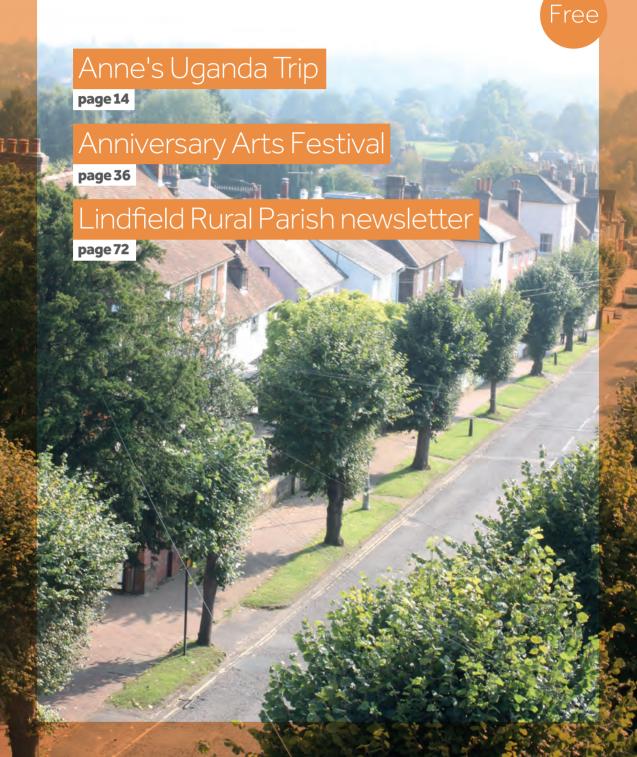


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Sept. 2019 Issue #12



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By Claire Cooper, Assistant Editor As a child I can remember thinking that summer had really begun when my favourite magazine produced its exciting bumper 'Summer Special'!

Well, summer may be drawing to a close, but that hasn't stopped us bringing out our own bumper copy of Lindfield Life!

In this 84 page issue, alongside the ever popular history feature, recipes, puzzles and book reviews, we have extra news and features and a competition to win tickets to the South of England Autumn Show on page 71.

I've been talking Greg Cattle who has DJ'd all over the world (page 42), Anne Pieckielon who has recently returned from Uganda (page 14) and bursary winner Tom Mackewn who is celebrating the publication of his first children's book (page 12).

Mary Collins reports back on her Iceland trek (page 77), Ayesha Gilani visits the Mid Sussex Dementia Forum (page 22) and we welcome back Joe Wayte who delves Behind the Counter at Mathilda Rose on page 26.

With the 10th anniversary Lindfield Arts Festival fast approaching, we bring you all you need to know to enjoy a fun filled week on page 36. From art to authors, bell-ringing to barn dance and comedy to circus skills, there's a whole A-Z of exciting activities!

And with the latest news from the Rural Parish Council, Lindfield in Bloom, Bonfire Society and Bowls Club and an overseas appeal for a long lost relative, there's plenty to keep you going until our October issue drops on to your doormat!

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#### Lindfield Life

The Barn, Hurstwood Grange, Haywards Heath RH17 7QX Telephone 01444 884115 www.lindfieldlife.co.uk Editor: David Tingley Assistant: Claire Cooper editor@lindfieldlife.co.uk Advertising: Emily Billson ads@kipperlife.com Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that

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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

### Zoe bringing workers together

A couple from Scaynes Hill have just opened a new coworking space in Haywards Heath.

Zoe Daines, along with co-director and husband Chris, opened Freshmill on Bridge Road last month as she hopes to offer something different for small businesses and home-workers in the area. "Chris used to commute to London," she explained, "but there were times when we wanted to 'be at work' without being in the office. Working from home isn't always ideal, and so that got us thinking!"

The pair bought Delta House three years ago, always with the intention of completely renovating the 9,100 sq ft space. Zoe, who had previously worked in the mobile telecoms industry and as a bookkeeper, took on the challenge of project managing the build – which has taken 12 months to get to the opening.

Freshmill includes 27 private offices and 34 coworking desks, as well as informal break out areas and meeting rooms. "My vision for it was to have the feel of a private members club, rather than a serviced office," Zoe went on. "We really wanted to create a type of community where our clients naturally meet together as



they move around the office. Working for yourself or by yourself can be a lonely existence. At Freshmill we hope to be able to foster a sense of collaboration and support in this relaxed environment."





# From Mary Poppins to Masterchef!

More than 150 pupils, aged from four to 18, took part in the recent end of year performance for the Lindfield based Gielgud Academy (GAPA).

The talented young performers delighted audiences at Clair Hall with a variety of dance genres and musical theatre numbers, including newly choreographed Nutcracker divertissements, a Mary Poppins medley and a Masterchef Ballet.

The last performance was attended by guests of honour Dame Beryl Grey; former Royal Ballet Principal Alfreda Thorogood; star of Stage and Screen and 2018 Celebrity Masterchef winner John Partridge, and former West End leading lady turned rock star Saffron from Republica.

After the show, the VIPs awarded cups and medals to a selection of pupils for achievements in ballet, modern, jazz, tap, musical theatre, professionalism, performance and commitment in the annual GAPA prizegiving ceremony.

This year the David Walls Boys scholarship went to Oscar Ward-Dutton, the Bush Davies Girls Ballet scholarship to Isabella Alice Evans, the Pat Ellis award for Modern and Tap was presented to Madeleine Wrigley and Sophie Gray won the Paul Heard Musicality award.

Beatrice Hersey (pitcured), from Lindfield, was awarded 97/100 for her most recent ISTD modern dance exam and



received the 'middles modern' medal from Saffron.

A new cup was announced for an outstanding dancer, in honour of GAPA's former patron the late Dame Gillian Lynne, with its first recipient being Olivia Floydd.

Olivia has trained at GAPA since 2012 and now continues her further training at the renowned Tring Park in September.

Prefects were selected and with the outgoing Head Girl, Eloise Harwood, setting off to Bird College in September, Madeleine Wrigley from Forest Row was announced as her successor.



### MP and Mayor support baby charity cake sale

Members of Lindfield based charity Group B Strep Support recently held their annual cake sale to mark July's Group B Strep Awareness Month and raise funds towards stopping group B strep infection in newborn babies.

The cake sale took place at The Ascension Church, Haywards Heath, and raised £190 for the charity.

Local MP and Patron of the charity Sir Nicholas Soames, who attended the event, commented: "As a Patron of the charity, I'm delighted to show my support for their excellent work. Two babies a day develop group B strep infection, with one baby a week dying. More needs to be done to improve awareness and stop this happening."

Haywards Heath Town Mayor Alastair McPherson also joined the event, enjoying the

cake and learning more about the charity's work.

Jane Plumb MBE, Chief Executive at Group B Strep Support said: "We are so grateful for the local community's support and would like to say thank you to everyone involved. We rely on fundraising, so events like this will help us continue raising awareness and providing vital support for families affected by group B strep."



Group B Strep (also known as GBS or Strep B) is a common bacterium unknowingly carried by around 20-30% of adults. It's very rarely dangerous to adults. but is the most common cause of life-threatening infection in newborn babies, causing sepsis, pneumonia and meningitis. Two babies a day develop group B strep infection.



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### **Bonfire Society Badge Night on 10th Sept**

Members of Lindfield Bonfire Society will gather at the Stand Up Inn on Tuesday 10th September for the annual Badge Night celebration.

The event, which starts at 7.30pm, launches the new 2019 badges and marks the start of Lindfield Bonfire Society's 125th anniversary season. "Once again our friends from Skull Drummery will be joining us to give a thunderous performance of their

drumming in the High Street," said Bonfire Society member Dave Hawk. "We'll also be confirming details of our activities, which include visiting other Sussex Bonfires and, of course, our own night on 5th November."

He added that new members are always welcome.

"Badge Night provides a great opportunity to join
he Society and get involved." said Days.



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# One thousand thank you's

To all whose who have popped an item into the Lindfield Food Bank collection point - thank you a thousand times over!

Your contributions have now reached a staggering 1.000 items.

This overwhelming response means that a great many people, particularly children, are benefitting in our community and surrounding areas.

The Food Bank Drop Off will continue to be open at Lindfield United Reformed Church in the High Street on Mondays and Fridays from 2-4pm and Sunday Mornings from 9.30-12pm as well as other times when the church is open.

Photo shows children from August 2019 Messy Church celebrating the 1000 items milestone.







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# Can you help reunite long lost cousins?

Canadian couple Malcolm and Mary Clark from Winnipeg contacted Lindfield Life last month to ask for our help in tracing long lost cousin Sheila Perou (nee Clark).

"Sheila's father, Gerald Hervy Clark, was my father's (John Clark) brother," said Malcolm who, along with his older brother lan (pictured), was born in South Shields England.

They left for Canada with their parents John and Georgina Clark in 1957.

"We will be coming to England from 9th to 27th September, and would love to see Sheila again after 55 years."

Malcolm believes that Sheila Clark has two children from her first marriage to Tom Luscombe: James E Luscombe, born in 1976, and Amy Rachel Luscombe, born in 1979.

"Sheila later remarried a man named Mark Perou and we believe that is the name she is going by," he said. "All we can find is basic information, including an address in Appledore Gardens, and we are not even sure it this is

"We also found on the internet that Sheila had worked as a secretary and at Chailey Heritage.

"We are hoping for a miracle that someone may know Sheila and that we can reconnect after so many years. It



would be a dream come true!"

If you think you can help, please email us at editor (a) lindifledlife.co.uk and we can put you in touch with Mary and Malcolm.







# Peace Dance raises much needed funds

#### By Pauline Parkyns

The Perdido Players recently held a Peace Dance in the King Edward Hall.

It was a lovely evening held to raise money for the Battle Back Campaign of the Royal British Legion, to support Service Personnel suffering from Post Traumatic Stress Disorder and other war related problems which can disrupt family life.

It was so nice to be able to dress up and dance to a real band which played superbly. Although the event was widely publicised, the numbers attending were quite disappointing, but those of us who were there had a great time. A lovely touch was being treated to strawberries and cream with a home-made shortbread biscuit during the interval.



# Bursary opens new chapter for Tom

#### By Claire Cooper

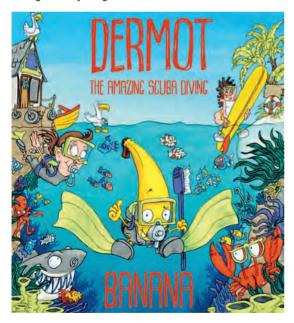
When amateur illustrator Tom Mackewn posted a few cartoon sketches to the Lindfield Arts Festival Bursary award last year he was hoping for some positive feedback. The thought of winning never entered his head!

But after scooping the £1,000 award Tom has followed his dream, quit his job, started a business and is now celebrating the publication of his first children's book!

"It's been an amazing year," said Tom, who lives in The Welkin with wife Sam and sons Teddy and Raffy. "When my wife told me about the bursary after reading Lindfield Life, I thought it would be a good way of getting some feedback for my illustrations, as I'd never shown my work to anyone before," he said. "Never in a million years did I expect to win!"

Now with his book, Dermot the Amazing Scuba Diving Banana, going on sale later this month, Tom recalled how winning the bursary has changed his life.

"It sounds over the top, but the award really has changed everything for me," said Tom.



"At the time I had an idea for a children's book about a boy who discovers another world after walking through a telephone box! I would work on my illustrations while commuting to London where I worked as part of the sound team for children's television," he recalled.

"I'd leave home really early so I could get a seat and spend 45 minutes each way working on my illustrations. I felt my drawings were improving and entered the bursary as a way to dip my toes in the water and hopefully get some positive feedback."

Winning the bursary gave Tom the confidence to pursue his dream.



"I used the prize money to enrol on a short course at Chelsea College of Art, taught by illustrators," Tom explained. The course was a revelation and resulted in Tom shelving his original idea. "I already had another idea for a picture book for younger readers and by the end of the course I knew exactly what I was going to do and how I was going to lay the book out."

The idea for the character came from Tom's son Teddy. "He's always calling me a 'silly banana', so I thought I'd bring him to life!"

Tom set himself a target of three months to get the book finished. "Naively, I thought I could have it ready for the huge annual book fair in Bologna in April," he said. "But I've discovered that everything takes much longer than I originally thought."

After cutting his hours to part-time, Tom decided to take the plunge and leave his London job. "I realised that to have any chance of success I really needed to focus on my illustrations, and that meant being nearer to home," he said." I picked up a part-time job as a guide at the Bolney Vineyard, which I love, and was able to focus on finishing my book."

