one may not work for another and may even make them worse. In particular, when individualising a treatment plan it is foods and vitamins and minerals that differ in how they help. For example, some people may be aided by carbohydrates before bed, others protein. On the minerals side calcium, magnesium or potassium can help, but it will also vary person to person.

However, there are enough basic tips for everyone to try that can achieve good results. Firstly avoid all caffeine products, the main culprits being coffee, tea, colas and chocolate. Also tobacco, alcohol and sugar can be nervous system stimulants, so avoid these too close to bedtime. Reserve the bedroom primarily for sleep, so no watching tv, playing video games, working on a laptop, doing paperwork or even exercising which will be priming the mind for activity not rest.

Regular exercise during the day however has been researched to improve sleep patterns. It has to be regular though, not the occasional piece here and there. Another useful tip is to not spend too long trying to get to sleep. Spend no longer than 30 minutes trying and then get up and leave the bedroom if you haven't successfully fallen asleep. Do something productive for a while and then return to bed to try and sleep again. This helps to habituate the mind to sleeping in the bedroom only.

Other tips include having the room completely blackedout, experiment with sleeping in a cooler room or with it slightly warmer, although leaving a window open a little for fresh air will help the body rejuvenate whilst asleep. If you have sleep problems then try out a few or all of these self-help tips. Sleep tight.



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Parish Office: 6 Denmans Lane, Lindfield, West Sussex, RH16 2LB Telephone: 01444 484115 Fax: 01444 484918 Email: clerks@lindfieldparishcouncil.gov.uk Web site: www.lindfieldparishcouncil.gov.uk

Village Spring Clean

The Parish Council would like to thank all those who took part in our annual Spring Clean on Saturday 17 April. We were very lucky with the weather that day – one of the first really warm days we've had this year – and there was a very good turn-out of willing volunteers who collected litter and leaves and washed down street furniture. Thanks to all of you.

Newton Road

Members of the Parish Council are most sympathetic towards the residents affected by the construction work at Newton Road. Some inconvenience and disturbance is to be expected with any building work and particularly with a development of this size, but certain conditions were applied to the planning permission relating to the hours of use and the route to be taken by lorries delivering materials and plant to the site, in order to afford some protection for the neighbouring residents. However, despite efforts by the developer to comply with these conditions, breaches have occurred - particularly when lorry drivers working for sub contractors have not followed the designated route. The Parish Council has no powers of enforcement but we have referred all reports received regarding breaches of conditions to Mid Sussex District Council and will continue to do so.

Waiting Restrictions - Denmans Lane

West Sussex County Council have submitted further plans for waiting restrictions in Lindfield, which are in line with the comments made by the Parish Council at the time of the previous consultation that culminated in the decision made last year by the WSCC Central Mid Sussex County Local Committee (CLC) not to proceed with any of the waiting restrictions proposed at the time. It remained the Parish Council's view that visitor parking in Denmans Lane should be restricted during the day as the road is particularly narrow and at times even modestly sized vehicles struggle to get by unscathed. The Parish Council has agreed to support the latest restrictions as proposed by WSCC. This will go before the CLC in July and we understand there will be a further formal consultation before final agreement is reached.

Lindfield Parish Directory and Year Book

Thank you to the handful of people who spoke at the Parish Meeting or wrote to the Parish Council in support of the Directory, following the letter to the Editor from the Secretary of the Lindfield Communications Forum. published in the April edition of Lindfield Life. There was no negative feedback and the comments received, together with the appreciation for the Directory reported back to us by the delivery team, is very encouraging. It is good practice to carry out a review periodically so, as well as inviting comments from residents, the Parish Council invited quotations from other printers and we have concluded that we are still getting very good value for money from the printer we've been using since 1993. The late delivery of the current edition was due to exceptional circumstances out of the control of the Council and we've been assured of an improved service in future. So you can look forward to the 2011 Directory dropping through your doors as usual.

Lewes Road/High Street Junction

As we reported in our January newsletter, after being presented with convincing arguments supported by the evidence of professional traffic consultants that a mini roundabout at the Post Office corner might not, after all, achieve what had been hoped and might even worsen the safety record at this junction, the Parish Council formally withdrew support for installation of the mini roundabout, although Councillors were fully aware when making this decision that the roundabout was a condition of the planning permission for the Newton Road development. We were subsequently informed by WSCC that it was now too late to stop the mini roundabout from going ahead as it was the subject of a legal planning agreement. The mini roundabout was again on the agenda at the Parish Council meeting on 13 May as we had been asked by WSCC to comment on the design details. At this meeting we were made aware that the developers were understood to be about to submit an application for rescission of the planning condition and it was agreed that the Parish Council should support this course of action.