Tom is also launching 'One Small Tribe', a micro business producing and printing his own unique designs on a range of children's clothing and gifts.

Last month 200 copies of Dermot the Amazing Scuba Diving Banana arrived at Tom's home. "Holding your book in your hands is the best feeling in the world," said Tom.

"It's incredibly exciting that one year after winning the bursary I'll be back at the Festival reading, selling and signing my book," he added.

You can find Tom in the Marquee on the Common on Saturday 21st September at 12.45pm to 1.30pm.

Follow him on Facebook for sneak previews of the book and to see what he's working on next.



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#### By Claire Cooper

When Lindfield resident and former scout leader Anne Pieckielon travelled to Uganda to teach business skills at a refugee camp she expected the experience to be life changing.

But what struck her most was the warm welcome she received, the kindness of the people she met and the strong sense of community.

"Since coming home I've been reflecting on who is the richer - those that work together as a community who have nothing or us in the western world," said Anne.

"Africa continues to surprise me and everyone we met made us feel safe and special. I have laughed but also cried at some of the stories I have encountered and I've vowed never to take electricity and the internet for granted too!"

Anne travelled to Moyo in Uganda with Projects Delivering Hope (PDH.) The charity runs short-term projects which give long-term aid, including training courses and setting up Micro Finance Trust funds with partners Five Talents to small start-up businesses.

Anne was part of a small team delivering basic business training courses to South Sudanese refugees.

"South Sudan is amongst the most disadvantaged countries with a significant proportion of the population living as refugees in neighbouring countries, including Uganda." Anne explained.

"The South Sudanese people are full of imagination and enterprise but because of their circumstances they find it hard to translate their ideas into practical businesses that would help the whole community move forward.

"They also lack access to some of the basic tools and knowledge that we largely take for granted, about how you set up and run a small business.

"We wanted to provide help, not just give money away, and the Five Talents model supported by the training does just that."

The team delivered a business training course to over 80 attendees in Moribi-zone 2, called Mascedonia, a refugee camp which houses over 270,000 displaced people.

"The enthusiasm and willingness to learn was humbling as was the fantastic lunch that was made by a group of women in scorching heat," said Anne. "We also managed to hold a women's clinic and ended the day exhausted!"



Travelling between the camp and hotel was eventful. "The camp was about 45 miles away from our hotel along a road that has the biggest pot holes I have ever seen, and we emerged from the journey looking slightly orange!" Anne recalled.

"Along the way the children waved and called greetings with the biggest smiles. On arrival we were met by singing, handshakes, lovely smiles and enthusiasm which is infectious."

She added that the number of attendees steadily increased, and a Graduation Ceremony was held on the final day. "There was an air of excitement all round and we ended our workshop with many speeches, singing and dancing, which we did as a united community," said Anne. "Another first for me was to sing our team special song of reflection and thanks to the tune of Amazing Grace.

"The Bishop and his extended team said they were delighted at how well the workshops had been received. We achieved our objective, which was to bring the community together and to reinforce the basic business skills required."

Anne says she was overwhelmed by the kindness of the people that she met, and the support from the Bishop and his team. She also witnessed first-hand the effects of trauma on the Sudanese refugees.

"The Sudanese are proud people who hope to return 'home' next year. But even with our 'business' people you see signs of the trauma they have experienced," said Anne. "There are systemic issues with drinking and drugs, particularly amongst the young.





"However, the church and Mothers Union do fantastic work with families through various projects and training opportunities. The sense of a community trying to help itself is overwhelming.

"The Bishop and his team were extremely grateful for our support and the money that we raised will fund the Five Talents project for the next 18 months, and we look forward to hearing how that develops."

Following the workshops, Anne took the opportunity to take the seven hour journey to the Murchison National Park for a short safari, including a boat trip on the River Nile.

"We were amazed at the number of giraffes and many other animals you can see," said Anne. "We especially enjoyed seeing the buffalo heads popping up to see what was happening as we drove by."

They also learnt about the park's successful conservation projects, including reintroducing rhinos. "There were no rhinos left in Uganda, but six were introduced in 2006 and now, due to an enormous amount of work, they have 28!" said Anne. She added that the rhinos have to be looked after round the clock by dedicated guides and rely on tourism to help to cover their costs.



"Patrick our guide, and the other guides and people that we met during our tour of the country, looked after us and we were so lucky to see and do everything that we did."

Anne was impressed by the positivity of the Ugandan people. "They are proud that their economy is growing and that people's lives are improving, and I admired the support that they have given to a neighbouring country," she said.

"I'd like to say massive thanks from all of us to Andrew and Adrian from Projects Delivering Hope for giving me the opportunity to be a small part of their vision delivering tangible support to those that need it most," said Anne. "I'd also like to thank the people who gave to our JustGiving page, which pays for our Five Talents coordinator, and Dr Lawrence and his team at Lindfield Medical Centre and both of the pharmacists for their kindness with my many vaccinations!"

The project is currently raising funds to buy a motorcycle for the Five Talents coordinator so he can be self-sufficient.

For more information about Projects Delivering Hope, and how to donate, visit: www.projectsdeliveringhope.org.uk







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# Lindfield composer opens new Parkinson's Garden

Lindfield composer and music producer James Morgan joined Steve Ford, CEO of Parkinson's UK, to cut the ribbon and open a new community garden at Beech Hurst last month.

James, who was diagnosed with Parkinson's at the age of 42, was joined by members of Parkinson's UK, representatives from the Mid Sussex group and councillors to celebrate the opening of the garden in the popular Haywards Heath park.

"It was a huge pleasure to help open the new garden, beautifully designed, and a fantastic testament to the hard work of Sue Blunden and the Mid Sussex Group," said James. "I'm sure it will give a great deal of pleasure to both those who live with Parkinson's and the general public alike."

In November 2018 members of Parkinson's UK Mid Sussex branch approached Mid Sussex District Council to discuss the possibility of creating a garden area. The council's landscapes team then worked with them to redesign the old Petanque area adjacent to the car park at Beech Hurst, providing an accessible but peaceful spot.

Members of the local Parkinson's Group will maintain the garden.



Dr Tej Richardson, Mid Sussex Branch President, said: "This garden is an amazing achievement for our local group. It's beautiful yet practical and is good for all ages. I can see myself bringing my three year old daughter here with her scooter while I relax and enjoy the view!

"Staying active is very important for those with Parkinson's, both physically and mentally. Gardening is an activity that combines both and allows you to enjoy the beautiful surroundings at the same time. This is an astonishing achievement, and one that will not only benefit our group but also others in our local community."







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Every three minutes someone in the UK develops dementia. It is fast becoming the country's biggest healthcare challenge, fuelling the launch of a high-profile media campaign calling for the Government to put an end to the dementia social care crisis. Lindfield Life takes a closer look at the condition and what is being done locally to support people with dementia.

#### By Ayesha Gilani

Dementia is a disease in its own right. This myth was quickly dispelled by a passionate and proactive group of individuals who make up the Alzheimer's Society Mid Sussex Dementia Forum. I joined them at their meeting at the Age UK Centre in Haywards Heath where I discovered that dementia is, in fact, the name for a group of symptoms. These commonly include: problems with memory, thinking, problem-solving, language and perception. It is caused by different diseases which damage the brain by causing nerve cells to die. Alzheimer's disease is the most common form of dementia - accounting for approximately 60% of people with the disease. However, it is not the only one. Other types of dementia include vascular dementia, mixed dementia, dementia with Lewy bodies and frontotemporal dementia (including Pick's disease). Everyone experiences dementia in their own way. The specific symptoms will depend on the parts of the brain that are damaged and the disease that is causing the dementia. Other factors include the relationships people have with friends and family, the treatment and support they get and their surroundings.

Dementia currently affects more than 850,000 people in the UK, with an estimated 14,100 people living with the condition in West Sussex. Although it is most common in older people, dementia is not a natural part of ageing. It is a separate and distinct set of illnesses that can affect people of any age. More than 40,000 people

under 65 in the UK are living with early onset dementia. It is a progressive condition meaning that symptoms become more severe over time. There is currently no cure but treatments can slow the progression of the symptoms in some people. Tim Wilkins from Alzheimer's Society, who facilitates the Mid Sussex Dementia Forum, is quick to highlight a growing network of individuals who are working together across West Sussex to raise awareness and push for reform to improve the lives of people affected by dementia. He said: "People are diagnosed with dementia through the NHS Memory Assessment Service. Once they are diagnosed, support and information is available from a number of organisations, including Alzheimer's Society."

The Mid Sussex Dementia Forum is one of five Alzheimer's Society Focus on Dementia groups in West Sussex. It supports and works alongside other organisations, like The Haywards Heath Dementia Action Alliance (HHDAA), encouraging local businesses, schools and other organisations to become more dementia-friendly. "Our members are a brilliant group of people from a range of backgrounds," said Tim. "They are doing their best to live well with dementia. Their thoughts, ideas and experiences are much in demand to inform research, change attitudes and improve services for people affected by dementia. They are passionate about creating a more dementia-friendly community for all."



Peter and Jennifer Diack

Lindfield resident Peter Diack, 78, became a member of the Mid Sussex Dementia Forum following a diagnosis of dementia with Lewy bodies in October 2017. He said: "My symptoms started off mildly at first. I found it difficult to recall events that took place only weeks earlier and had to start writing details down in a diary. I started to forget people's names - these would be good friends I'd known for years. I knew them by sight but suddenly it was becoming more difficult to recall their names. People were kind and told me that everybody has memory loss but I felt embarrassed and irritated that I was not able to remember. As the symptoms progressed I found it difficult to follow instructions clearly and would have to ask people to repeat themselves. This came with a general feeling of disorientation. I was coherent before but find it hard to be naturally coherent now. I've lost a level of control. I would be at a total loss without my wife Jennifer by my side. Dementia is a difficult word - it frightens people out of their minds, especially in the early stages. In the past a common reaction, following a diagnosis, would have been to hide away and disappear from the world. Too many people fall into that trap of thinking, but I want to reassure them that a dementia diagnosis is not the end of the world. It is not the end of life. It's important to be positive and to stay active. The Mid Sussex group has been my salvation in many ways. I feel at ease, included and able to relate to the people there. I feel that I have a purpose and can use my experience to contribute my thoughts and ideas to help push an important campaign to help people live well with dementia. This has been deeply significant for me."

As the UK population ages the number of people with dementia will climb rapidly. It is estimated that by 2025 more than one million people in the UK will have dementia. Campaigners argue that the only way to beat the condition is through research. In 2015 Join Dementia Research was launched as a national service which allows people to register their interest in participating in dementia research and be matched to suitable studies. Vital studies into early diagnosis, prevention and new treatments are making progress – but more volunteers are needed. Anyone over the age of 18, with or without dementia, can register their interest as a volunteer. For more information and to register visit www.joindementiareserach.nihr.ac.uk or call Alzheimer's Research UK on 0300 111 5 111.

#### Need to know...

Alzheimer's disease: Abnormal structures called 'plaques' and 'tangles' build up inside the brain. These disrupt how nerve cells work and communicate with each other and eventually cause them to die. There is also a shortage of some important chemicals in the brain, which means that messages don't travel around as well as they should.

Vascular dementia: is the second most common type of dementia, where a lack of oxygen to the brain causes nerve cells to die. This can be caused by a stroke, a series of mini strokes or a disease of the small blood vessels in the brain.

**Mixed dementia:** where someone has more than one type of dementia and a mix of symptoms. Alzheimer's disease and vascular dementia is the most common type.

Dementia with Lewy bodies: named after the German doctor who first identified them. Lewy bodies are tiny deposits of a protein that appear in the nerve cells in the brain. These cause a loss of connections between nerve cells, which then die.

Frontotemporal dementia (FTD): is a rare form of dementia, where clumps of abnormal protein from in the front and side parts of the brain cause the death of nerve cells. It is sometimes called Pick's disease or frontal lobe dementia.

### Here to help...

If you have any questions or concerns about dementia, the Alzheimer's Society Sussex Helpline provides information and support for all types of dementia from Monday to Friday 10am to 4pm. Call them on 01403 213017 or email sussex.helpline@alzheimers.org.uk.



- The Haywards Heath Dementia Action Alliance (HHDAA) is a group of volunteers made up of local residents, professionals and businesses. They run activities and events for people with dementia and their carers. They also provide free sessions for schools, businesses and organisations that want to increase their knowledge and understanding of dementia. Get in touch via email on: dfc@haywardsheath.qov.uk
- All Saints Church, Lindfield is hosting an 'Exploring Dementia' workshop on Monday 30th September at 7.30pm. All welcome to attend.

## Is it time to extend?

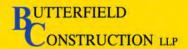
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#### Lindfield welcomes Chelsea Gold Medal winner

Chelsea Flower Show Gold Medal Winner Juliet Sareant will join members of Lindfield Horticultural Society at their meeting on 9th October to talk about how she designed her winning garden.

Juliet is one of the BBC's 100 inspiring and influential women around the world for 2018 and has appeared on Gardeners World; regular coverage of The RHS Chelsea Flower Show; BBC's Inside Out; Ch4's Operation People Power and Village of the Year.

Her previous career in hospital medicine informs her unique approach to designing gardens and communicating the importance of landscape for health and well-being. She teaches garden design and planting to garden enthusiasts at her Sussex Garden School.

In 2016 Juliet designed the Modern Slavery Garden for the RHS Chelsea Flower Show. It was Chelsea's first social campaign garden and was awarded a Gold Medal and the People's Choice Prize.

She has had experience as a member of the RHS selection panel and judge for show gardens and has won awards from the Society of Garden Designers for sustainability and hard landscaping design. She became a Fellow of the society in 2017 for her contribution to garden design and horticulture, and has been celebrated for her role as a change-maker and role model in the black and Asian community.



Juliet has also been one of the Evening Standard's 'Progress 100' influential people.

Doors at the King Edward Hall open at 7.30pm for an 8pm start. Tickets cost £5 (£2.50 for LHS members).







Behind the Counter is a series of articles we started back in 2017 to take a look at the inner workings of Lindfield's most-loved shops, and get to know the people who run them. In this latest edition we meet Nicola O'Rourke – the mastermind behind #thewindowat62 and the worldwide renowned bridal shop, Mathilda Rose.

#### By Joe Wayte

Born and bred in Lindfield, Nicola's parents owned land near Lyoth Lane. She was educated locally both at Great Walstead School and Ardingly College before moving to London to study Textile Design. "I started at Chelsea College of Art and Design to complete my foundational year," Nicola explained, "before getting a prestigious place on a degree course at Central Saint Martins School of Art."

If you want to be well-known in any form of art, Central Saint Martins is the place to be with courses that are incredibly sought after and incredibly competitive to get in to. "There were only eight of us on my course," Nicola added, "and as part of the selection process my group of applicants had to create a runway look for a model using only a deck chair, and within a very short amount of time!" Included in the eight studying with Nicola was Alice Temperely, now MBE and once described by American Vogue as 'the designer making the biggest waves in British fashion'.

After attaining her degree, Nicola started work in the commercial world by accepting a place on the Marks and Spencer graduate scheme. She gained experience across a variety of departments and then settled as a Buyer – a role she stayed in for over ten years. She spent another six years as a Buyer for many well-known



retailers before realising her dream of owning her own bridal store. "In those days, if something went wrong in a factory that was supplying your fabric you were expected to get on the next plane to go and fix it," Nicola said with an air of exhaustion. "At that time most of my suppliers were in China and balancing being a mum while frequently flying to China became too much."

Nicola has three daughters and by combining elements of their three names she came up with the brand Mathilda Rose. The two eldest daughters are already showing signs of following in their mother's art and fashion footsteps.



Having never worked with wedding dresses before, the bridal boutique was a whole new enterprise for her. "If you're a good Buyer you have transferrable skills into any area of retail," she explained. "The principals are the same: truly understand your customer; only buy high quality; create a commercially balanced range; have a good selection of price points." Through her store Nicola wanted to combine her expertise in sourcing products behind the scenes with interacting with her customers to make sure they received only the best experience from start to finish.

"There was a real gap in the wedding dress market," Nicola shared, "and it's a huge passion for me. I still get emotional sometimes as I see brides walk out the door, having worked with me for a year, with their perfect dress in hand." The doors to Mathilda Rose opened eight years ago and was recently year named 'Best Bridal Retailer' at the 2019 Wedding Industry Awards. It also holds a Gold accreditation from leading designer Maggie Sottero.

The way wedding dresses are purchased has evolved since the store's 2011 beginnings. Initially customers would book an appointment to try sample dresses on in store. Once the perfect dress was selected, Nicola would work with the designers over 12 months to create a bespoke-fit-dress. "Some still like the made-to-order experience but as time has gone on, I now have dresses ready to buy off the peg – you can take some away on the day, and a whole new enterprise of selling to customers online with no face to face interaction at all," Nicola told me. With her accreditations and awards, brides seek Mathilda Rose from all over, with regular online purchases from women in New Zealand, Dubai, Paris and New York.

Mathilda Rose is open by appointment only because, other than a team of seamstresses, Nicola does everything else for her clients herself. Her role as manager ranges from fitting, ordering and designing to mediating and counselling. "My job isn't just about finding a dress that's perfect, it's about making the bride feel perfect, and wedding preparation can be stressful," she said smiling. "Sometimes you get conflicting opinions about what to go for, and often it's my role to find a compromise that makes everyone happy before they leave."

#thewindowat62 is famous worldwide on social media. It was also featured on Channel 4's Extreme Cake Makers in 2017 for a partnership with Michelle



Sugar Art to create a life-sized cake of a wedding dress on a manneguin. The idea for the hashtag first came about for the shop's opening in 2011. Nicola wanted to get traction as soon as possible and hoped that by creating a breathtaking window display she'd be noticed by publications such as Brides magazine - and she was. The idea was a huge success and kick-started Mathilda Rose's social following. "I design every window myself and I'm quite the 'bridezilla' about it." Nicola admitted. For a collaboration with Izzy's Party Shop to make a balloon archway, the balloons had to be layered three or four times on top of each other to create the exact colour Nicola had designed. "Attention to detail is so important to me - it's a huge factor in why brides trust me - and the same can be said for Izzy's Party Shop, which is why the collaboration was such a success," she shared. Preparation for this year's Christmas window has already started, and it's sure to be magical.

"Customer experience is the most important thing to me," Nicola told me. "I'm also so grateful to my team of seamstresses, without whom I wouldn't be here. We've had brides order a size eight dress, before coming in for a fitting two weeks before their wedding with a twelveweek bump. While I reassure the bride, my team of seamstresses make it work! Life as a shop owner comes with many challenges, but seeing the brides walk out beaming makes it worth it."

With a ten-year lease freshly signed and a new contract to be one of only five UK stockists for an exclusive high-end Greek designer, the boutique and its famous window is set to grace the High Street for many more years to come.





### Are you a rambler?

#### **By Jo Mitchell**

The Mid Sussex Ramblers is the walking group for the area and we offer a varied programme of walks throughout the year to suit all ages and abilities. Our walks programme is available on our website: www.midsussexramblers.co.uk along with information about the group.

Walks are arranged on Tuesdays and weekends throughout the year and vary in length from 4-12 miles.

New and experienced walkers are both very welcome and if you would like to try one of our walks please get in touch via the Contact Form on our website, email msrpublicity@gmail.com or telephone our Secretary and Publicity Officer, Sue Blandford, on 01403 255654.

There are events taking place every month. One local one is the Reservoir Balcombe Circular on Tuesday 17th Septemberm which starts at Ardingly Reservoir car park at 10am. It will be a 7.5 mile 'moderate' walk taking in Pilstye Wood, Kemp House and Balcombe. Call Ron for more information on this walk: 07785 717450.

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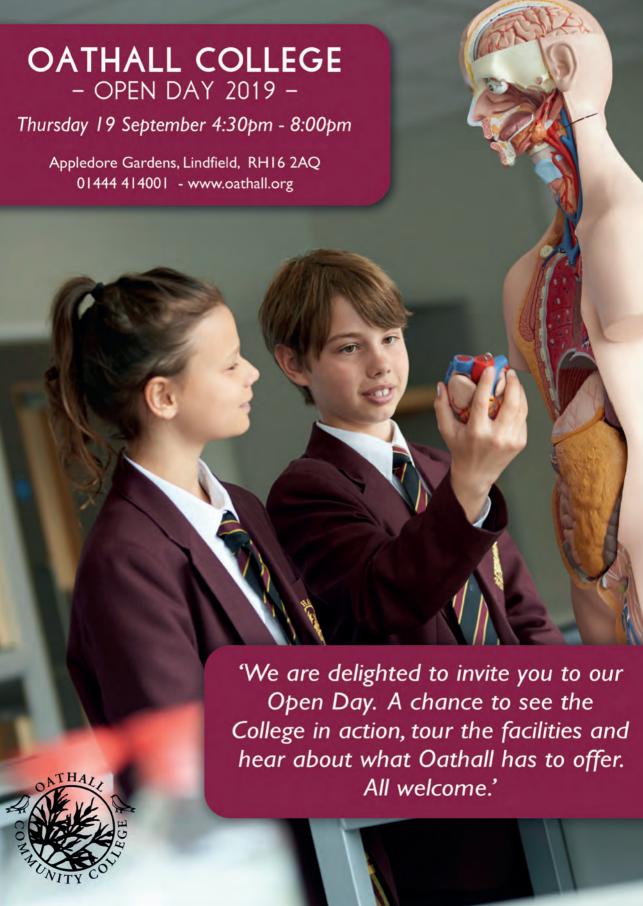


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### Coffee and cycling – a winning combination

Most cyclists would agree that cycling and coffee is a winning combination, so when Brighton's newest cycle race team was on the lookout for a sponsor, Lindfield Coffee Works jumped at the chance!

The (n+1) Lindfield Coffee Works cycle team was launched this year and members have already clocked up success in events, including The Tour of Sussex and the South East and Eastern Championships.

The team is part of the (n+1) cycle shop and café, which opened at Brighton station four years ago. Run by Dan Pullen, the business combines a cycle repair shop with café, serving coffee and pastries to commuters. Many commuters drop off their bikes for repairs and servicing, to pick up on their way home.

Lindfield Coffee Works has been supplying the coffee since the business started. "When Dan approached us with the idea of starting a team it wasn't even a consideration whether to be involved or not," said Kris Whelan. LCW owner.

"We loved Dan's passion, vision and values he had for the team, and cycling and coffee is a perfect mix! We hope we can build on the amazing work Dan and the team have achieved in such a short time."

But has Kris has been tempted to climb on to the saddle and join the team? "No, I look too bad in lycra!" he laughed. "But I'm taking more of an interest in cycling, and the more people I meet and the more I become involved, it could be just a matter of time...!"



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#### By Jacqueline Elmore

When Sarah Rolph's father sadly passed away with Idiopathic Pulmonary Fibrosis (IPF) four years ago, she was determined to help raise awareness about the disease. Sarah has written and recorded a song called 'Love is what you leave behind' in memory of her dad and to try and help raise money for the charity that supports the disease, Action for Pulmonary Fibrosis (APF).

Sarah explains: "They diagnosed Dad with IPF in the October and he was gone by July the following year. It was horrendous and I do feel for anybody facing it. That's why I wanted to do something because I saw other people on Dad's ward suffering just as he was."

Sarah's dad was a retired police officer. He died in 2015 at just 72.

"It started off with Dad complaining about his breathing and he would just really struggle even to walk up the high street. Further down the line they did more tests and that's when they found IPF and it just got worse and worse until eventually the disease took his life."

A number of years after Sarah's dad passed away she contacted APF.  $% \begin{center} \end{center} \begin{center}$ 

"I decided, that four years on, the time would be right to do something meaningful in tribute to Dad and that the recording of my song could be an ideal way to raise awareness and funds for the charity. That's when I got in contact with them."

Sarah's cousin Nathan (Corbould-Dawe) is a musician and musical arranger, who prepared the arrangement for the song.

"I originally wrote the song for Dad's funeral and Nathan accompanied me. He acted as musical director for the project and wrote a wonderful arrangement and all the additional parts. It was very special because he is my cousin and my father loved him."

Many of Sarah's family joined her in the studio on the day of the recording, including her husband and her children.

"My cousin's mum (my aunt) and my mum are best friends, so I decided to surprise them on the day. It was such a lovely day because my mum and my auntie didn't know anything about it. It was one of those truly special times because we were far enough along we could see it in a joyful way and that is the way Dad would have wanted it to be."

Action for Pulmonary Fibrosis has been supporting Sarah and helping to advise her on ways in which she can generate as much support as she can for the single.

Sarah lives locally and works at Lindfield Primary Academy. As well as working as a teaching assistant she also runs her own choirs for children business.

She has set up a JustGiving page in aid of the charity and all the great work they do, and she has already reached her original target.