High Street Grass Verges

There is no doubt that the verges in the High Street look stunning in early Spring when the croci are in full bloom. However there is a price to pay - cutting the grass before the foliage dies down is said to deprive the bulbs of nourishment and result in them not flowering the following year. West Sussex County Council's Highways Department (whose contractors cut the grass verges) have always delayed the first cut until the end of May, with the support of the Parish Council, for this reason. The consequence of this is that the verges become very overgrown and the weeds flourish, particularly during May when the High Street is otherwise looking at its most attractive with the fresh leaves on the trees. Last year the Parish Council approached WSCC as we were unhappy about the standard of grass cutting in the High Street generally. We were informed at that stage that due to budgetary constraints, the number of cuts would be reduced this year and in fact it has now been confirmed that WSCC will only pay for 7 cuts whereas there used to be 11. It has been put to the Parish Council that we could take over the responsibility for the maintenance of the verges with a contribution from WSCC of the amount they would have paid for the 7 standard cuts. At the time of writing this newsletter, the Parish Council has signed and returned a licence to WSCC and this item is on the agenda for the Environment and Amenities Committee meeting on 10 June for members to consider quotations received from prospective contractors for maintaining the verges at a standard to meet our requirements.

We will have to address the issue of the croci and the first grass cut for next year and beyond. We could take a chance and arrange for the first cut to be brought forward to the first week of May to see what effect this has on the crocus display the following year. Having received a number of complaints this year about the state of the long grass, we would very much welcome the views of residents – would you support taking the risk and cutting the grass earlier to keep the High Street looking tidier? Please return the slip below or email: clerks@lindfieldparishcouncil.gov.uk







Would you support bringing forward the first cut of the High Street verges to the first week of May and taking the risk that the croci will not flower the following year?

Yes

No

Please return to: The Parish Clerk, Lindfield Parish Council, 6 Denmans Lane, Lindfield, RH16 2LB

or email: clerks@lindfieldparishcouncil.gov.uk



Lindfield Parish Council Newsletter

Lindfield Parish Council Newsletter

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County Local Committees

County Local Committees (CLCs) have been mentioned twice in this newsletter, so it seems appropriate to say something about what these are and what they do. The following has been taken from information contained in the "Talk With Us" section of West Sussex County Council's website: www.talkwithus.westsussex.gov.uk. The CLCs were set up by West Sussex County Council as an approach to involving local residents in decision making and as an opportunity for County Councillors to engage further with their communities. Meetings are usually held in the evening, normally lasting for two to three hours. CLCs are designed to make sure that local people can help shape the 80 per cent of services provided by the County Council. Many of the decisions that used to be taken at County Hall are now being made at local level by CLCs, for example road traffic orders and the appointment of local authority school governors. There is also a local community fund, which enables the CLCs to make small grants to local community initiatives, from which Lindfield's own King Edward Hall benefited last year.

This area is served by the Central Mid Sussex County Local Committee, which currently meets four times a year and its Members are: [Chairman] Peter Bradbury, Cuckfield & Lucastes; Bill Acraman, Worth Forest; Anne Hall, Haywards Heath East; Peter Griffiths, Hurstpierpoint & Bolney; Brian Hall, Haywards Heath Town and Christine Field, Lindfield & High Weald. These meetings are held in public at different venues within the area and time is set aside at each meeting for members of the public to raise matters of concern to them. Two, sometimes more, Members of Lindfield Parish Council normally attend the CLC meetings and speak as appropriate, particularly when matters of direct relevance are on the agenda, such as proposals for new Waiting Restrictions.

The next meeting of the Central Mid Sussex County Local Committee will be on 7 July at 7 pm in the Studio at Clair Hall, Haywards Heath.