"Obviously I would love to make as much money as possible. I funded the recording day myself and that was a personal choice, but anything we make is going straight to the charity. My aim is to try to reach out to all those who have been affected by this horrible disease."

To make a donation please visit

https://bit.ly/2ZnHViJ or you can listen to Sarah's single at https://youtu.be/ILz8kYS5jAI

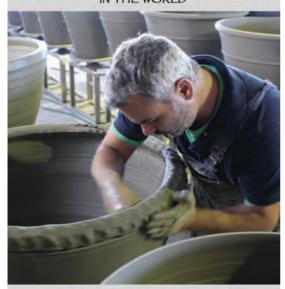
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#### **RECYCLE THIS...**

Colin McFarlin is a Volunteer Waste Prevention Advisor with West Sussex County Council and sheds some light on what can and can't be recycled.



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Do keep the questions coming...

Most popular item in my post bag of questions is Plastic.

We all know that paper, steel/tin cans, aluminium cans and glass bottles and jars can be recycled in your blue top kerbside bin.

So why is Plastic so complicated? Well by the time you get to the bottom of the page I hope I can give you some simple rules regarding Plastic that can go into your blue top kerbside recycling bin.

Complicated – yes, it is. There are over 40,000 different types of plastic, all grouped into seven codes. So, there are many types of plastic in each code.

Here are my five simple rules to what you can put into your kerbside recycling bin.

1. The symbol you find on plastic is nothing to do with recycling, it is one of the seven resin codes – ignore it!





- Is it a plastic bottle, tub, pot or tray from your bathroom or kitchen? Plant pots are from your garden so cannot go into your recycling bin – B&Q operates a recycling scheme for them.
- 3. We accept any colour, any thickness
- 4. Plastic to be Clean, Dry and Loose and with the tops off. Why? The top is often a different plastic to the bottle.
- If plastic tops are smaller than jam jar lid size put into rubbish bin or give to a charity that collects milk bottle tops. Why? In our sorting process small items of plastic contaminates our sorted glass.

Recycling made simple. If still in doubt do look up **www.recycleforwestsussex.org** or write to me with a picture.

Would you like me to give a talk to your local group on recycling? Do you have an individual question on specific items you are not sure how to recycle? One email to the Editor, with a picture if possible, and I can let you know.

 $Looking \ forward \ to \ hearing \ from \ you.$ 

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# Stage is set for the anniversary Arts Festival

#### LINDFIELD ARTS FESTIVAL

#### By Ayesha Gilani

Happy 10th anniversary Lindfield Arts Festival! On Monday 16th September our picture postcard village will throw open its doors to a week-long celebration of the arts in all its diversity. We hope you have received a copy of our colourful festival programme. Inside you'll find an exciting and jam-packed itinerary of activities and events to enjoy from art exhibitions and trails to dance, street theatre, musical entertainment and more! There are many free workshops and events too. Book tickets for all events via our website www.lindfieldartsfestival.com or through our village box office at Kell & Collins on Denmans Lane. Here's a little taster of what's to come...



#### TIKKA CHANCE ON ME

Join us for a super trouper, feel-good opening night at Tamasha. On Monday 16th September, Lindfield Arts Festival kicks-off with a delicious feast and live music from Abba tribute band Abalicious! For £20 per head you can tuck into popadoms and chutneys, four types of main courses, two sides, rice and naan bread to share. Doors open at 6.30pm.



#### TRADITIONAL BARN DANCE

Dance the night away at The King Edward Hall on Saturday 21st September. Enjoy traditional dance music from the British Isles and France played by the Ashdown Forest Band and led by their caller. This event is suitable for beginners to experienced dancers. There will be a fully stocked bar for refreshments, courtesy of

the Lindfield Club. Doors open 7.30pm, dancing from 8pm. Please note: children under 8 years of age will not be admitted. Tickets cost £10.



#### **BOOK LOVERS QUIZ NIGHT**

LAF is celebrating the Book Group with a literary themed quiz night at Lindfield Primary Academy on Tuesday 17th September, 7pm. Waterstones will be joining us to recommend some great new reads. There will be a prosecco bar, book swap table and a chance to win a Book Group Evening Kit in our fantastic raffle! Tickets are £5 per person and teams are a maximum of 8 people. All welcome to join the fun. Book soon - spaces are limited and tickets are selling fast!

#### BARNSTORMERS COMEDY NIGHT

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#### LINDFIELD IN BLOOM - FLOWER FESTIVAL

Lindfield in Bloom is hosting a free Flower Festival at All Saints Church throughout the festival week. From Tuesday 17th to Sunday 22nd September, between 8am and 5pm, you can enjoy floral exhibits created by local organisations and cast your vote for the 'visitor's favourite' display.



#### **CRAFT EXHIBITON**

The Lindfield Arts Festival 2019 Craft Exhibition will take place on Saturday 21st September at King Edward Hall from 10am – 5pm. There will be a huge assortment of beautiful and original handmade gifts on sale - including jewellery, textiles, ceramics, natural cosmetics and more!



More than twenty-five local artists will be showcasing their work at this year's Art Exhibition, sponsored by Taylor Wimpey. Pop along to Lindfield Primary Academy's Sports Hall on Saturday 21st September from 10am to 5pm and Sunday 22nd September 10am to 4pm. Artists will be on hand to talk about their work. all of which are for sale. Lindfield Art Studio will be opening its doors on Saturday 21st September from 10am to 5pm and on Sunday 22nd September between 10am to 4pm. It will be hosting an open house where you'll able to see the work of seven incredible local artists. Each day the Studio will be running various free workshops at 11.30am and 1.30pm where visitors can try out new skills. On both days Lindfield Art Studio will also be running a raffle where the winners will receive an art gift from one of the amazing artists exhibiting. All the artwork on display will also be available to purchase and between 1pm and 2pm adults will be able to enjoy a free prosecco hour as well! On the Sunday, there will also be an Art Café open between 11am and 3pm where home-made cakes and refreshments will be served in the Studio Garden.

#### **BLUEBELL VINEYARD WINE TASTING**

The Witch Inn is hosting a wine tasting on Saturday 21st September from 3.30pm to 4.30pm. Bluebell Vineyard Estates is a familyrun vineyard and winery with a passion for producing world-class sparkling wines. This workshop will give you an introduction to their range of multi awardwinning wines followed by a tutored-tasting of Hindleap Sparkling Wines and Ashdown Still Wines. Tickets cost £5 per person.



## FESTIVAL VOLUNTEERS NEEDED

LAF is a volunteer led, multi-arts festival. Many people give their time, talent and money to make this festival happen and we are indebted to every single one of them. This year we are still in need of some volunteer stewards at some of our events. If you can offer an hour or more during Saturday 21st and Sunday 22nd September, we'd love to hear from you. Please contact

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### Parlez-vous français?

French speaking group welcomes new members

As the 2019-2020 season opens next month, members of the Mid-Sussex Franco-British Society in Haywards Heath extend a warm welcome to those who enjoy an opportunity to listen to and practise speaking French.

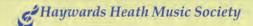
The season starts with Retrouvaille on 18th September, an informal get-together of members, complete with wine and tombola, followed by a brief AGM.

The Society was founded in 1971 by local French teachers to promote and encourage the use of the language and provide a forum for the increase in the knowledge of France and its culture. The tradition continues through monthly meetings on Wednesday evenings in the Function Suite of Clair Hall, between September and June where the main language of the evening is French.

Meetings are designed to be informal and welcoming at all levels of French with speakers giving talks in French on a variety of subjects.

For more information contact secretary Barbara Stevens, on 01444 452385, email: dandbstevens@btopenworld.com or visit: www.midsussexfrancobritish.co.uk

The annual membership fee is £22, payable in September, and the visitor's fee is £5 per evening, payable at the door.



78th Season 2019-2020

Sat. 21st Sept. 2019: OPENING CONCERT

RHYTHMIE WONG (piano)



Winner of the New York International Artists' Piano Competition, Rhythmie's playing also dazzled the audience at the Sussex International Piano Competition last May.Recital includes Ravel's Gaspard de

la Nuit & works by Granados and Haydn.

Next: 19th Oct 2019 Alexandra Lomeiko (violin)
16th Nov 2019 \* Andrey Lebedev ( (guitar)
15th Feb 2020 \* Jonathan Radford ( saxophone)
14th Mar 2020 Young Musicians' Showcase
21st Mar 2020 Caroline Tyler (piano)
25th Apr 2020 Nat. Youth Jazz Orch. Ambassadors

Concerts will be held in St Wilfrid's Church at 7.30pm or the \*Methodist Church, Haywards Heath, Tickets: £12 for members; £15 non-members Season tickets, including membership, only £60 pa. For further information, telephone 01444-456227, or visit: www.haywardsheathmusicsociety.org.uk

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September 2019 41



#### By Claire Cooper

During his 30+ year career as a DJ, Lindfield's Greg Cattle has travelled the world thrilling hundreds and thousands of partygoers, clubbers and festival revellers.

But taking to the stage at Lindfield Arts Festival later this month will be one of Greg's proudest moments yet – even though he won't be mixing many tracks himself!

The DJs who will be entertaining the Lindfield audiences are all Greg's students who have been learning the art of DJing from one of the industry's best.

"The festival is a fantastic opportunity for my students to showcase their talent and bring the community together," said Greg, who has been passing on his skills to the next generation of DJs at after school clubs and lessons. "Nothing can substitute the experience of live performance, and getting my students to DJ to a crowd at an early age will help with their confidence in all aspects of life."

Since he began offering DJ lessons a couple of years ago, Greg has set dozens of youngsters on the road to becoming performing DJs, and following in the footsteps of his own journey which began when he was just 9 years old.

"In the early 1980s I had a cassette player with two tape decks and I realised that if you pressed play on both decks at the same time they would play simultaneously," he said. "Using a pencil and a lot of patience to line the cassette tapes up I started to mix two tracks together"

A few years later Greg had progressed to two record players and a mixer. "I spent hours practising and refining ways you could mix tunes together," he added.

Greg also experienced travel from an early age, moving from Camden Town to Saudi Arabia with his family before attending a boarding school in Wales. "I am dyslexic, so academically I was limited, but I made up for it on the sports field getting a sports scholarship to St David's College in Llandudno."

But music remained Greg's passion and after leaving school he headed back to Camden and began DJing everywhere he could including London radio station Touchdown FM.

"I was desperate to get involved so I practised relentlessly and eventually a mixture of polite reminders and determination saw me co-hosting one of the main shows on Saturday nights.

"All of the DJs from the station are still in contact, thanks to today's technology, but back in the day Touchdown FM was a link for Londoners to find out about parties and discover the very latest tracks being released," Greg recalled. "The station was trending around London in the late 80s and early 90s and it produced some of our leading DJs today including Goldie and Tall Paul."

Greg's career quickly took off. "DJing is very personal to the person doing it," he said. "For me it was my way of escaping in some ways and I was lucky that I was playing music that I loved and people were increasingly getting into."

As his reputation grew, Greg was approached by Spiral Tribe to DJ at its huge free parties. "In the space of a few years I had gone from mixing tapes in my bedroom to performing both on the radio and in front of 50,000 people," he said. "I recently watched a new documentary on BBC iPlayer called Everybody in the Place, which explores the impact music had on our culture at that time. It reminded me of how lucky I was to be in the right place at the right time."

At 19 years old Greg had an agent and DJing became a full-time job. "As I had travelled a lot when I was a child I had no fear when I was asked to jump on a plane and fly

out to DJ at the iconic 'Space' night club in Ibiza. I was the youngest DJ on the scene by a long way - it was a fantastic experience."

After returning to London and DJing on the radio, nightclubs and parties, Greg was offered the opportunity to DJ abroad more frequently.

"I jumped at the chance and DJ'd in over 20 countries worldwide at clubs such as Space, Amnesia, Ministry of Sound, Limelight and Fantasia with well known artists including Carl Cox, Sacha, Moby. I was also invited to work with a few bands and my scratching has been used by Kula Shaker and Ocean Head."

However, a further European tour almost ended Greg's career. "When I was in my mid 20s I was asked to DJ at a massive outdoor party in Amsterdam," Greg recalled. "In the 90s sound systems generally weren't very good and this one was huge with the speakers set up right behind me. It was so loud that I spent the whole four hour set with the headphones pressed to my ears to hear the track I was trying to mix in. When the gig ended I was completely deaf in my left ear."

There was a further shock when doctors told Greg there was nothing they could do. "They told me I'd be lucky if my hearing ever came back. I was devastated."

Greg packed away his decks and got an office job in real estate in London. "It wasn't all bad, over the course of a few months my hearing gradually came back and I met my now wife Kelly!" he said.