West Sussex Fire and Rescue Consultation on Draft Service Plan for 2011-12

We have been asked to publicise the forthcoming consultation on the West Sussex Fire and Rescue Service Draft Service Plan for 2011-12 to run from 19 July to 8 October 2010. The consultation is aimed at making sure the Fire and Rescue Service has the resources it needs to continue keeping West Sussex Safe and the proposals will mean changes to some fire stations, personnel and appliances but also include significant investment in training and facilities for fire-fighters as well as a faster response in parts of the county, pinpointed by sophisticated 'risk mapping', such as large urban and industrial areas. Copies of the draft Service Plan for 2011-12 will be available in all libraries, District and Borough Council offices and on request from Fire Service HQ as well as on the West Sussex County Council website www.westsussex.gov.uk/fire. There will be presentations at meetings of County Local Committees around the county and residents and businesses can take part in the consultation via public meetings or submit views: by email: fire.redesign@westsussex.gov.uk by telephone: 01243 753706 or in writing: Ian Coleman. Fire Redesign Team, West Sussex Fire and Rescue Service HQ, Northgate, Chichester, West Sussex, PO19 1BDber -10am - 11.30am

Police Surgeries

PC Geoff Bennett (Community Police Constable for Lindfield and four other parishes) and/or Police Community Support officers, Stuart Clough and Anika Arnold, continue to hold a surgery once a month in the Parish Office for residents to come along and raise any issues of concern. Their next surgeries will be on Friday 23rd July - 10am - 11.30am, Tuesday 24th August - 1pm - 2.30pm and Thursday 30th September - 10am - 11.30am

Amenity Freighter

The Freighters will be in the Tollgate car park on Sundays 11th July and 12th September, between the hours of 10am and 12noon. Please note that due to current legislation they cannot accept items such as televisions, computer monitors and fluorescent tubes. These can still be taken to a civic amenity centre. Please do not leave rubbish in the absence of the refuse freighter.

Parish Council Meetings July to Sept 2010

Tuesday	6 July	Planning and Traffic Committee (Plans only)	8.00 pm
Thursday	22 July	Finance and General Purposes Committee	8.00 pm
Tuesday	27 July	Planning and Traffic Committee (Plans only)	8.00 pm
Thursday	5 August	Environment and Amenities Committee	8.00 pm
Tuesday	17 August	Planning and Traffic Committee (Full)	8.00 pm
Thursday	26 August	Full Council	7.30 pm
Tuesday	7 September	Planning and Traffic Committee (Plans only)	8.00 pm
Thursday	23 September	Finance and General Purposes Committee	8:00 pm
Tuesday	28 September	Planning and Traffic Committee (Plans only)	8.00 pm

All meetings are held in the King Edward Hall, unless shown otherwise. Please check the noticeboard in Denmans Lane for any additional meetings that may be called. All meetings are open to the public and there is a period set aside at the beginning and end of each meeting for public questions/comments, except at "plans only" Planning and Traffic Committee meetings. At meetings of the Planning and Traffic Committee, up to two people for and two against each planning application are allowed to speak, for a maximum of two minutes each, at the invitation of the Chairman.

MEMBERS OF LINDFIELD PARISH COUNCIL:

Cllr. William Blunden (Chairman)

Cllr. Margaret Hersey

Cllr. Margaret Nicolle (Vice Chairman)

Cllr. Mike Leach

Cllr. Mike Allen

Cllr. Roger Pickett

Cllr. Michael Davies Cllr. Christopher Snowling

Cllr. Alan Gomme Cllr. Valerie Upton
Cllr. Stephen Henton Cllr. Steve Willcox

They can all be contacted, in the first instance, via the Parish Office or by reference to the Lindfield Village Directory and Year Book, which contains details of individual contact numbers.

Parish Clerk: Mrs. Christine Irwin
Deputy Parish Clerk: Mr. Pieter Hemsley
Responsible Financial Officer: Mrs. Sue Kolien

PARISH OFFICE

Lindfield Parish Council Office is open on Tuesdays 1.00 p.m. to 4.00 p.m., Thursdays and Fridays 10.00 a.m. to 1.00 p.m. – when members of the public are welcome to come along to look at planning applications for Lindfield, apply for bus passes and obtain railcard vouchers, or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Office: 6 Denmans Lane, Lindfield, West Sussex, RH16 2LB

Telephone: 01444 484115 Fax: 01444 484918 Email: clerks@lindfieldparishcouncil.gov.uk Website: www.lindfieldparishcouncil.gov.uk.