In 2002 Greg and Kelly moved to Spain and spent ten years working in real estate. "I did a little more DJing while in Spain - just a few radio shows and parties - I had learnt my lesson and was now very careful with my ears!"

When their son Louis was one year old, Greg and Kelly decided to head home to England to be nearer to family. "We wanted Louis to grow up in the countryside and, being from Brighton, Kelly was keen to live in Sussex again, so we toured around local villages looking for somewhere to settle," said Greg. "Nowhere grabbed us until we arrived in Lindfield. As we drove past the pond I turned to Kelly and said this is the place."

They moved into their home near the common seven years ago with second son Woody arriving in 2016. "We absolutely love living in Lindfield - it's a brilliant place to bring up a young family," said Greg, whose thoughts had turned to how he could work nearer to home and spend more time with his family.

"International Real Estate is far more lucrative and exciting than UK Estate Agency, so I started to think about how I could make a living with a niche skill and was racking my brains to think of what I could offer to the local community," he said.

"Several people had said that I should be a school teacher but academically speaking this was a non-starter for me. I then had my Eureka moment! I had taught my family and friends to DJ – why not offer it to the community? It was one of those moments when you realise the answer had been staring you in the face the whole time"

Greg shared his idea with next door neighbour and



artist Georgina Moir. "She thought it was a fantastic idea and offered to design me a logo," said Greg, proudly wearing his branded DJ Greg T-shirt.

Before long, Greg was teaching group DJ lessons at Great Walstead and Lindfield Primary Schools and at Cumnor House in Danehill from September.

Greg also offers group DJ sessions and one to one lessons in his studio or at home and also DJ's at local parties, encouraging children to DJ at their own party or thrilling their parents at various local parties and events.

"We have a very active PTA at Lindfield Primary Academy and with help from some of the parents we have set up 'Club Night' which is happening again in November at the King Edward Hall," said Greq. "We have several very talented DJs living in the village and with help from local sound system company



Loh Humm, it's a really good night."

Beginner courses cover ten hours and at the end students will be able to perform and record a live set. "DJing helps develop confidence and performance skills and is great at relieving stress," said Greg. "I've realised how much pressure children are under these days and how DJing can give them an outlet away from games consoles, iPads and exams."

Once pupils have learnt how to mix they can progress to music production lessons. "One of my students recently took part in a young music producers competition run by the record label that I'm signed to, Lift Music, said Greg. "The competition was remixing the sound track to the Hollywood blockbuster film 'What Women Want'.

"It was his first attempt at producing music and he came close to winning the main prize of flying to Hollywood for the release of the film, a decent cash prize and, of course, his share of the royalties from that song."

The DJ Greg Stage on Lindfield Common on 21st September will see Greg's students performing live at Lindfield Arts Festival, along with special guests between midday and 6pm.

"It's a fantastic opportunity for these talented young DJs to showcase what they have learnt and I'm really excited for them," said Greg. "And who knows, Lindfield may be witnessing the birth of the next superstar DJ like Calvin Harris or Fatboy Slim!"

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# Sporty Oscar's a rising star

At just ten years old, Lindfield golfer Oscar Dalgliesh, is now making a name for himself on the athletics field.

Last month Oscar was crowned Sussex U11 Quadkids Athletics Champion following an event at Withdean Stadium in Brighton.

Oscar, a pupil at Lindfield Primary Academy, beat 60 young athletes from across the county at the four events - 75 metres, 600 metres, vortex howler throw and standing long jump – achieving 265 points overall. His favourite event, the 75 metre sprint, achieved the fastest time at the event.

This was Oscar's first event since joining Haywards Heath Harriers in April. Earlier this year he also qualified for the Sussex Schools Cross Country finals.





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## Pond Island Discs!

#### By Ayesha Gilani

This month we're celebrating ten years of Lindfield Arts Festival with a playlist to inspire! This talented group of castaways were asked to share the sounds that have helped spark their creativity. Look out for them over festival week.

M.G. Leonard, awardwinning children's author - catch her at The Tiger Rooms on Saturday 21st September

#### I Heard it Through the Grapevine by Marvin Gaye "This song always gets me

in the mood because it lifts my spirits. It's a timeless

classic track with a feel good groove and a sing-a-long melody. It evokes the summer, and despite the song's sad subject matter, makes me feel positive. Gaye's an incredible songwriter, and one of my favourite artists, which is why one of the beetles in my books is called Marvin."



DJ Greg - catch him on The Common from 1pm on Saturday 21st September Groove Is In The Heart by The Reflex

"This is a remix of a classic which I'm really into at the moment and goes down well at a festival. The artist is The Reflex who I highly

Brett Hudson, Artist - see

his illustrations at Lindfield

Vincent by Don McLean

"My Festival song would

have to be Vincent (Starry,

Starry night) because I love

Van Gogh's paintings and I

feel the song captures his

life perfectly. It describes

Art Studio

recommend. Come and check out tracks like this on Lindfield Common."



Beth Mercer, photographer - see her work at Lindfield Art Studio Movin' on Up by Primal Scream

"This track makes me think of spring and skylarks and reminds me of happy carefree days when I lived

on the Hebridean Island of Coll in my early 20s. Sunshine, beaches and parties! It

brings me the same feeling of pure joy that I get when I'm out taking photos and am blown away by the beauty of nature."



Tom Mackewn, illustrator and LAF 2018 Bursary winner

#### Todayo by Teenage **Bottlerocket**

"I like to listen to fast upbeat Punk when I'm drawing. It gives me a sense of urgency to actually get stuff done. This is the track that is currently on my speakers!"



his beautiful art and subjects - very inspiring. I look forward to seeing everyone at the Lindfield Art Studio where I will be painting and showing my sketchbooks."

Leesa Le May, co-founder of Lindfield Arts Festival and Lindfield Art Studio owner Perfect by Fairground Attraction

"I love this track as I remember singing along to it with mates in a bar way back! It makes me happy, it's fun and actually sums up

how I like things to go in my drawing and life - manically, haphazardly perfect!"





## Getting fit, raising funds and having fun!

By Claire Cooper

Two Lindfield friends are urging residents to dig out their trainers, don their dance shoes, pick up their pilates mats and help raise money for a local family support charity.

The pair, Victoria Hersey and Victoria Donougher, are organising the village's first Community Exercise Day to raise money and awareness for local Sussex charity FSW.

On Friday 11th October, from 9am to 8pm, residents of all ages are invited to sign up and take part in one of the many exercise classes being held inside the main church building at All Saints Church on the High Street

Working with local personal trainers and exercise specialists, there will be different classes running throughout the day – ten in total with sessions starting on the hour. "There will be something for everyone... cardio, circuits, dance, stretch and special classes aimed at those less active, as well as classes for kids and their families," said Victoria Donougher.

She added that alongside the classes, they will be running a heathy-eating cafe at the back of the church for people to pop in, see what's going on and have a drink and a chat. It's also a chance to visit the newly refurbished church.

FSW (Family Support Work) is a local Christian charity helping families in Sussex to overcome their difficulties and prevent crisis. They support families struggling with anything from bereavement, ill health, learning difficulties, poverty, family break-up or domestic abuse. Their aim is to support parents as they try to ensure that their children have the best start in life. Alongside emotional and financial support, FSW also runs a food bank and provides after-school clubs and holiday activities for children.

Victoria Hersey added: "FSW is a great local charity. They do brilliant work to support local families in crisis. As a small charity, every penny really does count so we



wanted to organise an event that raised money as well as raising awareness of the work they do.

"We really would like this to be an all community event and are encouraging everyone to come along... we are hoping to offer sessions suitable for all ages and abilities. And if you really don't want to put on your trainers, there will a café for people to come in and see the newly refurbished church building."

For more information about the classes and the different trainers that will be there on the day, visit their Facebook page:

www.facebook.com/events/629984560827334/

And if you would like to sign up to a class, you can do so at: https://bit.ly/2ZaxoL2

If you would like to support the event but can't attend on the day, Victoria & Victoria also have a donation page at: https://www.justgiving.com/

fundraising/fswcommunityexerciseevent2019



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#### By Gemma Reeve, Travel Counsellors

Since starting my own travel company this year I have been so grateful to Lindfield life and local residents for providing a fast take off (if you pardon the pun) for my business. What has become clear to me in just a few months is how customers value genuine customer service which goes above and beyond. Several of my customers have made reference to seeing my advert in Lindfield Life and with Pop up events in the village and my husband's leaflet drops I have quickly established a local presence in short time.

I have delivered a wide range of holidays from Honeymoons to European last minute breaks, from Safaris in Botswana to cruises. I have loved the recommendations which have been passed on and already have made separate bookings for two generations in the same family. Customer feedback has been excellent, but the ultimate endorsement is word of mouth recommendation.

I spend time with suppliers to understand the latest opportunities. I enjoy hearing about latest hotel openings, visiting cruise ships when they are in port and speaking to destination tourist boards to further my knowledge. Building on these relationships with the suppliers in turn helps me to deliver the ultimate experience. Travel is special and it is important clients feel truly valued.

When it comes to planning a bespoke holiday, I am lucky that I have access to many local destination managers, who not only live in the destination but have the latest first-hand knowledge so I get to know the latest hotel openings, a new experience or latest excursion options and bring those benefits directly to my customers.

I enjoy the challenge of being given a budget and a broad scope. As one customer said to me, 'Here is my budget. I have no idea, but my wife wants to take five girlfriends to the sun'. Within a couple of hours I found something beyond the customer's expectations. The intrinsic value of exceeding expectations makes my job so rewarding.

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#### By Chris Gurr

A fabulous display of flowers, foliage, fruit and vegetables greeted visitors to the Lindfield Horticultural Society's Summer Flower and Produce Show held in the King Edward Hall last month.

As usual, the colours and scent of the flowers and foliage on display were outstanding. The vegetables and fruit looked almost too good to eat but no doubt they will already have been consumed in various homes in and around Lindfield!

The judges picked out certain flower, fruit and vegetable exhibits as winners in various 'classes' which were particularly of a high standard, and the following were winners of various trophies or 'Best in Show' categories:

John Rieley, Richard Hilson, Doreen Orton, Jacqui Essen, Rolf Lloyd Williams, Andrea and Peter Browne, Jenny Purdon, Andrea Fall and Clare Wilson.

Lorelie Hilson and Jeff Essen were awarded 'Best in Show' for their exhibits in the cookery and handicraft 'classes' respectively.

Florence Fearn Hughes, Alice Anderson and Teddy King were winners of awards in the Junior categories, although every entry in the junior sections received a 'little goodie'.

The success of the show was enhanced by tea, cake and good conversation in the Jubilee Room where there was a lot of interest in the number of excellent plants on sale.

This is the first Summer Show in recent times in which the entries were open to all comers, as are the Society's Spring and Autumn Shows.

By opening its shows to all comers, the Society hopes to encourage more entries. Even though the standard was high, some visitors suggested that they had flowers and vegetables in their garden or allotment which would have given some of the exhibits at the Summer Show a 'good run for their money'.

Each year, the Society prints details of its forthcoming shows in a Show Schedule which is reflected in its web site - www.lindfieldhorts.org.uk

It also details the society's programme of events throughout the year and how to become a member (£6 pa). A printed copy of the Show Schedule can be obtained from Pat Whetstone on 01444 483236.









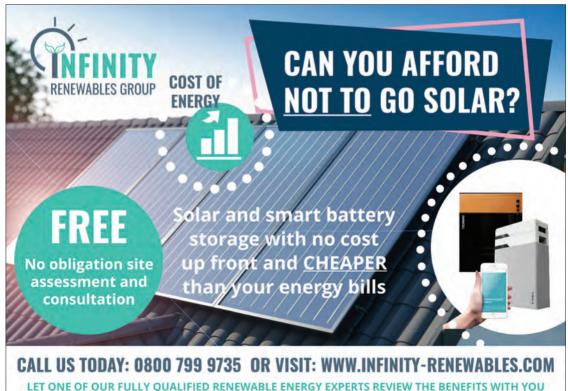
















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Party given by the Canadian soldiers - Russell (mentioned in the article) is one of the evacuees in the photo.

By Richard Bryant, Lindfield History Project Group
Eighty years ago this September saw the start of World
War Two. As tensions between Britain and Germany
increased during the 1930s the Government started
making plans for a major war. In 1938, Cuckfield Urban
District Council, the local authority responsible for
Lindfield, commenced planning for an evacuation. The
Government scheme provided for the dispersal of
schoolchildren and under school age children with their
mothers from 'crowded towns where the result of air
attack would be most serious' to safer rural areas.

A survey was conducted to identify households with space to accommodate evacuees; everyone was expected to do their bit. Households taking in children with board and lodging would receive 10s 6d (52p) per week for the first child and 8s 6d (42p) for each additional child. Mothers with children under 5 years were provided with accommodation only, the payments being five shillings (25p) per week for the mother and 3s (15p) a child.

The first real sign that a war was imminent and inevitable was on 1st September 1939 when Mid Sussex received the first wave of evacuees; the war started two days later. Children were evacuated by schools, and all travelled by special trains to Haywards Heath station for distribution around the area. Evacuees in the Cuckfield UDC area at the beginning of the war numbered 951 unaccompanied schoolchildren, 223 young children accompanied by 148 mothers, 95 teachers and helpers. It is thought over 300 evacuees were assigned to Lindfield. Further evacuees were received during the war.

After being given a drink and biscuit by the Women's Voluntary Service, Southdown buses transported all the evacuees allocated to Lindfield to King Edward Hall. The unaccompanied children waited in the Hall to be chosen by residents. Most host families only wanted a single child not siblings. Some were prevailed upon to take two or more children, with a couple at Butterbox Farm, who had no children of their own, taking six evacuees.

A temporary dormitory was provided at Old Place for children who remained unchosen until the Billeting Office placed them with suitable families. Unplaced children were then accommodated in a communal home at Sewell's Cottage (today St Johns Lodge), owned by Maud Savill, opposite the church.

Gladys, aged 13 stayed at St John's Lodge which was run by Mrs Marx, recalls 'we sleep on camp beds with one pillow and a blanket. There was no furniture apart from blackout curtains, trestle tables and benches. I used to help with the younger children, bathing the girls and washing their hair. Mrs Dennett with her son moved into help, as nine children were too much for one woman to look after. The soldiers had a cookhouse in the Mission Hall and they used to give us meat to help our meagre rations. Children paid a penny a week for treats such as jelly. We used to shake an apple tree behind the house to get apples.'. After about a year Maud Savill wanted the house and the children were found local families.

An evacuee, Lionel, who came to Lindfield accompanied by his mother and young sisters, recollects 'after arriving with our Jewish school we were taken to live in a tack room above stabling belonging to Mr McNaught at Little Walstead. We shared the tack room with Mrs Cohan, another mother and their children. My mother asked the Billeting Officer where food could be obtained. He kindly promised to take care of this and returned with milk for my six week old sister and various provisions including bacon. This was the first time I had encountered and eaten bacon. While at Walstead, Mr McNaught's daughters taught me to ride, it was a revelation that people rode for pleasure. In London we had only seen horses pulling carts.'.

The Lindfield School role in September was about 180 and they were joined by some 200 pupils from Henry Fawcett School, Kennington, London. The schools operated separately with their own teachers, and in theory shared the school facilities, although Lindfield always had priority! The Reading Room and King Edward Hall provided extra classroom space. If a room was not available the children had to do gardening, collect acorns for pig food or blackberries for the Horsted Keynes jam factory. As the war

progressed the number of evacuated children reduced as many returned to their families. In May 1943 those that remained were merged with Lindfield School.

Scaynes Hill School hosted St Gabriel's School, Westminster. The newly opened Haywards Heath Senior School (Oathall Community College) welcomed St Matthew's, Westminster and Senrab Street School, Stepney, these formed the LCC Schools Unit which operated separately to the end of the war. The private schools also took in evacuated schools at various times.

Lindfield Women's Institute, the Town's Women's Guild and Women's Voluntary Service rallied to help by establishing a clothing depot, a canteen and playroom for mothers and their children, and social meetings with a penny being charged for a cup of tea and a bun. Similar support arrangements were made by Scaynes Hill women.

For both the residents and evacuees there was a bit of a culture shock. On the one hand there was an influx of inner city children and families, many from an impoverished background with 'Cockney' accents and ways. For the others a small village surrounded by field with animals, woods and country noises presented new experiences. All quickly settled into their changed life. One girl had the novelty, and anxious times, walking across a field of cows on her school journey. Another billeted with a family in America Lane used to walk their goat to its field each morning and learnt how to milk.

After school the evacuees met up on the Common, their new green playground, and increasingly mixed with the village children; who found it useful to blame the



Evacuees arriving by bus at King Edward Hall on 1st Sept 1939.

evacuees if anything went wrong.

Russell, who came with his school from Kennington Oval, was billeted in a council house in Eastern Road 'with Mrs G, her son and daughter, there were seven of us in the small house. Then from time to time my elder brothers would stay. Also her husband when on leave, to say nothing of the generous hospitality to Canadian soldiers – though not at the same time! How we managed I can't think. I only know I had never been as happy before.'. Russell and other evacuees have fond memories of Lindfield, playing on the Common and in streams, enjoying entertainments, film shows and Christmas parties put on by the Canadian soldiers in King Edward Hall.

However, there were also unhappy memories. Three sisters and another girl were billeted in a house where they were poorly fed, not well looked after and badly treated. The woman used their rations to feed her son and had black market sugar under her bed. They were not allowed upstairs during the day for fear of wearing out the carpet! Unhappy, it was not long before they returned to London.

To end on a happier note, some friendships were established that lasted many years and two girl evacuees, Gladys and Dorothy, met their future husbands while staying in Lindfield eventually marrying after the war ended.

Contact Lindfield History Project Group on 01444 482136 or visit www.lindfieldhistory.org.uk

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#### It Won't be Alright On The Night!

#### By Martin Pollins

Actor, singer, and all-round musical entertainer Richard Ratcliffe recently entertained members of Haywards Heath & District Probus Club with his presentation 'It Won't be Alright on the Night!'.

Richard, who has worked as an actor and singer for 52 years in West End Theatre, television, radio and films, covered a series of stories drawn from his wide experience of all forms of theatre activity, from Shakespeare productions to the musical theatre and variety stage. It was his second visit to the club after entertaining members at their Christmas lunch.

Born in London, Richard went to school very near to the Ealing Studios. There he met many famous actors and obtained their autographs at the studio gates, wondering if he could ever become a professional actor himself. Then his fate was sealed one night when he fell in love with the leading lady at the Chiswick Empire.

His stories covered the many things that go wrong in theatre, was very light-hearted and included a few musical numbers to illustrate a story. His anecdotes dealt with all versions of the West End theatre, the talents and nerves of some of those he had worked with, as well as his own introduction to the acting profession and his attempts to secure key roles in many productions.

In particular, he told of how his attempts to secure a season at The Old Vic Theatre in front of a famous actor/director went pearshaped, and later of his being stuck in a lift between floors of the Fairfield Hall during a performance of a



Richard recounted working with famous actors, singers and comedians who were frequently overcome by nerves and stage-fright! Another story involved mishaps with West End shows when the sound equipment went completely awry. He demonstrated these problems with musical interludes.

More recently Richard has been combining all his skills as a writer, singer and raconteur to create his own one-man show 'Pure Gold'. He loves to sing romantic songs and brings you the best of the best from the kings of swing such as Frank Sinatra, Tony Bennett, Dean Martin, Nat King Cole, Harry Connick Jr, Bobby Darin, Perry Como and many others.

Overall, it was a most amusing and entertaining insight behind the scenes of theatre productions.





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Fried salmon sandwiches (Serves 4) Cut the crusts off of 4 thick slices of fresh bread and lightly butter one side. Drain a 180g can of salmon, discarding any skin or bones. Tip into a bowl, add 75g grated Cheddar (I like to use the one with chives in it), 2tbs mayonnaise and seasoning to taste. Mash together with a fork and, with the bread, make into 4 sandwiches, pressing firmly together. In a shallow dish beat together 1 egg, seasoning and 1tbs milk. Dip each sandwich in, coating both sides. Cook in a lightly oiled frypan until golden brown on both sides. Serve piping hot.

Butterscotch and ginger pots (Serves 4) Measure 25g butter, 50g soft brown sugar and 100g honey into a small pan and warm, stirring, over low heat until melted. Stir in 2tbs lemon juice and 6tbs crème fraiche or double cream. Cut four thick slices of store-bought ginger cake into small cubes and add to 50g roughly chopped stoned dates. Divide between 4 small ovenproof dishes, spoon the sauce evenly over the top and leave to stand for at least 30 min. Preheat oven to 200°, slip in the dishes and bake for 15 min or until bubbling hot. Sift a little icing sugar over the top and serve.





#### By Caroline Young

As I write this it is pouring with rain and thunder is rolling overhead – and it is August! Just what has happened to our weather? No point in writing about seasonal recipes – here are a few suggestions you might find useful, including my very simple version of Sticky Toffee Pudding. The Plum Cake is equally good served warm as a pudding or cold for tea.



#### Plum cake (Makes 8 slices)

Preheat oven 180° and lightly butter and base-line a shallow 23cm cake tin. Measure 250g golden caster sugar, 2 eggs, 150ml rapeseed oil, 1tsp vanilla and 2tbs orange juice into a bowl. Beat until light and creamy then sift over 225g plain flour and ½tsp bicarbonate of soda and gently fold in. Fold in 300g small ripe plums (remove stones if wished) and spoon into cake tin. Bake for 45 min or until cake is just pulling away from the side of the tin. Cool for 20 min before turning out on to a cooling rack. Sift a little icing sugar over the top before serving warm or cold.

## Pasta with fresh tomato sauce and anchovy crumbs (Serves 2)

Tip a 50g can anchovies in garlic oil into the processor (including the oil), add a thick slice of fresh bread and buzz to coarse crumbs. Tip into a hot frypan and fry until golden brown. Tip on to a plate. Cover 225g ripe tomatoes with boiling water for a few mins, then drain, slip off the skins and thickly slice. Tip into a frypan with a dash of oil, some crushed garlic and a pinch of chilli flakes (optional) and cook, stirring once or twice, over low heat for about 10 min. Meanwhile cook 225g pasta to packet directions. Drain and tip into a hot bowl, add the sauce and toss lightly to combine, Serve topped with the anchovy crumbs plus Parmesan cheese if wished.







#### By Mathew Gurr, Move Revolution

With the sun shining, (and with it being a pivotal time in the calendar year for the housing market) now feels like the perfect time to take a closer look at the local housing market. It is really pleasing to say that we have seen five consecutive months of good activity and strong sales, creating a buzz in our office, which, considering the current political climate, has been fantastic for Move Revolution vendors and buyers. Who knows what will happen on 31st October (!) but there is certainly willingness from buyers, more so in 2019 than in 2018.

Transactions can be on average three months, yet this year we have managed to exchange contracts on a family home in Grey Alders in just over a month, a home on Franklynn Road and a leasehold apartment in Appledore Gardens in two months. I believe the key to progressing a sale is often overlooked, but this is not the case at Move Revolution, these outstanding results have been achieved by our dedicated, expert staff who work with clients and buyers during the sale, and deal with the everyday challenges that arise. We are incredibly proud of our exceptional customer service across all our offices. We have received 800+ five star reviews as a result of the hard work and marketing for each of our clients. Here is what our seller from Grey Alders had to say:

"I chose Move Revolution after having had a relatively poor experience with other more traditional estate agents. My house had been on the market for a long time and I felt a fresh and more proactive approach would be more helpful.

They have been open, constructive and very hard working. From the marketing photos, through house showings and finally with engaging with potential buyers and pushing the sale over the line, their approach has been significantly better than my experience elsewhere.

A great job and I couldn't recommend them highly enough."

#### The Priory, Haywards Heath

I thought you would also be interested to find out more about the launch of an exciting local residential development of 54 apartments at The Priory in Haywards Heath. Many residents in Lindfield and Haywards Heath will have seen plenty of activity at this iconic building over the last eighteen months, and it is great to see that careful thought and consideration has been paid to preserve as much of the character of the building as possible.

If you would like to book an appointment to see one of the Help to Buy apartments at The Priory, or you are thinking of selling or letting your home in the Lindfield area just call 01444 657 657.





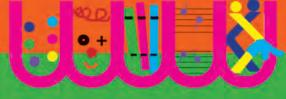


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Full programme: 2019.lindfieldartsfestival.com

















## No One Is Too Small to Make a Difference by Greta Thunberg

**BOOK REVIEW** 

#### **Bv Cavan Wood**

The most interesting development of the last twelve months is not from the political parties but from a sixteen year old Swedish girl with autism. Greta's influence is astonishing and it is one that comes from her passion about the climate change emergency that we live in, evidenced by the collection of speeches that make up this short but very necessary volume. She challenges all of us as to what we are doing and she has the nerve and the bluntness that should challenge all of us. Autism speaking truth to power is a glorious thing but even the least of us – the smallest – can bring about change.