July 2010

What's on at King Edward Hall

Country Market (Sheila Hobbs 483396)

3rd Lindfield Bonfire Society - Barn Dance (Barbara Beecham 414587)

4th Ruwach Christian Church Morning and Evening Services (Ruth Hollis 459025)

6th Mid Sussex Wine Society 8pm 'A Tasting of Portuguese Wines with John Radford', Wine Expert, Raconteur and formerly a presenter with BBC SCR (Meeting and Membership information from Angela Seward 484447)

8th Country Market (Sheila Hobbs 483396)

10th Lindfield Horticultural Society - Summer Show (Alison Elliott 483039)

11th Ruwach Christian Church Morning and Evening Service (Ruth Hollis 459025)

15th Country Market (Sheila Hobbs 483396)

16th Lindfield Crafts and Market (Beverley Smith 440274)

18th Ruwach Christian Church Morning and Evening Services (Ruth Hollis 459025)

22nd Country Market (Sheila Hobbs 483396)

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on bookings@kingedwardhall.org.uk

What's on elsewhere in Lindfield

Saturday 3rd July 2010

Tiger Arts Presents 'Plastic Chairs' 7:30pm

Greek Folk Music Group Featuring music by Theodorakis (Zorba the Greek) and Hadjidakis (Never on Sunday) Tickets £10, concessions £8, children £5 from the Tiger Church Office (01444 482405)

Sunday 4th July 2010

Sussex Chorus: Rossini Petite Messe Solennelle 7.30pm Lancing College Chapel Tickets £20 & £15 from the Dome Box Office 01273 709709 or Sussex Chorus Ticket Manager 01273 890598

www.sussexchorus.org

Wednesday 14th July Tiger Arts presents Nadia Giliova (piano) 1pm Light lunches served in the Tiger Lounge from 12.15 pm Admission free. Collection to help cover expenses

Wednesday 14th July

Ramblers Snowdrop Circular Walk 7:30pm Meet at Lindfield Post Office Circular via Nature Reserve-Walstead, Snowdrop Lane and Criplands, 3.5 miles

Other walks available - see website: www.midsussexramblers.co.uk

Sunday 18th July

Tiger Cubs Pre-Scool Treasure Hunt 3 - 5pm, Tiger Hall, High Street



Sunday 18th July

The Big Lunch

A challenge from The Eden Project to get together with your neighbours and enjoy lunch together! It can be anything from a simple lunch to a full-blown street party... Check out www.thebiglunch.com, then start planning your lunch!

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Belle Casa (Cleaning Services)www.bellecasa.co.uk	
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Lucy Locksmith	.2207780 840462
Martin Western (Carpenter/Joiner)	. 15 01444 454306
Masters and Sons	.901444 482107
Mick Lewry (Pest Control)	.3501444 483137
Mid Sussex Decorators	.13 01273 841964
N. Whittaker (Landscaping/Paving) www.nwhittakerpaving.co.uk	.1201444 450300
Norsat (TV)www.norsat.co.uk	.2 01444 318089
Property Matters (Maintenance)	.2907768 900331
Savills www.savills.co.uk	
Stephen Gallico Solicitorswww.sgallico.co.uk	.2501444 411333
Swan Presswww.swanpress.co.uk	.7 08454 631163
Switch On Digital (TV)www.switchondigitaluk.com	.401444 443116
Tom Seymour (IT Support)www.support.debomb.co.uk	.3 07843 116783
Walstead Place	.8 0808 1371522
www.caringhomes.org/our-homes/wa	lstead-place

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www.wfbruce.co.uk

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Forge Therapies	19 01825 791750
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Lindfield Chiropractic Centre www.lindfieldchiro.co.uk	2301444 484582
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Education/Childcare

www.theacornsnurseryschool.com



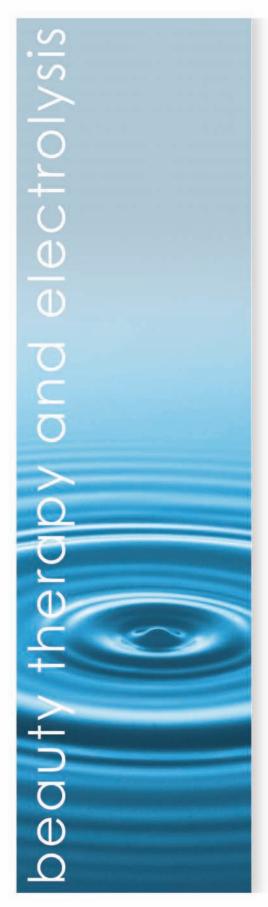
LINDFIELD PEST CONTROL

MOLES - RATS - WASPS etc

MICK LEWRY 01444 483137

MOBILE: 07816 630455

Email: m.lewry1@btinternet.com



Jakki Todd The Lindfield Beautician

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