## Haywards Heath Auto Centre

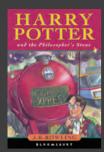
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## Harry Potter and the Philosopher's Stone by J K Rowling

#### **BOOK REVIEW**

#### By Ella Tingley

Harry Potter and the Philosopher's Stone is an amazing novel, aimed at children but suitable for everyone. Harry, orphaned and forced to live with his abusive aunt and uncle, is a wizard, as he finds out on his eleventh birthday when Hagrid (a half-giant) bursts into his life and whisks him away into the magical world of Hogwarts School of Witchcraft and Wizardry. There, he finds out what really happened on the night his parents died - and gets caught up in all sorts of adventures on the way.

I love this book - the whole series, actually - and they are quickly becoming classics of children's literature. J K Rowling has perfectly brought these characters to life, in such a way that you feel as though you know them as if they were your friends. The plot, too, is incredible. There's always something going on; it is packed full of twists and turns, with something new happening in every chapter. Rowling's writing style complements this story: exciting, yet easily understandable for anyone to read.

Having read this for the third time (it's so good, I have to read it again and again, and am still picking up new details of the story), I'm just realising quite how ridiculous it is - and I cannot help laughing out loud at the absurdity of it all. Still, the fantasy element of Harry Potter is one of its most appealing qualities and the nonsense of it gives the story its timeless charm; when reading, I am transported to Harry's world and I never want to come back.





## Time to go back to school



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## Summer fun

#### By Isabella Mortimer

This article says a big 'Thank you' to some of local recycling champions, and gives ideas about activities to help the environment.

Paul's Greengrocers collects green, red and blue plastic milk bottle tops which help to raise money for our local hospital. What I have been doing to spread the word is giving a decorated jar to my friends and family so that they can either collect milk bottles at home or even at work! So a big thank you to Paul's Greengrocers.

When you finish a packet of crisps remember to put them in the box outside The Stand Up so that they can recycle them. Thank you.

At Cloughs you can refill ecover bottles. This will make a huge difference to our environment as so much of plastic pollution comes from soap and cleaning product containers! This has been one of the many things that needed doing to reduce the amount of plastic we as a country use. So a huge thank you to Cloughs!

Here are some more ideas to help the environment and getting involved:

- Enjoy picking the fruit you've grown or from a safe hedgerow. Here are my home-grown berries.
- When you go to the beach or for a walk, sandy or dirty food is the last thing you want, so why not put your salad in empty jam jars.

• On a hot day we are not

- the only ones that need a nice cool drink! So why don't you make a bird bath out of an old bin lid!Why not take some photographs of wildlife and enter
- Why not take some photographs of wildlife and enter a free competition at www.rhs.org.uk. There are different categories and age groups, including under 11s and 11 – 18 years. The photos are amazing.
- Hang shells or other treasures with string from a branch as a wind chime.

Here is a picture of mine.

 Have a clear-out of old toys that need a new home and take to your local charity shop rather than putting them in the bin.

Have a great summer!





It's been a busy few weeks behind the hedge for members of Lindfield Bowls Club as John Bartlett reports ...

Members of Lindfield Bowls Club are enjoying another successful season which has resulted in two club 'rinks' reaching the final stages of the County Fours Competition.

For the benefit of the uninitiated, a rink consists of four bowlers, each bowling two woods, bowling against another rink of four.

The Quarter Finals and Semi Finals are held every year on the Lindfield Green when the Sussex County Bowls Association flag is flown from the flagpole rather than the club flag.

The quarter finals were held early in July, when the Lindfield rink of Peter Elford, Andy Todd, David Glossop and Chris Reynolds lost to The Spartans from Bexhill.

However, the Lindfield rink of Roger Green, Paul Sandford, Ian Watson and Keith Holman beat the Hollingbury team and went through to the semi-finals, also held at Lindfield, where they succumbed to Sidley.

We enjoyed two excellent evenings of high quality bowling, with cordon bleu catering from Head Chef Willy Bolschweiller and his team.

Members also held a very successful Captain's Day event, raising £1,066 for Captain Peter Elford's chosen charity - Bowel Cancer UK.

The round-robin tournament consisted of four games of five ends each, with the top rinks playing off. The winning rink was skipped by Cyril Woolgar; and the runners up were Geoff Nelson's rink. In 3rd place was the Buxted Park rink skipped by Neil Parrington and the 4th placed team was Willie Bolschweiller's Social Committee rink.

Twelve rinks took part and the 'Spider' was won by Colin Read. A 'Spider' is a competition where all the participants (in this case 48) spread themselves around the perimeter of the green and, with one foot in the







ditch, simultaneously bowl a wood towards a jack placed in the middle of the green. The nearest wins and it is a complete lottery as the jack usually gets knocked off its central spot and can go anywhere - bowlers have a better chance of winning at roulette where the odds are only 36 to 1!

And finally, Lindfield Bowls Club won through to the final of the Sussex men's double rink competition which was played at The Saffrons in July, losing narrowly 37-34 to Sidley Martlets.

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## Going bananas in Denmans Lane!

A great deal of interest was aroused during Lindfield Open Gardens this year when residents touring the Fairer World Garden in Denmans Lane were surprised to see a four metre banana plant growing that actually produces bananas!

Chris Lee and Peter Desmond believe the plant has been there for about 20 years. "We were incredibly surprised when we saw it bearing fruit," said Peter. "Last year three stalks with tiny green bananas appeared."



Every autumn Chris (pictured) and Peter cut it back to one metre high and then protect it from frost by covering with hessian sacking and plastic sheeting. "It shoots up very quickly in the late spring when it is then fed with chicken manure pellets," said Peter, adding that banana plants are not trees, but herbs, and consist of an underground corm and trunk.

"We've had bananas for the past four years," Peter told Lindfield Life, "but they're not edible - however you can eat the flowers inside the bloom."





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## Signs-unscrambled!

#### JUST FOR FUN!

Last month we showed you these anagrams and challenged readers to get their answer in the fastest. Well, the first correct answer sheet was emailed in by Sue Mitchell - who bagged the £20 shopping voucher for Tufnells. Well done, Sue!

For the rest of you, here's the confirmed answers:

- 1) Finches Park Road. 2) Denmans Lane.
- 3) Chestnuts Close, 4) Backwoods Close,
- 5) Coombers Lane, 6) Langmore Lane, 7) East Wick















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## **Church hosts Flower Festival at LAF**

#### By Heather Martin

Lindfield in Bloom is hosting a Flower Festival at All Saints Church throughout the Arts Festival week.

Come along to the church from Tuesday 17th to Sunday 22nd September to enjoy the floral exhibits created by local organisations and cast your vote for the 'Visitor's Favourite' display.

The theme for floral exhibits is 'My favourite poem or book', while schools, nurseries and individual children are invited to celebrate the 50th anniversary of the publication of Eric Carle's 'The Very Hungry Caterpillar' by creating a planted wellington boot.

The formal flower arrangements will be displayed on the windowsills inside All Saints Church, while children's planting displays will be outside, lining the path into the church.

## Are You Man Enough?

One in every two men will have a problem with their prostate at some stage of their lives.

It could be an infection or enlargement, but one in every eight men will develop prostate cancer.

Caught in the early stages, cure rates for prostate cancer are high with over 80% success.

The charity PCaSO (Prostate Cancer Support Organisation), in partnership with Burgess Hill District Lions, is offering free PSA (Prostate Specific Antigen) testing for men aged between 45 and 80 on 12th October at the Triangle Leisure Centre in Burgess Hill.

The simple blood test measures the amount of antigen, produced by the prostate, entering the blood. It is not a direct test for cancer but high readings should trigger further tests.

Book an appointment online at: www.psatesting.org/burgess-hill or telephone 0845 650 2555.



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This year's Autumn Show & Game Fair at the South of England Showground on 5th and 6th October offers all-round family entertainment from falconry to funfair, steam trains to shopping stands, and even a pumpkin trail for the little ones!

And one lucky reader can win a pair of tickets to the popular event in our exciting competition!

Offering the perfect autumnal day out for all ages, and with free admission for children under 16, the show will feature a range of countryside sports and activities along with food and drink stalls all designed to celebrate the joys of agriculture, countryside pursuits and 2019's harvest.

Dog lovers can take along their four-legged friends and even participate in the agility course and 'have a go' scurries. In true countryside sporting style, visitors to the show can also try their hand at clay pigeon shooting, fly fishing, falconry, archery, axe throwing and more, while gardening enthusiasts can admire the various horticultural displays and take part in the gardener's Q&A sessions.

Regardless of age, everyone is sure to love Jonathan Marshall's world famous equine and falconry display, and the popular pumpkin trail will be back, offering children a fun journey around the showground, stopping off to see the rabbits, Sussex Cattle and other farm animals, traditional funfair, pony rides, kite flying and mini steam train.



To be in with a chance of winning the tickets just answer the following question: Where is the Autumn Show and Game Fair held? Email your answer to competition@lindfieldlife.co.uk. The closing date for entries is 10th September and the winner will be picked at random and notified by 12th September.

For those not lucky enough to win, tickets are available online on an early bird discount before 4th October: www.seas.org.uk

Competition terms and conditions: Tickets are valid for the Autumn Show & Game Fair on either 5th or 6th October 2019 (1 day pass only). 1 pair of tickets per winner only and at least 1 adult must be present - Children under 16 years old are permitted free access to the show. No purchase necessary. Tickets are non-exchangeable. Closing date for entries is 10th September 2019, entries received after this date will not be counted. Winners will be sent their show tickets via email only and must print a copy of the tickets to show to staff upon entry at the show gate. Any travel and accommodation will not be included in the prize however parking at the event is complimentary.

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: clerk@lindfieldrural-pc.org.uk www.lindfieldrural-pc.org.uk

## Chairman's Update

Both Lindfield Parish Councils are very grateful to MSDC for recognising the value to the community of the HAYWARDS HEATH GOLF CLUB AND GROUNDS. The whole Club is iconic, with a history approaching 100 years; certainly, for golfers of all ages and abilities, that is enough time for it to mature and have a character unsurpassed within a wide area of Sussex. The whole open space has been of great benefit to the community with a network of public footpaths across the course with a variety of additional pastimes attracted to the club and area. These surrounding areas support a variety of plants, wildlife and insects, all which enhance the countryside feeling.

The prospect of housing on the Golf Course would have substantial environmental and infrastructure issues that would come into play. and particularly with the former about the impact on the surrounding developed housing areas below the golf club. We are aware of the flooding issues and the mammoth task it would take to alleviate the risk if further housing was approved. The west side of High Beech Lane is, however, no different from the east side with approximately 50 homes in the BARRINGTON WOOD area being built (subject to a satisfactory Land Stability Survey). In the past this site has been rejected three times by the Government Inspector in the past 20 years, mainly because of the land stability of the site and flooding issues. We await the developers report on this issue.

## Clerk's Update

I have been in post for six months now and am really enjoying the role, a change from my previous career! Sarah Anderson, our Responsible Financial Officer, and I work from Scaynes Hill Millennium Village Hall. As those of you who have met me know, I like meeting and chatting to people and making your community an even nicer place to live, work or visit. That said, we don't have all the bright ideas; but we do know them when we hear them! So, if you have any suggestions on community events or projects, please let us know and we will do some research, then put them before our Council.

We have recently undertaken a new project of renewing and extending a footpath on Scaynes Hill Common. We received a Section 106 grant to undertake this work (money given to local authorities by developers, when they build in the area), so it improves our area and costs us nothing.

We will soon be seeing Village Gateway posts under our Scaynes Hill signs, these will look like white picket fencing (many villages have them on their entry and exit points). These signs enhance the village feel, whilst making motorists aware they are entering an urbanised area with more pedestrian footfall, thus making it safer for residents. This, once again, is being funded through Section 106 money.

We are also looking at purchasing some new play equipment for Scaynes Hill Recreation Ground. This is owned by MSDC but used by our residents. Yet again, funded by Section 106 money. If you have any ideas on equipment your little ones would love to play on, please contact me, Santi Gil, at clerk@lindfieldrural-pc.org.uk or call on 01444 831499.

We staff the office Monday to Thursday, but can often be out and about. The office is open to the public on Tuesdays 12.30pm to 1.30pm and Thursdays 10am to 11am.

For a visit outside of these hours, please just call us to arrange, we welcome your company!

#### Your Parish Councillors

John Dumbleton (chair)	lel: 482633	Keith Martin	lel: 831431
Trevor Webster (vice chair)	Tel: 482282	Sol Mead	Tel: 484981
Brian Bunt	Tel: 484661	One vacancy	
Keith Head	Tel: 483975	Staff:	
Chris Hersey	Tel: 482270	Parish Clerk: Santi Gil	Tel: 831499
Margaret Hersey	Tel: 482270	Finance Officer: Sarah Anderson	Tel: 831499

Lindfield Rural Parish Council Office is open to the public on Tues 12.30pm to 1.30pm & Thurs 10am to 11am

## **Vacancy for Parish Councillor**

Can you make a difference to your local community?

Have you ever thought about becoming a Parish
Councillor?

Lindfield Rural Parish Council has a vacancy for a new member to be co-opted to the Council.

Councillors represent the interests of the whole community, and Government is more than ever looking to communities and local councils to respond to very local needs and priorities. Lindfield Rural Parish Council is looking for community-minded, proactive and practical people able to deal effectively with a range of issues. Councillors are required to attend monthly evening meetings. Also important is the ability to communicate and to work as part of a team with other Councillors.

As a Parish Councillor, you will be influential in local projects and plans and take responsibility for decisions made that will have a real impact on the future of the community.

Councillors must be over 18 and be a British National or a qualifying citizen of the Commonwealth or the European Community. They must also live or work or own land within the Parish or within 3 miles of its boundaries. Please note that this is an unpaid voluntary position.

If you are interested in becoming a member of the Council, please write to the Council setting out why you would like to be a Councillor and what qualities you would bring to this role. This should be sent to Santi Gil, Clerk to the Council, Lindfield Rural Parish Council, Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex, RH17 7PG. Closing date, noon on 2nd September 2019.

### Council meetings in 2019

Monday 2nd September Monday 14th October Monday 25th November St Augustine's Church Annex, Scaynes Hill King Edward Hall, Lindfield

St Augustine's Church Annex, Scaynes Hill

All meetings commence at 7.30pm

# Lindfield Rural Parish Council Newsletter

### continued

#### **SUMMARY OF ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2019**

INCOME & EXPENDITURE							
	2018/19	2017/18					
	£	£					
Income							
Precept	55,205	52,323					
Rental Income	20,689	21,171					
Burial Fees	27,931	20,265					
Other income	3,010	32,086					
Total income	106,835	125,845					
Expenditure							
Burial Ground, Chapel & Lodge Costs	23,276	24,952					
Personnel	36,277	31,166					
Office Administration	21,588	17,619					
Parish Maintenance	15,155	37,197					
Total Expenditure	96,296	110,934					
Excess of Income over Expenditure	10,539	14,911					
BALANCE SHEET							
Current Assets:							
Debtors	5,678	689					
Balance at Bank	252,109	248,028					
	257,787	248,717					
Current Liabilities:							
Creditors	7,245	8,714					
Net Assets	250,542	240,003					
Capital & Reserves							
General Reserves	12,031	12,120					
Earmarked Funds	227,972	212,972					
Retained Reserves for year	10,539	14,911					
	250,542	240,003					
Note to Accounts:							
These draft financial statements are unaudited at the	ne time of publicati	on.					

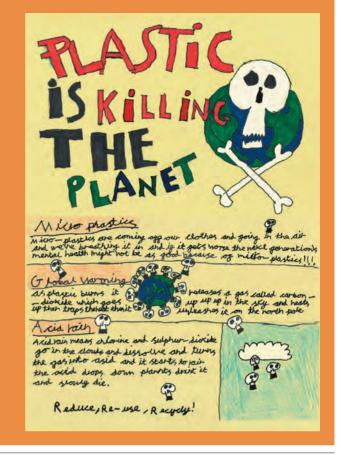
# Eddie wages War on Plastic!

Blackthorns pupil Eddie Barker has pledged his support for the War on Plastic by designing this hard hitting poster.

The nine year old was inspired after watching Hugh Fearnley-Whittingstall's 'War on Plastic' with Mrs Highton and his classmates at school.

Mum Jane explained: "Eddie and I are keen to encourage everyone to reduce, re-use and recycle and have been in touch with Sainsbury's, Walkers and Warburtons (using Twitter) about their plastic reduction plans. It would be great if Lindfield Life can promote the war on plastic too!"

Jane added that she has also arranged for recycling ambassador Colin McFarlin to speak to the 10th Haywards Heath cubs later this year.



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#### By Mary Collins

For three extraordinary days in July, I joined 18 other charity fundraisers from across the UK in an amazing challenge to trek 54k across the Remote Highlands of Iceland.

As challenges go, it was demanding, rough, steep and wet, but it was also inspiring, uplifting, motivating and elating. It is difficult to put into words the emotions and personal challenges that the group faced as we put our best foot forward, but the incredible team spirit and the amazing Icelandic guides enabled us all to have the experience of a lifetime.

The most basic aim of the challenge is to get everyone from start to finish in one piece and to raise lots of money for our various charities, but it was so much more than that.

On the way we faced many challenges – steep climbs over volcano ridges, slip/sliding across melting glaciers, wading through fast flowing (and absolutely freezing!) glacial rivers and negotiating endless lava fields, with all the weather Iceland could throw at us – take my word for it that pitching a tent in the rain is no fun at all! Meeting lovely fellow trekkers (including Valarie and Mark Liddington of Uckfield), traversing the most ruggedly beautiful scenery I have ever seen, laughing a lot (luckily there were no tears), surviving the crossing of the side of a volcano with a sheer drop and eating lamb barbequed





in the rain are just some of the highlights.

The multiple long-distance hikes I did around Lindfield and across Sussex certainly stood me in good physical stead and I completed the trek (105,600 steps and the equivalent of 385 flights climbed according to my phone app) with no injuries whatsoever, not even a blister!

Thank you to St Peter & St James Hospice for giving me the opportunity, to Potential Personal Training for helping to up my fitness, and The Outdoor Shop in Lewes for their support and technical advice.

And finally, a huge thank you goes to everyone who sponsored me and helped me beat my target of £3k. My fundraising page remains open until October, so if you would still like to contribute, please do (please visit Virgin Giving and search for Mary Collins).

Will I ever do it again? Maybe, but I'll have to think about it!

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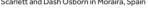
Please visit www.mindmatterssussex.co.uk for more info Or call Emma for a chat on 01444 685469



# Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to photos@lindfieldlife.co.uk - thanks!







Simon and Chris Brickell





Anne Pieckielon teaching business skills in Uganda



Victorian Strollers from Lindfield Bonfire Society at the Bluebell Railway



From left to right... Elsie, Evelyn, Mia, Ava, Grace and Martha on holiday in Halkidiki.

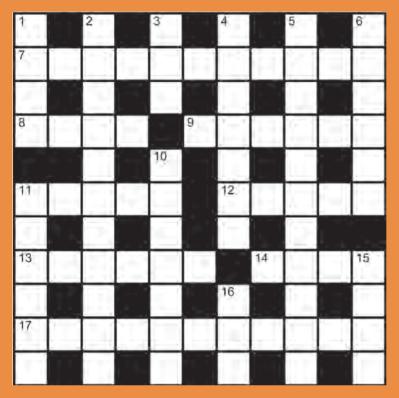


 $Heather\,\&\,John\,Barling\,in\,Lerwick\,outside\,Jimmy\,Perez's\,house$ 



The Hagger family in Jerez de la Frontera, Spain (the home of Sherry)

## Family crossword



Got 20 mins spare? Have a go at this crossword - which should be varied enough for all ages to answer some clues.

#### Across

- 7 Mountainous republic (11)
- 8 Anaer (4)
- 9 Beam over a door (6)
- 11 Secret organisation (5)
- 12 Collection of maps (5)
- 13 Combines (6)
- 14 Page (4)
- 17 Important (11

#### Down

- 1 Former Russian ruler (4)
- 2 Christ (4.2.5)
- 3 Israeli sub-machine gun (3)
- 4 Craftsperson (7)
- 5 French national holiday (8,3)
- 6 Grownups (6)
- 10 Facial deformity (7)
- 11 Sweet dessert (6)
- 15 Destiny (4)
- 16 Manipulate (3)



### Sudoku #38

6	7	3				2		
		2		6				5
					7			8
			3	1			9	
4	1				2			
9				8				
					8		2	
			5	2			7	3
3						8		

Find the solution to #38 in next month's magazine

Courtesy of http://andrews-sudoku.blogspot.co.uk

#37 Solution

5	1	9	7	3	4	8	6	2
7	8	4	9	6	2	1	5	3
2	6	-3	1	8	5	7	4	9
4	5	1	3	2	В	6	9	7
3	9	6	4	7	1	2	-8	5
8	2	7	5	9	6	4	3	1
t	7	5	8	4	9	3	2.	6
9	4	2	6	1	3	5	7	В
6	3	8	2	5	7	9	1	4

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Nicola and Alan Yule

# What's on this month

#### AT KING EDWARD HALL

#### September

- 11th Lindfield Preservation Society 2.30pm Illustrated Talk 'Quirky Sussex' by Kevin Gordon. A light-hearted talk showing some rather strange Sussex places and people. Learn about the Zulu Hole, Pyramids, Stuffed kittens and Toad in the Hole and many more examples of old and new Sussex quirkiness! All welcome, entry free. (Meeting and Membership information from John Chapman 01444 484470)
- 12th Lindfield Evening WI 7.30pm Notorious Women of Sussex. New members are very welcome. Contact secretary LEWI@gmail.com
- 14th Lindfield Horticultural Society 2pm Annual Autumn Show (Pat Whetstone 01444 483236)
- 19th 'Yesterday' 12A Film Show 7.30pm (Jennie Powell 01444 483431)

#### **Lindfield Arts Festival**

- 20th Aynsley Lister & the Aynsley Lister Band 7.30pm
- 21st Art Exhibition Burgess Hill Artists 10am-5pm. Art & Craft Workshops
- 21st Traditional Barn Dance with the Ashdown Forest Band 8pm-11pm
- 22nd Art Exhibition Burgess Hill Artists 10am-5pm. Art & Craft Workshops
- 24th Lindfield Flower Club

  Demonstration by Nina Tucknott entitled
  'Would you believe it?'

#### October

12th Lindfield British Legion Quiz Night and Fish & Chip supper – 7pm Tickets at £13 each are available from Gordon 01444 482866 Pauline 01444 482672 Tony 01444 483372

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Booking Secretary for further information on telephone number 01444 483266 or by email on bookings@kingedwardhall.org.uk .

#### **AND ELSEWHERE**

#### September

- 7th Haywards Heath Town Day from 12 noon Victoria Park
- 10th Lindfield Bonfire Society Badge Night 7.30pm The Stand Up Inn, High Street. Entertainment provided by Skull Drummery.
- 11th Tiger Arts Lunchtime Concert 1pm
  All Saints Church, with Dominic Morgan (Tenor)
  preceded by light lunch in The Tiger Lounge. Free,
  but donations towards costs invited.
- 12th Mid Sussex National Trust 2.30pm Clair Hall, Haywards Heath - 'Tower of London' by Alan Kingshott. Why not come and give us a try! (Membership Secretary on 01444 455803)
- 12th Haywards Heath Ceramics Group 10am
  Clair Hall, Haywards Heath Scott Anderson
  will give a talk on 'The Art of Cameo Glass'.
  (Free entry for anyone coming for the first time,
  otherwise £8, call 01444 483372 or 452804)
- 16th- Lindfield Arts Festival
  22nd 17 venues around Lindfield
  (www.lindfieldartsfestival.com)
- 14/15 Hurstpierpoint Open Studios21/22 Part of Hurst Festival
- 18th The Arts Society Mid Sussex 10am
  Clair Hall, Haywards Heath. The Centenary of the
  Bauhaus Movement by Anthea Streeter
  (Non-members welcome, £7)
- 18th Mid-Sussex Franco-British Society 8pm Clair Hall, Haywards Heath. Retrouvailles and AGM. New members welcome (contact: Secretary, Barbara Stevens, on 01444 452385, or visit the website www.midsussexfrancobritish.co.uk)
- 21st HH Music Society 7.30pm St Wilfrids Church, Haywards Heath - Rhythmie Wong (piano) (Tickets £16/£12 members)
- 27th 40-hr Swoovathon 7pm Millennium Centre, Scaynes Hill – Swoove Aid fundraising event
- 27th Repast Supper Club Mexican Tapas Stlye Lunch (Book repastsc@gmail.com)

#### October

- 5th Autumn Show
- -6th South of England Showground

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